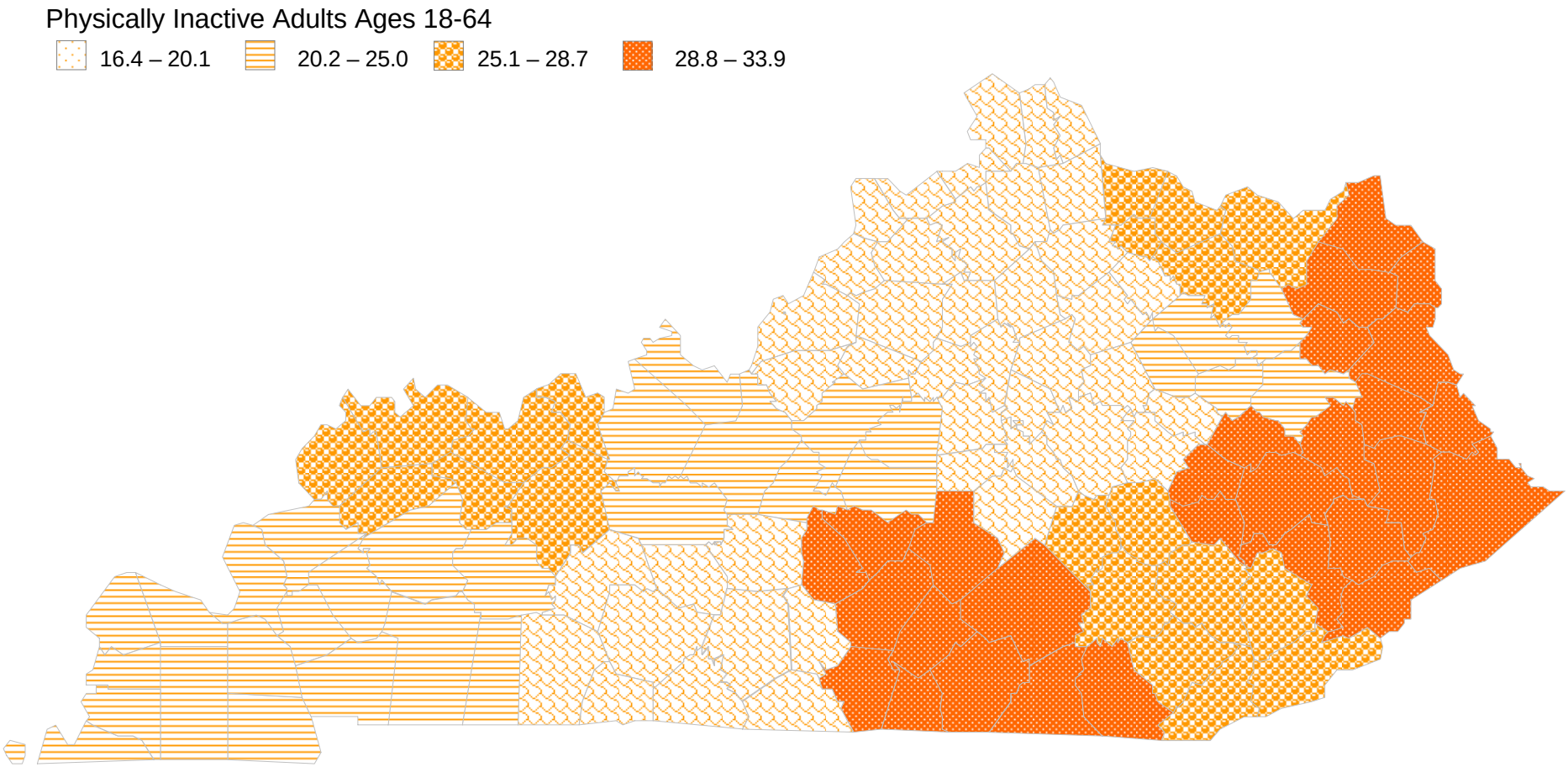Physical Inactivity in the Adult Kentucky Population