



Attention: Individuals With Heart Failure

Researchers at the University of Kentucky College of Nursing are conducting a research study on heart disease. We are inviting you to join a Sodium Watcher Program research study that may help people with heart failure reduce the amount of sodium (salt) in the diet, and may improve their heart failure symptoms.

You may qualify for this study if you have a diagnosis of heart failure.

If you agree to be in the study, we will ask you to collect 24-hour urine specimens and fill out several questionnaires. Depending on the results of a 24-hour urine measure of sodium, individuals may be asked to participate in 6 weekly education sessions in the home (2 visits, 1 hour each) and by phone (30 minutes). No visits to University of Kentucky Medical Center required.

There are no costs for you to participate in this study. Your time and effort will be compensated for your participation. Your willingness to take part in this research study may help future patients who suffer from heart failure.

If you are interested, call Mary Schooler at 859-797-2493 or Misook Chung at 859-323-8024.



Sodium Watcher Program
(SWAP)

An Equal Opportunity University

www.UKclinicalresearch.com