

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lincoln County Workplace Tobacco Policy Study, 2006**

	<u>Lincoln</u>	<u>Kentucky</u>
<b><u>Demographic Information</u></b>		
1. How many employees do you have?	n= 5 Mean= 143	n= 711 Mean= 249
2. About what percentage of your employees are male?	n= 5 70.6%	n= 692 66.9%
3. About what percentage of your employees are female?	n= 5 29.4%	n= 688 32.6%
4. About what percentage of your employees are under 18 years of age?	n= 5 0.0%	n= 618 0.1%
5. About what percentage of your employees are	n= 5	n= 596
a. Caucasian	88.6%	84.5%
b. African American	7.8%	10.5%
c. Hispanic	2.6%	7.9%
d. Asian	1.0%	2.1%
e. Other	0.0%	4.5%

**Smoking Policy/Environment**

6. Does your company have a written smoking policy?	n= 5	n= 705
Yes	4 80.0%	580 82.3%
7. [For those companies without a written policy] Does your company have a smoking policy that is not in writing?	n= 1	n= 121
Yes	0 0.0%	95 78.5%

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8. How is the company policy communicated? (Fill in all that apply)	n= 4	n= 675
a. Employee handbook	4 100.0%	484 71.7%
b. Hallways	0 0.0%	194 28.7%
c. Offices	0 0.0%	117 17.3%
d. Restrooms	0 0.0%	102 15.1%
e. Administrative offices	0 0.0%	83 12.3%
f. Not communicated	0 0.0%	6 0.9%
g. At time of hire/orientation	0 0.0%	132 19.6%
h. Signs/bulletin boards	0 0.0%	78 11.6%
i. Electronic/newsletter	0 0.0%	43 6.4%
j. Other	0 0.0%	63 9.3%
9. Are employees permitted to smoke inside your company?	n= 5	n= 713
Yes	2 40.0%	271 38.0%
10. [For companies allowing indoor smoking] Is indoor smoking restricted to specified indoor areas?	n= 2	n= 265
Yes	1 50.0%	239 90.2%
11. [For companies allowing indoor smoking] Does the policy, written or unwritten, specify which indoor areas are smoking areas?	n= 2	n= 262
Yes	1 50.0%	202 77.1%
No	0 0.0%	30 11.5%
Does not have a policy, written or unwritten	1 50.0%	30 11.5%
12. [For companies allowing indoor smoking] Are indoor smoking areas separately enclosed and ventilated?	n= 2	n= 263
All	0 0.0%	115 43.7%
Some	1 50.0%	34 12.9%
None	1 50.0%	101 38.4%
I don't know	0 0.0%	13 4.9%

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13. [For companies allowing indoor smoking] Does the smoking policy specify which indoor areas are separately ventilated for smoking?	<u>n</u> = 2	<u>n</u> = 255
Yes	1 50.0%	94 36.9%
No	0 0.0%	125 49.0%
Does not have a policy, written or unwritten	1 50.0%	36 14.1%
14. [For companies allowing indoor smoking] Where is indoor smoking permitted? (Fill in all that apply)	<u>n</u> = 2	<u>n</u> = 271
a. Cafeteria	1 50.0%	54 19.9%
b. Break rooms	1 50.0%	136 50.2%
c. Personal offices	0 0.0%	24 8.9%
d. Conference rooms	0 0.0%	16 5.9%
e. Bathrooms	1 50.0%	28 10.3%
f. Work area/plant floor	1 50.0%	59 21.8%
g. Smoking rooms	1 50.0%	30 11.1%
h. Other	0 0.0%	52 19.2%
15. Are employees permitted to smoke outside your company?	<u>n</u> = 5	<u>n</u> = 710
Yes	5 100.0%	677 95.4%
16. [For those allowing outdoor smoking] Where is outdoor smoking permitted?	<u>n</u> = 5	<u>n</u> = 657
a. Anywhere outside	1 20.0%	202 30.7%
b. Designated areas outside	4 80.0%	440 67.0%
c. Other	0 0.0%	15 2.3%
17. [For those allowing outdoor smoking] Does the smoking policy, written or unwritten, specify which outdoor areas are smoking areas?	<u>n</u> = 5	<u>n</u> = 656
Yes	4 80.0%	367 55.9%
No	0 0.0%	245 37.3%
Does not have a policy, written or unwritten	1 20.0%	44 6.7%

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18. [For those allowing outdoor smoking] Are outdoor smoking areas enclosed? No	n= 5 5 100.0%	n= 653 547 83.8%
19. Is smoking permitted during work hours? Yes	n= 5 5 100.0%	n= 710 625 88.0%
20. [For those permitting smoking during work hours] Does the smoking policy, written or unwritten, specify when smoking is permitted?	n= 5	n= 594
Yes	4 80.0%	358 60.3%
No	0 0.0%	195 32.8%
Does not have a policy, written or unwritten	1 20.0%	41 6.9%
21. [For those permitting smoking during work hours] When is smoking permitted? (Fill in all that apply)	n= 5	n= 625
a. Any time	1 20.0%	122 19.5%
b. Before work	1 20.0%	294 47.0%
c. Break time	4 80.0%	512 81.9%
d. Lunch time	4 80.0%	444 71.0%
e. After work	1 20.0%	286 45.8%
f. During meetings	0 0.0%	7 1.1%
g. After work functions	0 0.0%	45 7.2%
h. Other times	0 0.0%	11 1.8%
22. Are No Smoking signs posted at your company? Yes	n= 5 3 60.0%	n= 711 598 84.1%
23. Do employees smoke in company vehicles?	n= 5	n= 703
Yes	2 40.0%	212 30.2%
No	2 40.0%	355 50.5%
Does not have company vehicles	1 20.0%	136 19.3%

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24. Does the smoking policy, written or unwritten, specify if smoking is permitted or not in company vehicles?	n= 4		n= 554	
Yes	0	0.0%	222	40.1%
No	3	75.0%	263	47.5%
Does not have a policy, written or unwritten	1	25.0%	69	12.5%

**Smoking Policy Compliance/Enforcement**

25. To what extent do employees comply with the existing smoking policy?	n= 5		n= 709	
a. All of the time	0	0.0%	412	58.1%
b. Some of the time	3	60.0%	47	6.6%
c. Most of the time	2	40.0%	219	30.9%
d. Never	0	0.0%	1	0.1%
e. Does not have a policy, written or unwritten	0	0.0%	30	4.2%
26. Who enforces the smoking policy for employees? (Fill in all that apply)	n= 5		n= 717	
a. Immediate Supervisor	3	60.0%	556	77.5%
b. Manager	2	40.0%	415	57.9%
c. Security	0	0.0%	66	9.2%
d. Peers	0	0.0%	94	13.1%
e. Others	2	40.0%	125	17.4%
f. Does not have a policy, written or unwritten	0	0.0%	23	3.2%
27. For a first time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	n= 5		n= 717	
a. Verbal reprimand	2	40.0%	494	68.9%
b. Written reprimand	0	0.0%	128	17.9%
c. Participation in smoking cessation or education program	0	0.0%	0	0.0%
d. Other	1	20.0%	96	13.4%
e. Does not have a policy, written or unwritten	2	40.0%	42	5.9%

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28. For a second time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 5		<u>n</u> = 717	
a. Verbal reprimand	0	0.0%	95	13.2%
b. Written reprimand	3	60.0%	441	61.5%
c. Day off without pay	0	0.0%	30	4.2%
d. Participation in smoking cessation or education program	0	0.0%	2	0.3%
e. Other	0	0.0%	127	17.7%
f. Does not have a policy, written or unwritten	2	40.0%	47	6.6%
29. For 3 or more offenses, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 5		<u>n</u> = 717	
a. Verbal reprimand	0	0.0%	14	2.0%
b. Written reprimand	0	0.0%	157	21.9%
c. Day off without pay	2	40.0%	60	8.4%
d. Participation in smoking cessation or education program	0	0.0%	0	0.0%
e. Mandatory smoking cessation program	0	0.0%	0	0.0%
f. Suspension from work	1	20.0%	200	27.9%
g. Termination	0	0.0%	164	22.9%
h. Never happens	0	0.0%	37	5.2%
i. Other	1	20.0%	97	13.5%
h. Does not have a policy, written or unwritten	1	20.0%	48	6.7%
30. Who do the employees contact if they have complaints about people violating smoking restrictions? (Fill in all that apply)	<u>n</u> = 5		<u>n</u> = 708	
a. Immediate supervisor	4	80.0%	547	77.3%
b. Health and safety personnel	1	20.0%	141	19.9%
c. Risk manager	0	0.0%	56	7.9%
d. Human Resources/Manager	2	40.0%	205	29.0%
e. Other	0	0.0%	32	4.5%

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<b><u>Smoking Cessation</u></b>				
31. Does your company provide resources to employees who want to quit using tobacco products?	n= 5		n= 707	
Yes	3	60.0%	406	57.4%
32. What resources are available? (Fill in all that apply)	n= 3		n= 406	
a. Cooper-Clayton Method to Stop Smoking	1	33.3%	94	23.2%
b. Fresh Start (American Cancer Society)	0	0.0%	10	2.5%
c. Freedom from Smoking (American Lung Association)	0	0.0%	5	1.2%
d. Make Yours a Fresh Start Family (American Cancer Society)	0	0.0%	0	0.0%
e. Employee Assistance Program	1	33.3%	201	49.5%
f. Telephone Quit Line	1	33.3%	39	9.6%
g. Self-Help Booklets/Posters	1	33.3%	71	17.5%
h. Counselor	0	0.0%	35	8.6%
i. Computer/On-Line help	0	0.0%	13	3.2%
j. Doctor/Other Health Care Professional	0	0.0%	68	16.7%
k. Insurance	2	66.7%	47	11.6%
l. Other classes	1	33.3%	22	5.4%
m. Reimbursement/Incentives	1	33.3%	22	5.4%
n. Other	0	0.0%	62	15.3%

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33. Who provides the smoking cessation services? (Fill in all that apply)	n= 3	n= 401
a. Company Nurse	0 0.0%	29 7.2%
b. Community resource person	1 33.3%	104 25.9%
c. Employee Assistance Program	0 0.0%	51 12.7%
d. Insurance Company Program	0 0.0%	48 12.0%
e. Hospital/Health Department	1 33.3%	37 9.2%
f. Physicians/Other Health Care Professionals	0 0.0%	16 4.0%
g. Human Resources	0 0.0%	38 9.5%
h. Other	1 33.3%	69 17.2%

**Availability of Tobacco Onsite**

34. Are cigarettes sold on company property?	n= 5	n= 714
Yes	0 0.0%	20 2.8%
35. If "Yes", how are cigarettes sold? (Fill in all that apply)	n= 0	n= 20
a. Company store	0 0.0%	1 5.0%
b. Vending machines	0 0.0%	16 80.0%
c. Other	0 0.0%	0 0.0%

**Perceptions of Policy/Interest in Assistance**

36. Does your smoking policy mention anything about the consequences of tobacco, secondhand smoke or about protecting the health of others?	n= 5	n= 706
Yes	0 0.0%	143 20.3%
No	4 80.0%	502 71.1%
Does not have a policy, written or unwritten	1 20.0%	61 8.6%

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37.	How satisfied are you with your current smoking policy?	<u>n</u> = 5	<u>n</u> = 714	
	a. Very satisfied	1 20.0%	343 48.0%	
	b. Somewhat satisfied	2 40.0%	170 23.8%	
	c. Satisfied	1 20.0%	133 18.6%	
	d. Not satisfied	0 0.0%	43 6.0%	
	e. Does not have a policy, written or unwritten	1 20.0%	25 3.5%	
38.	Are you contemplating changes in your smoking policy?	<u>n</u> = 5	<u>n</u> = 708	
	No	3 60.0%	593 83.8%	
39.	How interested are you in receiving assistance on changing your smoking policy?	<u>n</u> = 5	<u>n</u> = 706	
	a. Very interested	1 20.0%	66 9.3%	
	b. Somewhat interested	2 40.0%	106 15.0%	
	c. Not interested	2 40.0%	534 75.6%	
40.	How interested are you in receiving assistance on effective smoking cessation programs?	<u>n</u> = 5	<u>n</u> = 707	
	a. Very interested	1 20.0%	195 27.6%	
	b. Somewhat interested	3 60.0%	203 28.7%	
	c. Not interested	1 20.0%	309 43.7%	

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<b><u>Spit Tobacco Policy</u></b>				
41. Which of the following best describes your company's official policy on spit (smokeless) tobacco for indoor common areas such as lobbies, rest rooms, and lunch rooms?	<u>n</u> = 5		<u>n</u> = 711	
a. Not allowed in common areas	2	40.0%	354	49.8%
b. Allowed in some common areas	1	20.0%	103	14.5%
c. Allowed in all common areas	0	0.0%	53	7.5%
d. Other	0	0.0%	28	3.9%
e. No official policy	2	40.0%	173	24.3%
42. Which of the following best describes your company's official policy on spit (smokeless) tobacco for work areas?	<u>n</u> = 5		<u>n</u> = 709	
a. Not allowed in work areas	3	60.0%	386	54.4%
b. Allowed in some work areas	0	0.0%	72	10.2%
c. Allowed in all work areas	0	0.0%	51	7.2%
d. Other	0	0.0%	17	2.4%
e. No official policy	2	40.0%	183	25.8%
43. If your company has an official spit tobacco policy, how often is it enforced?	<u>n</u> = 5		<u>n</u> = 692	
a. Always enforced	3	60.0%	368	53.2%
b. Sometimes enforced	0	0.0%	68	9.8%
c. Never enforced	0	0.0%	14	2.0%
d. Other	0	0.0%	9	1.3%
e. Does not have a policy, written or unwritten	2	40.0%	233	33.7%

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44. Would you send us a copy of your spit tobacco and/or smoking policy if you have them?	<u>n</u> = 5	<u>n</u> = 693
Yes	3 60.0%	267 38.5%
No	1 20.0%	213 30.7%
Does not have written policies	1 20.0%	213 30.7%

**Company Support/Community Involvement**

45. Does your company have an employee wellness or health promotion program (e.g. health education services, activities, classes, workshops, lectures, individual counseling or wellness information)?	<u>n</u> = 5	<u>n</u> = 710
Yes	1 20.0%	375 52.8%
No	4 80.0%	314 44.2%
Don't Know	0 0.0%	21 3.0%
46. Does your company health insurance plans cover all or part of the cost of the following?	<u>n</u> = 5	<u>n</u> = 717
a. Pharmaco-therapies for smoking cessation (e.g. Wellbutrin, Zyban, patches/gum, etc.)	2 40.0%	312 43.5%
b. Behavioral counseling or classes for smoking cessation	2 40.0%	199 27.8%
47. Does your company have community outreach or funding programs for community projects?	<u>n</u> = 5	<u>n</u> = 704
Yes	3 60.0%	380 54.0%

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<b><u>Miscellaneous</u></b>		
48. Does the manufacture of your products involve flammable materials?	<u>n</u> = 5	<u>n</u> = 709
Yes	3 60.0%	471 66.4%
49. Do your employees belong to a union?	<u>n</u> = 5	<u>n</u> = 709
Yes	0 0.0%	140 19.7%
Manufacturing Facility Participation Rate	100.0%	71.0%

Note: Data for this report were collected January 2006 - August 2006 in manufacturing facilities with 50 or more employees.

*This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing*

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