

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lake Cumberland Workplace Tobacco Policy Study, 2006**

	<u>Lake Cumberland</u>	<u>Kentucky</u>
<b><u>Demographic Information</u></b>		
1. How many employees do you have?	$\underline{n} = 45$ Mean= 213	$\underline{n} = 711$ Mean= 249
2. About what percentage of your employees are male?	$\underline{n} = 44$ 68.9%	$\underline{n} = 692$ 66.9%
3. About what percentage of your employees are female?	$\underline{n} = 44$ 30.0%	$\underline{n} = 688$ 32.6%
4. About what percentage of your employees are under 18 years of age?	$\underline{n} = 37$ 0.0%	$\underline{n} = 618$ 0.1%
5. About what percentage of your employees are	$\underline{n} = 44$	$\underline{n} = 596$
a. Caucasian	89.6%	84.5%
b. African American	3.8%	10.5%
c. Hispanic	11.8%	7.9%
d. Asian	0.4%	2.1%
e. Other	0.1%	4.5%
<b><u>Smoking Policy/Environment</u></b>		
6. Does your company have a written smoking policy? Yes	$\underline{n} = 44$ 35 79.5%	$\underline{n} = 705$ 580 82.3%
7. [For those companies without a written policy] Does your company have a smoking policy that is not in writing? Yes	$\underline{n} = 9$ 5 55.6%	$\underline{n} = 121$ 95 78.5%

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8. How is the company policy communicated? (Fill in all that apply)	<u>n</u> = 40		<u>n</u> = 675	
a. Employee handbook	31	77.5%	484	71.7%
b. Hallways	9	22.5%	194	28.7%
c. Offices	4	10.0%	117	17.3%
d. Restrooms	5	12.5%	102	15.1%
e. Administrative offices	2	5.0%	83	12.3%
f. Not communicated	0	0.0%	6	0.9%
g. At time of hire/orientation	4	10.0%	132	19.6%
h. Signs/bulletin boards	4	10.0%	78	11.6%
i. Electronic/newsletter	1	2.5%	43	6.4%
j. Other	3	7.5%	63	9.3%
9. Are employees permitted to smoke inside your company?	<u>n</u> = 45		<u>n</u> = 713	
Yes	21	46.7%	271	38.0%
10. [For companies allowing indoor smoking] Is indoor smoking restricted to specified indoor areas?	<u>n</u> = 21		<u>n</u> = 265	
Yes	17	81.0%	239	90.2%
11. [For companies allowing indoor smoking] Does the policy, written or unwritten, specify which indoor areas are smoking areas?	<u>n</u> = 20		<u>n</u> = 262	
Yes	13	65.0%	202	77.1%
No	4	20.0%	30	11.5%
Does not have a policy, written or unwritten	3	15.0%	30	11.5%
12. [For companies allowing indoor smoking] Are indoor smoking areas separately enclosed and ventilated?	<u>n</u> = 19		<u>n</u> = 263	
All	5	26.3%	115	43.7%
Some	5	26.3%	34	12.9%
None	9	47.4%	101	38.4%
I don't know	0	0.0%	13	4.9%

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13. [For companies allowing indoor smoking] Does the smoking policy specify which indoor areas are separately ventilated for smoking?	<u>n</u> = 20	<u>n</u> = 255
Yes	7 35.0%	94 36.9%
No	9 45.0%	125 49.0%
Does not have a policy, written or unwritten	4 20.0%	36 14.1%
14. [For companies allowing indoor smoking] Where is indoor smoking permitted? (Fill in all that apply)	<u>n</u> = 21	<u>n</u> = 271
a. Cafeteria	7 33.3%	54 19.9%
b. Break rooms	11 52.4%	136 50.2%
c. Personal offices	4 19.0%	24 8.9%
d. Conference rooms	3 14.3%	16 5.9%
e. Bathrooms	5 23.8%	28 10.3%
f. Work area/plant floor	3 14.3%	59 21.8%
g. Smoking rooms	3 14.3%	30 11.1%
h. Other	2 9.5%	52 19.2%
15. Are employees permitted to smoke outside your company?	<u>n</u> = 44	<u>n</u> = 710
Yes	40 90.9%	677 95.4%
16. [For those allowing outdoor smoking] Where is outdoor smoking permitted?	<u>n</u> = 34	<u>n</u> = 657
a. Anywhere outside	14 41.2%	202 30.7%
b. Designated areas outside	20 58.8%	440 67.0%
c. Other	0 0.0%	15 2.3%
17. [For those allowing outdoor smoking] Does the smoking policy, written or unwritten, specify which outdoor areas are smoking areas?	<u>n</u> = 34	<u>n</u> = 656
Yes	16 47.1%	367 55.9%
No	14 41.2%	245 37.3%
Does not have a policy, written or unwritten	4 11.8%	44 6.7%

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18. [For those allowing outdoor smoking] Are outdoor smoking areas enclosed? No	n= 33 27 81.8%	n= 653 547 83.8%
19. Is smoking permitted during work hours? Yes	n= 44 34 77.3%	n= 710 625 88.0%
20. [For those permitting smoking during work hours] Does the smoking policy, written or unwritten, specify when smoking is permitted?	n= 33	n= 594
Yes	25 75.8%	358 60.3%
No	6 18.2%	195 32.8%
Does not have a policy, written or unwritten	2 6.1%	41 6.9%
21. [For those permitting smoking during work hours] When is smoking permitted? (Fill in all that apply)	n= 34	n= 625
a. Any time	4 11.8%	122 19.5%
b. Before work	25 73.5%	294 47.0%
c. Break time	30 88.2%	512 81.9%
d. Lunch time	30 88.2%	444 71.0%
e. After work	25 73.5%	286 45.8%
f. During meetings	1 2.9%	7 1.1%
g. After work functions	3 8.8%	45 7.2%
h. Other times	0 0.0%	11 1.8%
22. Are No Smoking signs posted at your company? Yes	n= 45 36 80.0%	n= 711 598 84.1%
23. Do employees smoke in company vehicles?	n= 43	n= 703
Yes	20 46.5%	212 30.2%
No	19 44.2%	355 50.5%
Does not have company vehicles	4 9.3%	136 19.3%

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24. Does the smoking policy, written or unwritten, specify if smoking is permitted or not in company vehicles?	n= 39		n= 554	
Yes	12	30.8%	222	40.1%
No	21	53.8%	263	47.5%
Does not have a policy, written or unwritten	6	15.4%	69	12.5%

**Smoking Policy Compliance/Enforcement**

25. To what extent do employees comply with the existing smoking policy?	n= 45		n= 709	
a. All of the time	25	55.6%	412	58.1%
b. Some of the time	7	15.6%	47	6.6%
c. Most of the time	9	20.0%	219	30.9%
d. Never	0	0.0%	1	0.1%
e. Does not have a policy, written or unwritten	4	8.9%	30	4.2%
26. Who enforces the smoking policy for employees? (Fill in all that apply)	n= 45		n= 717	
a. Immediate Supervisor	32	71.1%	556	77.5%
b. Manager	20	44.4%	415	57.9%
c. Security	3	6.7%	66	9.2%
d. Peers	2	4.4%	94	13.1%
e. Others	8	17.8%	125	17.4%
f. Does not have a policy, written or unwritten	4	8.9%	23	3.2%
27. For a first time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	n= 45		n= 717	
a. Verbal reprimand	29	64.4%	494	68.9%
b. Written reprimand	6	13.3%	128	17.9%
c. Participation in smoking cessation or education program	0	0.0%	0	0.0%
d. Other	5	11.1%	96	13.4%
e. Does not have a policy, written or unwritten	4	8.9%	42	5.9%

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28. For a second time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 45		<u>n</u> = 717	
a. Verbal reprimand	4	8.9%	95	13.2%
b. Written reprimand	30	66.7%	441	61.5%
c. Day off without pay	0	0.0%	30	4.2%
d. Participation in smoking cessation or education program	0	0.0%	2	0.3%
e. Other	4	8.9%	127	17.7%
f. Does not have a policy, written or unwritten	4	8.9%	47	6.6%
29. For 3 or more offenses, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 45		<u>n</u> = 717	
a. Verbal reprimand	1	2.2%	14	2.0%
b. Written reprimand	4	8.9%	157	21.9%
c. Day off without pay	2	4.4%	60	8.4%
d. Participation in smoking cessation or education program	0	0.0%	0	0.0%
e. Mandatory smoking cessation program	0	0.0%	0	0.0%
f. Suspension from work	9	20.0%	200	27.9%
g. Termination	15	33.3%	164	22.9%
h. Never happens	3	6.7%	37	5.2%
i. Other	3	6.7%	97	13.5%
h. Does not have a policy, written or unwritten	4	8.9%	48	6.7%
30. Who do the employees contact if they have complaints about people violating smoking restrictions? (Fill in all that apply)	<u>n</u> = 41		<u>n</u> = 708	
a. Immediate supervisor	29	70.7%	547	77.3%
b. Health and safety personnel	4	9.8%	141	19.9%
c. Risk manager	2	4.9%	56	7.9%
d. Human Resources/Manager	10	24.4%	205	29.0%
e. Other	4	9.8%	32	4.5%

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<b><u>Smoking Cessation</u></b>				
31. Does your company provide resources to employees who want to quit using tobacco products?	n= 45		n= 707	
Yes	14	31.1%	406	57.4%
32. What resources are available? (Fill in all that apply)	n= 14		n= 406	
a. Cooper-Clayton Method to Stop Smoking	4	28.6%	94	23.2%
b. Fresh Start (American Cancer Society)	0	0.0%	10	2.5%
c. Freedom from Smoking (American Lung Association)	0	0.0%	5	1.2%
d. Make Yours a Fresh Start Family (American Cancer Society)	0	0.0%	0	0.0%
e. Employee Assistance Program	2	14.3%	201	49.5%
f. Telephone Quit Line	1	7.1%	39	9.6%
g. Self-Help Booklets/Posters	2	14.3%	71	17.5%
h. Counselor	1	7.1%	35	8.6%
i. Computer/On-Line help	0	0.0%	13	3.2%
j. Doctor/Other Health Care Professional	1	7.1%	68	16.7%
k. Insurance	4	28.6%	47	11.6%
l. Other classes	1	7.1%	22	5.4%
m. Reimbursement/Incentives	0	0.0%	22	5.4%
n. Other	2	14.3%	62	15.3%

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33. Who provides the smoking cessation services? (Fill in all that apply)	<u>n</u> = 13	<u>n</u> = 401
a. Company Nurse	1 7.7%	29 7.2%
b. Community resource person	4 30.8%	104 25.9%
c. Employee Assistance Program	0 0.0%	51 12.7%
d. Insurance Company Program	2 15.4%	48 12.0%
e. Hospital/Health Department	1 7.7%	37 9.2%
f. Physicians/Other Health Care Professionals	0 0.0%	16 4.0%
g. Human Resources	1 7.7%	38 9.5%
h. Other	3 23.1%	69 17.2%

**Availability of Tobacco Onsite**

34. Are cigarettes sold on company property?	<u>n</u> = 45	<u>n</u> = 714
Yes	0 0.0%	20 2.8%
35. If "Yes", how are cigarettes sold? (Fill in all that apply)	<u>n</u> = 0	<u>n</u> = 20
a. Company store	0 0.0%	1 5.0%
b. Vending machines	0 0.0%	16 80.0%
c. Other	0 0.0%	0 0.0%

**Perceptions of Policy/Interest in Assistance**

36. Does your smoking policy mention anything about the consequences of tobacco, secondhand smoke or about protecting the health of others?	<u>n</u> = 45	<u>n</u> = 706
Yes	7 15.6%	143 20.3%
No	34 75.6%	502 71.1%
Does not have a policy, written or unwritten	4 8.9%	61 8.6%

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37. How satisfied are you with your current smoking policy?	n= 45		n= 714	
a. Very satisfied	24	53.3%	343	48.0%
b. Somewhat satisfied	10	22.2%	170	23.8%
c. Satisfied	4	8.9%	133	18.6%
d. Not satisfied	4	8.9%	43	6.0%
e. Does not have a policy, written or unwritten	3	6.7%	25	3.5%
38. Are you contemplating changes in your smoking policy?	n= 45		n= 708	
No	40	88.9%	593	83.8%
39. How interested are you in receiving assistance on changing your smoking policy?	n= 45		n= 706	
a. Very interested	3	6.7%	66	9.3%
b. Somewhat interested	5	11.1%	106	15.0%
c. Not interested	37	82.2%	534	75.6%
40. How interested are you in receiving assistance on effective smoking cessation programs?	n= 44		n= 707	
a. Very interested	4	9.1%	195	27.6%
b. Somewhat interested	10	22.7%	203	28.7%
c. Not interested	30	68.2%	309	43.7%

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<b><u>Spit Tobacco Policy</u></b>				
41. Which of the following best describes your company's official policy on spit (smokeless) tobacco for indoor common areas such as lobbies, rest rooms, and lunch rooms?	<u>n</u> = 44		<u>n</u> = 711	
a. Not allowed in common areas	12	27.3%	354	49.8%
b. Allowed in some common areas	7	15.9%	103	14.5%
c. Allowed in all common areas	3	6.8%	53	7.5%
d. Other	7	15.9%	28	3.9%
e. No official policy	15	34.1%	173	24.3%
42. Which of the following best describes your company's official policy on spit (smokeless) tobacco for work areas?	<u>n</u> = 43		<u>n</u> = 709	
a. Not allowed in work areas	19	44.2%	386	54.4%
b. Allowed in some work areas	5	11.6%	72	10.2%
c. Allowed in all work areas	4	9.3%	51	7.2%
d. Other	0	0.0%	17	2.4%
e. No official policy	15	34.9%	183	25.8%
43. If your company has an official spit tobacco policy, how often is it enforced?	<u>n</u> = 42		<u>n</u> = 692	
a. Always enforced	18	42.9%	368	53.2%
b. Sometimes enforced	3	7.1%	68	9.8%
c. Never enforced	0	0.0%	14	2.0%
d. Other	1	2.4%	9	1.3%
e. Does not have a policy, written or unwritten	20	47.6%	233	33.7%

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44. Would you send us a copy of your spit tobacco and/or smoking policy if you have them?	n= 39		n= 693	
Yes	23	59.0%	267	38.5%
No	5	12.8%	213	30.7%
Does not have written policies	11	28.2%	213	30.7%

**Company Support/Community Involvement**

45. Does your company have an employee wellness or health promotion program (e.g. health education services, activities, classes, workshops, lectures, individual counseling or wellness information)?	n= 45		n= 710	
Yes	17	37.8%	375	52.8%
No	25	55.6%	314	44.2%
Don't Know	3	6.7%	21	3.0%
46. Does your company health insurance plans cover all or part of the cost of the following?	n= 45		n= 717	
a. Pharmaco-therapies for smoking cessation (e.g. Wellbutrin, Zyban, patches/gum, etc.)	12	26.7%	312	43.5%
b. Behavioral counseling or classes for smoking cessation	10	22.2%	199	27.8%
47. Does your company have community outreach or funding programs for community projects?	n= 45		n= 704	
Yes	26	57.8%	380	54.0%

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<b><u>Miscellaneous</u></b>		
48. Does the manufacture of your products involve flammable materials?	<u>n</u> = 45	<u>n</u> = 709
Yes	34 75.6%	471 66.4%
49. Do your employees belong to a union?	<u>n</u> = 45	<u>n</u> = 709
Yes	5 11.1%	140 19.7%
Manufacturing Facility Participation Rate	70.8%	71.0%

Note: Data for this report were collected January 2006 - August 2006 in manufacturing facilities with 50 or more employees.

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**For more information, contact:**  
**Ellen Hahn, DNS, RN**  
**Professor**  
**College of Nursing, University of Kentucky**  
**Lexington, KY 40536-0232**  
**(859) 257-2358**  
[ejhahn00@email.uky.edu](mailto:ejhahn00@email.uky.edu)