



Is there such a thing as individual health when you are in a committed relationship?

Researchers at the University of Kentucky's Department of Family Studies and Department of Nutrition and Food Science are conducting a research study to learn if the way couples solve problems affects how healthy they eat.

Couples may be eligible to participate if they:

- are over 18 years old;
- have been married or lived together for at least one year;
- can travel to the University of Kentucky; and
- have 2½ to 3 hours to give.

Participants will:

- attempted to solve a problem in their relationship;
- have height and weight measurements taken;
- have brain activity recorded with a specialized cap;
- fill out pencil and paper questionnaires; and
- all responses will be confidential.

For more information,  
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