

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>	<u>Kentucky</u>
<u>Demographic Information</u>		
1. How many employees do you have?	\underline{n} = 13 Mean= 243	\underline{n} = 711 Mean= 249
2. About what percentage of your employees are male?	\underline{n} = 13 63.3%	\underline{n} = 692 66.9%
3. About what percentage of your employees are female?	\underline{n} = 13 29.0%	\underline{n} = 688 32.6%
4. About what percentage of your employees are under 18 years of age?	\underline{n} = 13 0.0%	\underline{n} = 618 0.1%
5. About what percentage of your employees are	\underline{n} = 13	\underline{n} = 596
a. Caucasian	71.8%	84.5%
b. African American	15.9%	10.5%
c. Hispanic	7.6%	7.9%
d. Asian	0.0%	2.1%
e. Other	1.2%	4.5%
<u>Smoking Policy/Environment</u>		
6. Does your company have a written smoking policy?	\underline{n} = 12	\underline{n} = 705
Yes	12 100.0%	580 82.3%
7. [For those companies without a written policy] Does your company have a smoking policy that is not in writing?	\underline{n} = 0	\underline{n} = 121
Yes	0 0.0%	95 78.5%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
8. How is the company policy communicated? (Fill in all that apply)	<u>n</u> =	12	<u>n</u> =	675
a. Employee handbook	10	83.3%	484	71.7%
b. Hallways	4	33.3%	194	28.7%
c. Offices	4	33.3%	117	17.3%
d. Restrooms	3	25.0%	102	15.1%
e. Administrative offices	2	16.7%	83	12.3%
f. Not communicated	0	0.0%	6	0.9%
g. At time of hire/orientation	0	0.0%	132	19.6%
h. Signs/bulletin boards	3	25.0%	78	11.6%
i. Electronic/newsletter	3	25.0%	43	6.4%
j. Other	2	16.7%	63	9.3%
9. Are employees permitted to smoke inside your company?	<u>n</u> =	13	<u>n</u> =	713
Yes	3	23.1%	271	38.0%
10. [For companies allowing indoor smoking] Is indoor smoking restricted to specified indoor areas?	<u>n</u> =	3	<u>n</u> =	265
Yes	3	100.0%	239	90.2%
11. [For companies allowing indoor smoking] Does the policy, written or unwritten, specify which indoor areas are smoking areas?	<u>n</u> =	3	<u>n</u> =	262
Yes	3	100.0%	202	77.1%
No	0	0.0%	30	11.5%
Does not have a policy, written or unwritten	0	0.0%	30	11.5%
12. [For companies allowing indoor smoking] Are indoor smoking areas separately enclosed and ventilated?	<u>n</u> =	3	<u>n</u> =	263
All	1	33.3%	115	43.7%
Some	1	33.3%	34	12.9%
None	1	33.3%	101	38.4%
I don't know	0	0.0%	13	4.9%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>	<u>Kentucky</u>
13. [For companies allowing indoor smoking] Does the smoking policy specify which indoor areas are separately ventilated for smoking?	<u>n</u> = 3	<u>n</u> = 255
Yes	2 66.7%	94 36.9%
No	1 33.3%	125 49.0%
Does not have a policy, written or unwritten	0 0.0%	36 14.1%
14. [For companies allowing indoor smoking] Where is indoor smoking permitted? (Fill in all that apply)	<u>n</u> = 3	<u>n</u> = 271
a. Cafeteria	0 0.0%	54 19.9%
b. Break rooms	1 33.3%	136 50.2%
c. Personal offices	0 0.0%	24 8.9%
d. Conference rooms	0 0.0%	16 5.9%
e. Bathrooms	0 0.0%	28 10.3%
f. Work area/plant floor	1 33.3%	59 21.8%
g. Smoking rooms	0 0.0%	30 11.1%
h. Other	2 66.7%	52 19.2%
15. Are employees permitted to smoke outside your company?	<u>n</u> = 13	<u>n</u> = 710
Yes	12 92.3%	677 95.4%
16. [For those allowing outdoor smoking] Where is outdoor smoking permitted?	<u>n</u> = 12	<u>n</u> = 657
a. Anywhere outside	2 16.7%	202 30.7%
b. Designated areas outside	10 83.3%	440 67.0%
c. Other	0 0.0%	15 2.3%
17. [For those allowing outdoor smoking] Does the smoking policy, written or unwritten, specify which outdoor areas are smoking areas?	<u>n</u> = 11	<u>n</u> = 656
Yes	7 63.6%	367 55.9%
No	4 36.4%	245 37.3%
Does not have a policy, written or unwritten	0 0.0%	44 6.7%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>	<u>Kentucky</u>
18. [For those allowing outdoor smoking] Are outdoor smoking areas enclosed? No	n= 11 9 81.8%	n= 653 547 83.8%
19. Is smoking permitted during work hours? Yes	n= 13 11 84.6%	n= 710 625 88.0%
20. [For those permitting smoking during work hours] Does the smoking policy, written or unwritten, specify when smoking is permitted?	n= 11	n= 594
Yes	5 45.5%	358 60.3%
No	5 45.5%	195 32.8%
Does not have a policy, written or unwritten	1 9.1%	41 6.9%
21. [For those permitting smoking during work hours] When is smoking permitted? (Fill in all that apply)	n= 11	n= 625
a. Any time	4 36.4%	122 19.5%
b. Before work	6 54.5%	294 47.0%
c. Break time	7 63.6%	512 81.9%
d. Lunch time	7 63.6%	444 71.0%
e. After work	6 54.5%	286 45.8%
f. During meetings	0 0.0%	7 1.1%
g. After work functions	0 0.0%	45 7.2%
h. Other times	0 0.0%	11 1.8%
22. Are No Smoking signs posted at your company? Yes	n= 13 11 84.6%	n= 711 598 84.1%
23. Do employees smoke in company vehicles?	n= 13	n= 703
Yes	6 46.2%	212 30.2%
No	5 38.5%	355 50.5%
Does not have company vehicles	2 15.4%	136 19.3%

The Kentucky Department for Public Health
University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
24. Does the smoking policy, written or unwritten, specify if smoking is permitted or not in company vehicles?	n= 10		n= 554	
Yes	6	60.0%	222	40.1%
No	3	30.0%	263	47.5%
Does not have a policy, written or unwritten	1	10.0%	69	12.5%

Smoking Policy Compliance/Enforcement

25. To what extent do employees comply with the existing smoking policy?	n= 13		n= 709	
a. All of the time	8	61.5%	412	58.1%
b. Some of the time	2	15.4%	47	6.6%
c. Most of the time	3	23.1%	219	30.9%
d. Never	0	0.0%	1	0.1%
e. Does not have a policy, written or unwritten	0	0.0%	30	4.2%
26. Who enforces the smoking policy for employees? (Fill in all that apply)	n= 13		n= 717	
a. Immediate Supervisor	9	69.2%	556	77.5%
b. Manager	6	46.2%	415	57.9%
c. Security	1	7.7%	66	9.2%
d. Peers	0	0.0%	94	13.1%
e. Others	2	15.4%	125	17.4%
f. Does not have a policy, written or unwritten	0	0.0%	23	3.2%
27. For a first time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	n= 13		n= 717	
a. Verbal reprimand	11	84.6%	494	68.9%
b. Written reprimand	1	7.7%	128	17.9%
c. Participation in smoking cessation or education program	0	0.0%	0	0.0%
d. Other	2	15.4%	96	13.4%
e. Does not have a policy, written or unwritten	0	0.0%	42	5.9%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
28. For a second time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 13		<u>n</u> = 717	
a. Verbal reprimand	1	7.7%	95	13.2%
b. Written reprimand	11	84.6%	441	61.5%
c. Day off without pay	0	0.0%	30	4.2%
d. Participation in smoking cessation or education program	0	0.0%	2	0.3%
e. Other	2	15.4%	127	17.7%
f. Does not have a policy, written or unwritten	0	0.0%	47	6.6%
29. For 3 or more offenses, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 13		<u>n</u> = 717	
a. Verbal reprimand	0	0.0%	14	2.0%
b. Written reprimand	2	15.4%	157	21.9%
c. Day off without pay	2	15.4%	60	8.4%
d. Participation in smoking cessation or education program	0	0.0%	0	0.0%
e. Mandatory smoking cessation program	0	0.0%	0	0.0%
f. Suspension from work	6	46.2%	200	27.9%
g. Termination	3	23.1%	164	22.9%
h. Never happens	0	0.0%	37	5.2%
i. Other	0	0.0%	97	13.5%
h. Does not have a policy, written or unwritten	0	0.0%	48	6.7%
30. Who do the employees contact if they have complaints about people violating smoking restrictions? (Fill in all that apply)	<u>n</u> = 13		<u>n</u> = 708	
a. Immediate supervisor	10	76.9%	547	77.3%
b. Health and safety personnel	5	38.5%	141	19.9%
c. Risk manager	1	7.7%	56	7.9%
d. Human Resources/Manager	2	15.4%	205	29.0%
e. Other	2	15.4%	32	4.5%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
<u>Smoking Cessation</u>				
31. Does your company provide resources to employees who want to quit using tobacco products?	n= 13		n= 707	
Yes	8	61.5%	406	57.4%
32. What resources are available? (Fill in all that apply)	n= 8		n= 406	
a. Cooper-Clayton Method to Stop Smoking	5	62.5%	94	23.2%
b. Fresh Start (American Cancer Society)	0	0.0%	10	2.5%
c. Freedom from Smoking (American Lung Association)	0	0.0%	5	1.2%
d. Make Yours a Fresh Start Family (American Cancer Society)	0	0.0%	0	0.0%
e. Employee Assistance Program	1	12.5%	201	49.5%
f. Telephone Quit Line	3	37.5%	39	9.6%
g. Self-Help Booklets/Posters	1	12.5%	71	17.5%
h. Counselor	1	12.5%	35	8.6%
i. Computer/On-Line help	0	0.0%	13	3.2%
j. Doctor/Other Health Care Professional	4	50.0%	68	16.7%
k. Insurance	0	0.0%	47	11.6%
l. Other classes	0	0.0%	22	5.4%
m. Reimbursement/Incentives	1	12.5%	22	5.4%
n. Other	2	25.0%	62	15.3%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
33. Who provides the smoking cessation services? (Fill in all that apply)	<u>n</u> =	8	<u>n</u> =	401
a. Company Nurse	2	25.0%	29	7.2%
b. Community resource person	6	75.0%	104	25.9%
c. Employee Assistance Program	0	0.0%	51	12.7%
d. Insurance Company Program	0	0.0%	48	12.0%
e. Hospital/Health Department	0	0.0%	37	9.2%
f. Physicians/Other Health Care Professionals	0	0.0%	16	4.0%
g. Human Resources	1	12.5%	38	9.5%
h. Other	0	0.0%	69	17.2%

Availability of Tobacco Onsite

34. Are cigarettes sold on company property?	<u>n</u> =	13	<u>n</u> =	714
Yes	0	0.0%	20	2.8%
35. If "Yes", how are cigarettes sold? (Fill in all that apply)	<u>n</u> =	0	<u>n</u> =	20
a. Company store	0	0.0%	1	5.0%
b. Vending machines	0	0.0%	16	80.0%
c. Other	0	0.0%	0	0.0%

Perceptions of Policy/Interest in Assistance

36. Does your smoking policy mention anything about the consequences of tobacco, secondhand smoke or about protecting the health of others?	<u>n</u> =	13	<u>n</u> =	706
Yes	2	15.4%	143	20.3%
No	11	84.6%	502	71.1%
Does not have a policy, written or unwritten	0	0.0%	61	8.6%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
37. How satisfied are you with your current smoking policy?	<u>n</u> = 13		<u>n</u> = 714	
a. Very satisfied	8	61.5%	343	48.0%
b. Somewhat satisfied	2	15.4%	170	23.8%
c. Satisfied	1	7.7%	133	18.6%
d. Not satisfied	2	15.4%	43	6.0%
e. Does not have a policy, written or unwritten	0	0.0%	25	3.5%
38. Are you contemplating changes in your smoking policy?	<u>n</u> = 13		<u>n</u> = 708	
No	9	69.2%	593	83.8%
39. How interested are you in receiving assistance on changing your smoking policy?	<u>n</u> = 13		<u>n</u> = 706	
a. Very interested	2	15.4%	66	9.3%
b. Somewhat interested	2	15.4%	106	15.0%
c. Not interested	9	69.2%	534	75.6%
40. How interested are you in receiving assistance on effective smoking cessation programs?	<u>n</u> = 13		<u>n</u> = 707	
a. Very interested	12	92.3%	195	27.6%
b. Somewhat interested	0	0.0%	203	28.7%
c. Not interested	1	7.7%	309	43.7%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>		<u>Kentucky</u>	
<u>Spit Tobacco Policy</u>				
41. Which of the following best describes your company's official policy on spit (smokeless) tobacco for indoor common areas such as lobbies, rest rooms, and lunch rooms?	<u>n</u> = 13		<u>n</u> = 711	
a. Not allowed in common areas	9	69.2%	354	49.8%
b. Allowed in some common areas	2	15.4%	103	14.5%
c. Allowed in all common areas	1	7.7%	53	7.5%
d. Other	0	0.0%	28	3.9%
e. No official policy	1	7.7%	173	24.3%
42. Which of the following best describes your company's official policy on spit (smokeless) tobacco for work areas?	<u>n</u> = 13		<u>n</u> = 709	
a. Not allowed in work areas	8	61.5%	386	54.4%
b. Allowed in some work areas	3	23.1%	72	10.2%
c. Allowed in all work areas	1	7.7%	51	7.2%
d. Other	0	0.0%	17	2.4%
e. No official policy	1	7.7%	183	25.8%
43. If your company has an official spit tobacco policy, how often is it enforced?	<u>n</u> = 13		<u>n</u> = 692	
a. Always enforced	9	69.2%	368	53.2%
b. Sometimes enforced	2	15.4%	68	9.8%
c. Never enforced	0	0.0%	14	2.0%
d. Other	0	0.0%	9	1.3%
e. Does not have a policy, written or unwritten	2	15.4%	233	33.7%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>	<u>Kentucky</u>
44. Would you send us a copy of your spit tobacco and/or smoking policy if you have them?	<u>n</u> = 13	<u>n</u> = 693
Yes	1 7.7%	267 38.5%
No	8 61.5%	213 30.7%
Does not have written policies	4 30.8%	213 30.7%

Company Support/Community Involvement

45. Does your company have an employee wellness or health promotion program (e.g. health education services, activities, classes, workshops, lectures, individual counseling or wellness information)?	<u>n</u> = 13	<u>n</u> = 710
Yes	7 53.8%	375 52.8%
No	6 46.2%	314 44.2%
Don't Know	0 0.0%	21 3.0%
46. Does your company health insurance plans cover all or part of the cost of the following?	<u>n</u> = 13	<u>n</u> = 717
a. Pharmaco-therapies for smoking cessation (e.g. Wellbutrin, Zyban, patches/gum, etc.)	7 53.8%	312 43.5%
b. Behavioral counseling or classes for smoking cessation	4 30.8%	199 27.8%
47. Does your company have community outreach or funding programs for community projects?	<u>n</u> = 13	<u>n</u> = 704
Yes	11 84.6%	380 54.0%

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Hopkins County Workplace Tobacco Policy Study, 2006

	<u>Hopkins</u>	<u>Kentucky</u>
<u>Miscellaneous</u>		
48. Does the manufacture of your products involve flammable materials?	<u>n</u> = 13	<u>n</u> = 709
Yes	10 76.9%	471 66.4%
49. Do your employees belong to a union?	<u>n</u> = 13	<u>n</u> = 709
Yes	7 53.8%	140 19.7%
Manufacturing Facility Participation Rate	100.0%	71.0%

Note: Data for this report were collected January 2006 - August 2006 in manufacturing facilities with 50 or more employees.

*This report was prepared through a contract between the Kentucky Cabinet
 for Health and Family Services and the University of Kentucky College of Nursing*

For more information, contact:
Ellen Hahn, DNS, RN
Professor
College of Nursing, University of Kentucky
Lexington, KY 40536-0232
(859) 257-2358
ejhahn00@email.uky.edu