

Delta Psi

Volume 26 Number 1

Fall 2004



Dear Colleagues and Friends of Delta Psi,

It is a pleasure and honor to write to you as your new President of Delta Psi for the 2004-2006 term. Delta Psi has a remarkable twenty-five year history that has been built around the efforts of extraordinary nurse leaders, scholars, and practitioners in our community. Just as these nurses have advanced the purposes of Sigma Theta Tau through their affiliation with Delta Psi, I urge and invite you to renew your commitment to our chapter! Involvement of members is truly the key to vitality of an excellent chapter. The Board has planned several exciting functions in the upcoming year. Join us and experience renewal of spirit.

Renewal...the concept of renewal invites thought about new infusion of energy, renewed vitality, or a new sense of purpose or commitment. It can be both a personal examination of our values, aspirations, and sense of self in our life journey as well as the commitment to larger purposes and connections. It can evoke a reexamination of our commitment to renewal in the nursing discipline. This concept is an inviting one that Dr. Daniel Pesut, the newly installed President of Sigma Theta Tau International, has woven into his call to action for our society's members. He invites us to "Create the Future Through Renewal".

The Delta Psi Board embraces this theme for the upcoming year and will offer programs that celebrate renewal. We are especially pleased to announce that Dr. Daniel Pesut will be our guest speaker at the Induction Ceremony in the Spring. Come to programs; bring a friend; network with colleagues; make new acquaintances; and **enjoy** your affiliation with Delta Psi!

Erla Mowbray, RN, PhD
President

**Delta Psi Chapter
2004-2005 Officers**

President - Erla Mowbray
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President-Elect - Diane Murrell
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Vice-President - Jan Gross
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Faculty Advisor - Debbie Reed
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2004-2005 Committee Chairs:

Awards - Lynn Roser

By-Laws - Carol Komara

Finance - Mary DeLetter

Fundraising - Mary Kain and
Stacy Goodrich

Member Involvement - Karen Butler

Nominating - Gwen Moreland

Program - Jan Gross

Publicity - Mendy Blair

Web Site Chair - Mendy Blair

Director, Hazard - Russ McGuire

Director, Morehead - Donna Corley

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Date Set for Fall Scholarship Meeting

Nursing leadership programs provide theoretical and practical knowledge that assist professional nurses in meeting the demands of a constantly changing healthcare environment. Thus, the University of Kentucky College of Nursing submitted a proposal to the Cabinet of Health Services Training Branch for the purpose of expanding leadership knowledge and skills of a selective nurse participant group of Kentucky Public Health Nurses. The proposal was accepted and the grant provided for the development of three two-day weekend sessions. The participants were geographically distributed from single and multiple county health departments.

In addition to the three workshops, the participants will also complete three online modules, Bioterrorism, Epidemiology and Surveillance and Disease Outbreak Investigation. The modules will be placed on the TRAIN-Learning Management System for easy participant access, as well as placed on CD ROMS and distributed to all 1700 Public Health Nurses.

The evaluations and enthusiasm of the workshop participants were astounding. Therefore, these efforts will be replicated for an additional 25 Public Health Nurses for this FY 2004-2005.

An overview of this state-of-the-art Public Health Leadership Project will be presented for Delta Psi on **October 21st at Cardinal Hill Rehabilitation Hospital Center of Learning**. Check-in begins at 5:30pm, with dinner served at 6:00pm. The program will begin at 6:40pm. This program, presented by Dr. Marcia Stanhope and Dr. Carolyn Lewis and entitled "Public Health Nurses' Leadership Scholars' Program, will offer an overview of the presenters' community projects completed during the workshop.





Daniel Pesut, President of Sigma Theta Tau International

Renewal Through Attention to Service

Daniel Pesut, President of Sigma Theta Tau International, has called upon the membership to create a future through renewal. One of his calls to action is renewal through attention to service. Such an opportunity has presented itself to the members of Delta Psi. On **August 26, 2004**, the Delta Psi Board approved a strategic partnership with the Ronald McDonald House here in Lexington, Kentucky to provide resources to meet the health education needs of its residents. Pat Miller, past president and member of the Board at Ronald McDonald House, and Beth Blackman, Executive Director, approached the Delta Psi Board last spring to share their vision of providing a monthly educational program based upon their families' needs and to request assistance from Delta Psi in this endeavor.

Carol Komara, a Delta Psi member, also serves on the educational planning committee at Ronald McDonald House. She recently provided a program on infant CPR for two families (and one grandparent) who were anticipating their babies coming home from the hospital in the next few days. She found them to be a most interested audience. She felt that they were "more comfortable after having received an overview on how to deal with newborn emergencies."

The Ronald McDonald House educational committee has identified a wish list of future topics. These topics include: Parenting, infant nutrition, car seat safety, smoking cessation, medication administration, asthma, immunizations, how to detect substance abuse, childhood cancers and treatments, kid-friendly homes, and newborn/preemie care. Miller shared with the Delta Psi Board that many of the residents are very young families from Eastern Kentucky, so the need is great.

So this is an opportunity for you, the members of Delta Psi, to renew yourselves through service! The Board is calling upon you to share your expertise in establishing and sustaining this educational partnership with Ronald McDonald House. If you are interested in becoming a volunteer, contact Diane Murrell at 859-323-5030 or dmmurr01@uky.edu for further information and details. As nurses, we can share our knowledge and make a difference in the lives of those families served by the Ronald McDonald House.

Delta Psi High School Scholarship Recipients

For the last two years, Delta Psi Chapter has awarded scholarships to graduating high school seniors who have declared intent to enroll in the University of Kentucky College of Nursing. Eligible Fayette County students have completed the Experienced Based Career Education program (EBCE) in nursing. It is a pleasure to introduce two of those scholarship recipients.



Lindsey Taylor Justice was awarded a Delta Psi scholarship when she graduated from Tates Creek High School in 2003. She enrolled at UK as Pre-nursing major in the Fall, 2003, and now is enrolled as a sophomore in the College of Nursing. Although Lindsey has dreamed of becoming a nurse since she was a young child, her aspirations were solidified during her EBCE experience. She worked in the Newborn Nursery and Mother-Baby Unit at UK Hospital, and found working with both patients and staff to be rewarding experiences. In addition to attending classes, Lindsey is working as a Nursing Care Technician at UK hospital. She currently lives in Lexington with her new husband, Matt.



Tara Leslie is our most recent scholarship recipient. Tara was awarded her Delta Psi scholarship in May, 2004, when she graduated from Lafayette High School. She is currently a Pre-nursing major at UK, taking 15 credit hours this semester. Tara decided to pursue her education in nursing after having several hospital-based EBCE experiences. She plans to apply to the College of Nursing

Eligibility Committee News

What an outstanding year for Delta Psi! At our Spring meeting, we inducted a record number of new members, including four community leaders, 18 graduate students, and 20 undergraduates! As our leaders greeted the new inductees, it was clear the great potential these new members bring to our chapter and to nursing. What a grand time to be a nurse- and to become a member of the largest nursing organization in the world! As a follow-up to our delightful time together in the Great Hall that evening, a potluck was held April 29 in the UK College of Nursing. Eleven new members were able to attend. Diane Murrell and our President, Erla Mowbray, gave a superb overview of Sigma Theta Tau and our Delta Psi Chapter. The new members picked up the reins and dived right into committee membership! We welcome each of them with open arms and look forward to the new and exciting ideas they will bring to our chapter. Be on the look out for potential new members and help our committee get the word out early. The application process will begin in full swing in October but it is never too early plant the seed!

Share Your Creativity and Celebrate the Spirit of Nursing!

Delta Psi is committed to STTI's call to renew the spirit of nursing. We invite all nurses to share a creative expression of their perception of the spirit of nursing at our Annual Induction ceremony in May. Original photographs, paintings, poems, short stories, music, sculpture, needlework, fabric creations... that express your view of the essence of nursing will be displayed during a reception preceding the induction ceremony. Share your talents and celebrate the spirit of nursing. For more information contact Jan Gross (jgros00@uky.edu or 859 734 7328) or Erla Mowbray (erla.mowbray@kctcs.edu or 859 257 4872, ext 4051)



Community Leaders, Undergraduate and Graduate Inductees at Spring 2004 Delta Psi Induction



Past President Claudia Diebold presents Erla Mowbray, current President, with the President's Pendant.



Vice President Jan Gross, Treasurer Patty Hughes, and Publicity Chair Mendy Blair at Transition meeting.



Officers and Committee Chairs hard at work during July 2004 Transition meeting.



Julie Sebastian and Gail Carpenter all smiles at Spring Induction



Left to right: Debbie Reed, Faculty Advisor, Diane Murrell, President- Elect, and Erla Mowbray, Current Delta Psi Chapter President



Left to right: President Erla Mowbray, Marcia Stanhope, Jan Gross, and Lynne Jensen at Spring 2004 Induction Ceremony

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In Touch with Delta Psi...

Delta Psi Chapter Calendar for 2004-2005

Mark your calendars! Here's a few important dates to remember to help keep you "in step" with Delta Psi activities:

October 14, 2004	Board Meeting	UK College of Nursing
October 21, 2004	Fall Scholarship Meeting Public Health Leadership Project	Cardinal Hill Center of Learning
December 8, 2004	Board Meeting & <i>Holiday Social/Silent Auction</i>	Andover Country Club
January 13, 2005	Board Meeting	Ronald McDonald House
February 10, 2005	Business Mtg/Legislative Update	TBA
March 10, 2005	Board Meeting	UK College of Nursing
May 5, 2005	Induction Ceremony Special Guest and Speaker: STTI President, Dr. Daniel Pesut	TBA