

**Do you run about 10 miles a week?  
Do you currently have pain on the outside  
of your knee or suffer from  
iliotibial band syndrome?**

Researchers at the University of Kentucky in the Biodynamics Laboratory are conducting a research study for males who currently have iliotibial band syndrome (ITBS) or lateral knee pain that is associated with ITBS, or are healthy, and run about 10 miles a week.



**You could qualify if you:**

- ◆ are a male;
- ◆ 18-45 years of age;
- ◆ currently have iliotibial band syndrome or pain on the outside of your knee that is associated with ITBS; or
- ◆ are healthy.

If you have a history of other knee or lower extremity injuries within the past 6 months, you will not be able to participate in the study.

Contact: Brian Noehren, PT, Ph.D

Email: [b.noehren@uky.edu](mailto:b.noehren@uky.edu)

Phone: 859-218-0581



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