

Curriculum Vitae

Faika Zanjani

University of Kentucky
Graduate Center for Gerontology
900 S. Limestone
306B Wethington Health Sciences Building
Lexington, KY 40536

Phone: 859-257-1450 x80195

Fax: 859-323-5747

f.zanjani@uky.edu

CURRENT POSITION:

- 9/2006--present Regular Title Series: Assistant Professor
University of Kentucky: Graduate Center for Gerontology
- 9/2007-- Secondary Appointment in Health Behaviors
University of Kentucky
- 4/2009-- Secondary Appointment in Psychiatry
University of Kentucky

EDUCATION/TRAINING:

- 2004-2006 NATIONAL RESEARCH SERVICE (NRSA) Post-Doctoral Fellowship
Geriatric Psychiatry, University of Pennsylvania
- 2004 PhD Human Development and Family Studies
Gerontology Minor
Pennsylvania State University, University Park, PA.
- 2002 M.S. Human Development and Family Studies
Pennsylvania State University, University Park, PA.
- 1998 B.A. Psychology w/ Honors *Magna Cum Laude*
Gerontology Certificate
Cedar Crest College, Allentown, PA.

EMPLOYMENT:

- 2006- University of Kentucky
Assistant Professor
- 2004-2006 University of Pennsylvania,
Postdoctoral Fellow
- 1999-2004 Pennsylvania State University, University Park, PA.
Graduate Research Assistant

HONORS, PROGRAMS, & OFFICES:

- 2009 NIH/NIA—Technical Assistance Workshop
- 2009 NIH—Clinical Loan Repayment Award: 2nd Renewal

- 2009 NIH--NIH OBSSR Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions; Fellow
- 2008 NIH—Clinical Loan Repayment Award: 1st Renewal
- 2008 Provost Outstanding Teaching Award Finalist
University of Kentucky
- 2007-2010 Building Interdisciplinary Research Careers in Women's Health (BIRCWH):
Recipient of the New Investigator's Award.
- 2007 Gerontological Society of America—New Fellows Mentoring Program
- 2007 Circles of Power (COPS) Women's Leadership Program: *University of Kentucky*
- 2006 NIH—Clinical Loan Repayment Award
- 2005 Recognized and Awarded in Behavioral/Social division for Presented Research.
Penn Center for AIDS Research its 7th Annual Research Retreat.
- 2005 Summer Research Institute in Geriatric Psychiatry Fellow: *Stanford University*
- 2005 Pittsburg Mind-Body Summer Institute Fellow: Sleeping, Eating, and Physical Activity: A Focus
on Health Behavior Fellow: *University of Pittsburg*
- 2003 APA Minority Aging Network in Psychology, Conference Presenter
- 2001-2003 National Institute of Mental Health: Pre-Doctoral Fellowship
Pennsylvania State University
- 2001 AGHE: Association for Gerontology in Higher Education:
Minority Doctoral Leadership Development Award
- 2000 American Psychology Association: Minority Summer Institute Fellowship
Pennsylvania State University
- 1998 Distinction in Psychology
Cedar Crest College
- 1997-1998 Psi Chi: Treasurer,
Cedar Crest College
- 1995-1998 Honor's Program, Dean's List, Ambassador,
Cedar Crest College

PROFESSIONAL AND HONOR SOCIETIES:

- 2009- National Coalition on Mental Health and Aging (NCMHA)
- 2008- Society of Behavioral Medicine (SBM)
- 2007-2008 American Public Health Association (APHA)
- 1999- Gerontology Society of America (GSA)
- 1999-2001 American Psychological Association (APA): Division 20
- 1996-1998 Psi Chi, National Honors Society in Psychology
- 1995-1998 Lehigh Valley Psychological Association (student affiliate)

SCIENTIFIC REVIEWER:

2009 Society of Behavioral Medicine: Abstract Reviewer
 2009 Gerontologist: Journal Reviewer
 2009 Journal of Aging and Health: Journal Reviewer
 2009 National Institute of Health: Grant Reviewer
 2008 Current Psychiatry: Journal Reviewer
 2008 Journal of Experimental Psychology: Journal Reviewer
 2007 Addiction: Journal Reviewer
 2007 Journal of Applied Gerontology: Journal Reviewer
 2005 International Journal of Geriatric Psychiatry: Journal Reviewer
 2005 Substance Abuse Treatment, Prevention, and Policy: Journal Reviewer
 2001-2009 Gerontological Society of America: Behavioral and Health Science Sections: Abstract Reviewer

TEACHING EXPERIENCE:

2009 Gerontology Seminar
University of Kentucky
 2008-09 Aging and Adjustment
University of Kentucky
 2007-08 Study of the Older Person
University of Kentucky
 2007 Mental Health and Aging
University of Kentucky
 2006 Research Design in Gerontology
University of Kentucky
 2004 Social Gerontology
Pennsylvania State University
 2000 Adult Development and Aging: Teacher Assistant
Pennsylvania State University
 1996-1998 Experimental and Statistical Methods: Teacher Assistant
Cedar Crest College

SERVICEState

2007- Bluegrass Mental Health and Aging Coalition: Coalition Member
 2007- Kentucky Mental Health and Aging Coalition: Coalition Member

Department, College, and University Service

2008- Assessment and Evaluation Committee, College of Public Health: Member
 2008- Mentorship Committee, Graduate Center for Gerontology: Co-Chair
 2007-2008 Student Forum, Graduate Center for Gerontology: Faculty Advisor
 2006- Administrative Council, Graduate Center for Gerontology: Member
 2006-2008 Fiscal Affairs, Graduate Center for Gerontology: Member
 2006-2007 Faculty Search Committee, Graduate Center for Gerontology: Member
 2006-2007 Global Health, College of Public Health: Member

National/International Service

2008-2010 GSA: Mental Health and Aging Interest Group Convener

INTERNSHIP/ VOLUNTEER EXPERIENCE:

1998 Sacred Heart Hospital: SHARE (Geriatric Depression Unit), Allentown, PA.
 Duties: Assisted staff with clients and therapeutic groups.
 1997 National Hospital for Kids in Crisis, Orefield, PA.
 Duties: Administered and scored psychiatric tests for incoming clients.

- 1994 St. Clares' Hospital/Riverside/Psychiatric Emergency, Denville, NJ.
Duties: Arranged and organized patient files.
- 1994 St. Clares' Hospital/Riverside/Rehabilitation Center, Denville, NJ.
Duties: assisted counselor with patient care and counseling sessions and conducted clerical tasks.
- 1994 St. Clares' Hospital/Riverside/Eating Disorder Unit, Boonton, NJ.
Duties: supervised, observed and assessed patients during meal times.

RESEARCH/GRANT SUPPORT:

CURENT

2009-2011

Project Title: Memory Banking: Extension-based Intervention for Caregiving in Rural Communities

Principal Investigators: Hosier, Watkins, Zanjani

Purpose: Examine how the proposed intervention: Memory Banking can affect risk factors related to the Caregiving process, using an extension-based training and dissemination model.

Funding Source: UK - HEEL

Budgeted Amount: \$100,000

2007-2010

Project Title: Health Promotion in Mental Health and Aging: Reducing Disparities in Aging Women, Role: Recipient

Principal Investigators: Tom Curry

Purpose: Building Interdisciplinary Research Careers in Women's Health (BIRCWH): training development in the area of health promotion and mental health disparities among older women.

Funding Source: National Institutes of Health (5K12DA014040-08)

Awarded Amount: 70% salary support and \$10,000 pilot money

2007-2009

Project Title: Mental Healthiness Aging Initiative, A Community Mental Health Aging Educational-Intervention Program

Principal Investigators: Faika Zanjani, PhD and Deborah Murray, EdD

Purpose: Assist elders to lead more healthy and active lives through extension-based educational interventions.

Funding Source: U.S. Department of Agriculture (USDA:CSREE 2007-46100-03962)

Awarded Amount: \$322,205

2007-2008

Project Title: Alcohol Use & HIV: Developing Computerized Interventions, Role: Investigator

Principal Investigator: Joseph Conigliaro, MD

Purpose: Develop a computer prototype that screens and delivers patient-specific recommendations to decrease or discontinue alcohol.

Funding Source: National Institute of Health (5R21AA015666-03)

Awarded Amount: \$275,000

2007-2008

Project Title: Bluegrass Mental Health and Aging Coalition (BMHAC), Role: Investigator

Principal Investigators: Mary Crowley-Smith and Faika Zanjani, PhD

Purpose: Implementation of clinical Mental Health/Substance Use Support in Senior Community Centers.

Funding Source: Kentucky Health Services Cabinet

Awarded Amount: \$2,500

2006-2009

Project Title: Improving Mental Health/Substance Misuse Management and Related Health Outcomes

Principal Investigator: Faika Zanjani, PhD

Purpose: Support early investigation research in the area of mental health/substance abuse management

Funding Source: National Institutes of Health: Loan Repayment Program

Awarded Amount: \$50,000

- 2006-2007 **Project Title: Proposal for Mental Health Services in Primary Care Settings, Role: Consultant**
 Principal Investigator: Getulio V. Tovar, MD
 Purpose: Implementation of clinical Mental Health/Substance Use Support in VA primary care.
 Funding Source: Department of Veteran Affairs, National
 Awarded Amount: \$708,523
- 2006-2007 **Reducing HIV Transmission Behaviors among HIV Seropositive African American men Fifty Years and Older, Role: Co-Investigator**
 Principal Investigator: Christopher Coleman, PhD
 Purpose: Randomized intervention trial for improving HIV risk behaviors and adherence in HIV+ Black (non-Hispanic) males that have sex with males.
 Funding Source: Institute on Aging, University of Pennsylvania
 Awarded Amount: \$25,000
- 2005-2006 **Telephone Based Referral-Care Management**
 Principal Investigator: Faika Zanjani, PhD
 Purpose: Randomized investigation of the effects of clinical Mental Health/Substance Use support on treatment attendance.
 Funding Source: Veteran's Affairs: Mental Illness Research Education and Clinical Center (MIRECC)
 Awarded Amount: \$25,000
- 2004-2006 **Aging Centers for Intervention and Services Research, Role: Postdoctoral Fellow**
 Principal Investigator: David Oslin, MD
 Purpose: Analyze correlates and outcomes for at-risk drinkers, in addition to medical/psychiatric comorbidity among alcohol users; in addition to investigating the relationship between cognitive functioning and response to intervention outcomes in preexisting datasets (i.e. PRISM-e).
 Funding Source: National Institution of Mental Health (5T32MH019931-12)
 Awarded Amount: \$110,000
- 2004-2005 **HIV and Aging, Role: Investigator**
 Principal Investigator: David Oslin, MD
 Purpose: Cross-sectional investigation of young and old HIV patients on physical, mental, and cognitive aspects.
 Funding Source: Center for Aids Research (CFAR)
 Awarded Amount: \$25,000
- 1999-2004 **Seattle Longitudinal Study, Role: Research/Graduate Assistant**
 Principal Investigator: K Warner Schaie, PhD
 Purpose: Data Management and Statistical Analysis of health behavior domains—smoking, alcohol, food consumption/preparation, exercise, seat belt use, dental care and medical care, across the adult lifespan with respect to prediction, process/change, and outcomes
 Funding Source: National Institute of Health (5R01AG008055-15)
 Awarded Amount: \$50,000
- 2001-2003 **Training In Research on Mental Health and Aging, Role: Pre-doctoral Fellow**
 Principal Investigator: Steve Zarit, PhD
 Purpose: This program emphasized the development and maintenance of mental health in later life as a process, which involves biological and psychological capacities, as well as social contexts.
 Funding Source: National Institute of Health (5T32MH018904-20)
 Awarded Amount: \$110,000

RESEARCH /GRANT UNFUNDED APPLICATIONS:

- 2009-2011 **Project Title: Memory Banking: Extension-based Intervention for Caregiving in Rural Communities**
Principal Investigators: Hosier, Watkins, Zanjani
Purpose: Examine how the proposed intervention: Memory Banking can affect risk factors related to the Caregiving process, using an extension-based training and dissemination model.
Funding Source: USDA
Budgeted Amount: \$350,000
- 2009-2011 **Project Title: Project TOBA Care: Dental-Based Tobacco Management**
Principal Investigators: Yepes, Zanjani
Purpose: Develop and examine Project TOBA CARE (Tobacco Care Management) to decrease tobacco consumption among patients in the University of Kentucky (UK) adult dental clinic..
Funding Source: NIH – Challenge Grants
Budgeted Amount: \$1 million
- 2009-2011 **Project Title: Memory Banking: An Intervention for Rural Caregiving**
Principal Investigators: Hosier, Watkins, Zanjani
Purpose: Examine how the proposed intervention: Memory Banking can affect risk factors related to the Caregiving process.
Funding Source: NIH – Challenge Grants
Budgeted Amount: \$1 million
- 2009 **Project Title: Improving Engagement into Psychiatric Treatment**
Principal Investigators: Zanjani
Purpose: Examine the effectiveness of a telephone-based brief intervention as a method for increasing attendance rates at initial psychiatric appointments.
Funding Source: NIMH
Budgeted Amount: \$1.6 million
- 2009 **Project Title: Massage Efficacy for Fatigue and Fatigability in Depressed Older Adults**
Principal Investigators: Zanjani
Purpose: Examine massage therapy treatment on fatigability and fatigue in older depressed adults.
Funding Source: NIA (1R21AG035129-01)
Budgeted Amount: \$400,000
- 2009 **Project Title: Exploring Memory Banking as a Intervention for Caregiving**
Principal Investigators: Hosier, Watkins, Zanjani
Purpose: Examine how the proposed intervention: Memory Banking can affect risk factors related to the Alzheimer’s disease and Caregiving process.
Funding Source: Sanders-Brown Center on Aging/Alzheimer's Disease Center (ADC)
Budgeted Amount: \$25,000
- 2008 **Project Title: UK-Gerontology Roybal Center, Role: Investigator**
Principal Investigators: Teaster
Purpose: Examine rural health disparities in Kentucky.
Funding Source: NIA (1 P30 AG034472-01)
Budgeted Amount: \$2 million
- 2008 **Project Title: Cognitive, physiological and behavioral effects of a power training exercise program in elderly people with type 2 diabetes.**
Principal Investigators: Multiple PIs: Harrison, Peterson, Schmidt, Yang, Yu, Zanjani

Purpose: Create, a new paradigm of exercise for older adults with Diabetes Type II to influence both physical and cognitive function.

Funding Source: NIA (1R01AG034582-01)

Budgeted Amount: \$800,000

2008 **Project Title: Massage efficacy for fatigue and fatigability in older adults**

Principal Investigators: Zanjani

Purpose: Examine massage therapy treatment on fatigability and fatigue in older adults.

Funding Source: NIA (1R21AT005289-01)

Budgeted Amount: \$400,000

2008 **Project Title: Improving Engagement into Psychiatric Treatment**

Principal Investigators: Zanjani

Purpose: Examine the effectiveness of a telephone-based brief intervention as a method for increasing attendance rates at initial psychiatric appointments.

Funding Source: NIMH (1R01MH086536-01)

Budgeted Amount: \$2.2 million

2008 **Project Title: Efficacy of Amino Acid Supplementation on Fatigue and Fatigability in Older Adults, Role: Investigator**

Principal Investigators: Symons

Purpose: Examine nutritional supplement treatment on fatigability and fatigue in older adults.

Funding Source: NIA (1 R21 AG034356-01)

Budgeted Amount: \$400,000

2008 **Project Title: Mental Healthiness Aging Initiative-Kentucky (MHAI-KY)**

Principal Investigators: Zanjani

Purpose: A community mental health and aging educational training program to improve the health of rural elders.

Funding Source: NIMH (1R21MH085840-01)

Budgeted: \$275,000

2008 **Project Title: Women Aging with Depression: Examination of Health Behaviors and Health Outcomes**

Principal Investigators: Zanjani

Purpose: Identify processes surrounding health behavior and health outcome development in middle-aged women, within the context of depression.

Funding Source: NIMH (1R01MH085748-01)

Budgeted: \$1.6 million

2008 **Project Title: Kentucky PEARLS Implementation Program, Role: Evaluator**

Principal Investigators: KY State

Purpose: Implementing evidence-based PEARLS program to manage minor depression in community dwelling older adults.

Funding Source: SAMHSA: TCE

Budgeted: \$1.2 million

2007 **Project Title: The Effects of Alcohol Consumption on Cognition among Menopausal Women, Role: Primary Investigator**

Purpose: Examine how alcohol consumption affects age-related cognitive change among older menopausal women.

Funding Source: Joyce Brenner Women's Health Research Award

Budgeted: \$25,000

- 2007 **Project Title: Longitudinal Evaluation of Health-behaviors & Outcomes amid Mental Health Disorders, Role: Primary Investigator**
 Purpose: conduct a longitudinal examination will be conducted covering a range of health behavior patterns (e.g. smoking, alcohol, weight, exercise, sleep, seat belt use, dental/medical care) and outcomes (e.g. comorbidity, mental/physical quality of life) among individuals with a mood and/or an anxiety disorder.
 Funding Source: NIH (1R01MH082816-01)
 Budgeted: 2.2 million
- 2007 **Project Title: Nature versus Nurture: Sex/Gender Differences in Health among Older Heterosexual, Lesbian, Gay, Bisexual, and Transgender Samples, Role: Primary Investigator**
 Purpose: Compare biological sex and self-identified gender concepts such as sexual-identity: heterosexuality, homosexuality, bisexuality, and transgender status, as determinants of health status.
 Funding Source: NIH (1DP2OD002093-01)
 Budgeted: 1.5 million
- 2007 **Project Title: Facilitating Interdisciplinary Research via Methodological and Technological Innovation in the Behavioral and Social Sciences, Role: Primary Investigator**
 Co-Principal Investigators: John Watkins, PhD; Rodney Guttman, PhD; Faika Zanjani, PhD
 Purpose: Development interdisciplinary-multilevel research methodology for later life health outcome.
 Funding Source: National Institute of Health
 Budgeted: \$600,000
- 2007 **Project Title: Improving HIV Treatment Adherence through Referral Management, Role: Primary Investigator**
 Principal Investigator: Faika Zanjani, PhD
 Purpose: institute a mental health/substance abuse screening and referral management for improved HIV/AIDS Treatment Adherence.
 Funding Source: American Foundation for AIDS Research
 Budgeted: \$119,741
- 2007 **Project Title: Mental Health/Substance Abuse effects on Treatment Adherence, Role: Primary Investigator**
 Principal Investigator: Faika Zanjani, PhD
 Purpose: Explore relationship between mental health and substance abuse conditions on HIV/AIDS Treatment Adherence, considering demographics.
 Funding Source: American Foundation for AIDS Research
 Budgeted: \$119,741
- 2006 **Project Title: Improve Mental Health and Substance Abuse management in HIV+ adults, Role: Primary Investigator**
 Principal Investigator: Faika Zanjani, PhD
 Purpose: Implementation of clinical Mental Health/Substance Use support.
 Funding Source: American Psychiatric Foundation
 Budgeted: \$425,404
- 2006 **Project Title: Telephone-based Management of Mental Health/Substance Abuse in HIV Elderly, Role: Primary Investigator**
 Principal Investigator: Faika Zanjani, PhD
 Purpose: Implementation of clinical Mental Health/Substance Use support in HIV clinics.
 Funding Source: NIH (1R34MH079740-01)
 Budgeted: \$450,000

MASTER'S THESIS:

Zanjani FAK (2002). Predicting Health Behavior Domains using Social, Environmental, Ability & Personality Determinants Across Young and Old Adults: Seattle Longitudinal Study. Unpublished Master's Thesis, The Pennsylvania State University.

DISSERTATION:

Zanjani FAK (2004). Developmental trajectory of health behaviors across the adult lifespan. The Pennsylvania State University. Unpublished Dissertation, The Pennsylvania State University.

PUBLICATIONS:

Munk N, Zanjani F (In Press). Massage Therapy Effects on Functional Outcomes in Older Adults. *Journal of Bodywork & Movement Therapies*

Bardach SH, Gayer C, Clinkinbeard R, Zanjani F, Watkins J (In Press). Using a Positive Aging Intervention to Explore the Malleability of Possible Selves and Expectations Regarding Aging. *Educational Gerontology*

Zanjani F, Bush H, Oslin D (In Press). Telephone Based Psychiatric Referral-Care Management Intervention Health Outcomes. *Telemedicine and e-Health*

Cardi M, Munk SN, Zanjani F, Kruger T, Willis SL, Schaie KW (2009). Health behavior risk factors across age as predictors of cardiovascular disease diagnosis. *Journal of Aging and Health*; 21(5):759-75

Mavandadi S, Zanjani F, Ten Have TR, Oslin DW (2009). Psychological well-being among individuals aging with HIV: the value of social relationships. *Journal of Acquired Immune Deficiency Syndromes*; 51(1):91-8.

Zanjani, F., Mavandadi, S. Tenhave, T., Katz I, Durai N, Krahn D, Llorente M, Kirchner J, Olsen E, VanStone W, Cooley S, Oslin D (2008). Longitudinal Course of Substance Treatment Benefits in Older Adults with At-Risk Drinking. *Journal of Gerontology: Medical Sciences*; 63(1): 98-106

Zanjani F, Miller, B, Turiano, N, Ross J, Oslin D (2008). Effectiveness of Telephone Based Referral-Care Management, a Brief Intervention Designed to Improve Engagement in Depression and Substance Treatment. *Psychiatric Services*; 59: 776-781.

Zanjani F, Saboe K, Oslin D (2007). Age Difference in Rates of Mental Health/Substance Misuse and Specialty Care in HIV(+) Adults. *AIDS PATIENT CARE and STDS* 2007; 21(5): 347-355.

Caskie GIL, Willis SL, Zanjani FAK, Schaie KW (2006). Congruence of medication information from pharmacy records and brown bag data in the Seattle Longitudinal Study. *Experimental Aging Research*; 32(1):79-103.

Schaie KW, Zanjani FAK (2006). Intellectual Development Across Adulthood. In Hoare C (Ed.). *Handbook of Adult Development and Learning*. Oxford University Press : New York: 99-122.

Zanjani F, Oslin D (2006). Substance use and abuse assessment. In J. Gallo, G. Paveza, T. Fulmer, H. Bogner (Eds.). *Handbook of Geriatric Assessment*. Aspen Publisher: Maryland: 175-192.

Zanjani F, Zubritsky C, Mullahy M, Oslin, D (2006). Predictors of Adherence within a Research Study of Brief Interventions for At-risk Older Drinker: (PRISM-E). *Journal of Geriatric Psychiatry and Neurology*. 19 (4), 231-238.

Zanjani F, Schaie KW, Willis SL (2006). Age Group and Health Status Effects on Health Behavior Change. *Behavioral Medicine*, 32(2):36-46.

Kruger T, Murray D, Zanjani F (Under Review). Mental Healthiness and Aging Initiative Training: Assessing the Effectiveness of a Community-informed Mental Health Curriculum. *Journal of Extension*.

Kruger T, Zanjani F, Hughes T, Murray D (Under Review). Community Perspectives on Mental Health and Aging: Beliefs about Mental Health and Aging in Eastern Kentucky. *Journal of Applied Gerontology*.

Zanjani F, Kruger T, Murray D (Under Review). Evaluation of the Mental Healthiness Aging Initiative: Community Program to Improve Awareness about Mental Health and Aging Issues. *Community Mental Health Journal*

Kruger T, Zanjani F, Willis SL, Schaie KW (Under Revision). Mental Health effects on Women's Behavioral Health Outcomes. *Aging and Mental Health*.

Zanjani F, Schoenberg N, Branscum A, Munk N, Cardi M, Schaie KW, Willis SL (Under Revision). Prospective Relationship between Preventive Health Behaviors and Multiple Morbidities. *American Journal of Health Behavior*.

Zanjani F, Cardi M, Willis SL, Schaie KW (Under Revision). Health Behavior Change and Physical Activity Level as Predictors of Mortality among Four Age Cohorts. *Journal of Aging and Physical Activity*.

Munk N, Kruger, T, Zanjani F, Schoenberg N, Willis SL, Schaie KW (In preparation). Presence of Risky Health Behaviors among Adults with Diabetes. *Diabetes Research and Clinical Practice*.

Schaie KW, Zanjani F (In preparation). The Interface of Adult Learning and Intelligence. In Hoare C (Ed.). *Handbook of Adult Development and Learning – 2nd Edition*.

Zanjani F, Hoiser A (In preparation). Persons with Mental Illness –Special Considerations. In Rowles G, Teaster P (Eds.). *The Continuum of Long-term Care*.

Zanjani F, Schaie KW, Willis SL (In preparation). Late life effects of Alcohol on Cognition.

PUBLISHED ABSTRACTS:

Zanjani F, Schaie KW, Willis SL (2001). Health Behavior Domains: Social, Environmental, Personality, & Ability Predictors. *Gerontologist*;41:10.

Caskie GIL, Zanjani F, Willis SL, Schaie KW (2002). A Comparison of Self-Reported Medication use to Actual Prescription Records. *Gerontologist*; 42:347-348.

Zanjani F, Schaie KW, Willis SL (2003). Predicting Mortality using Eight Health Behaviors Domains. *Gerontologist*;43:333-334.

Zanjani F, Schaie KW, Willis SL (2003). The Relationship Between Concurrent Preparation for Mortality and Six Latent Cognitive Abilities. *Gerontologist*;43:199.

Zanjani F, Schaie KW, Willis SL (2004). Developmental trajectory of health behaviors across the adult lifespan. *Gerontologist*;44:317.

Zanjani F, Saboe K, Oslin D (2005). Behavioral and Psychosocial Age Differences in HIV-infected Patients. *Gerontologist*;46:242-242.

Zanjani F, Turiano N, Dragani L, Juryea B, Judge S, Oslin D (2006). Enhancing Management of Depression and Substance Abuse in Older Veterans. *Gerontologist*;45:414.

Cardi M, Munk SN, Zanjani F, Willis SL, Schaie KW (2007). Risky Health Behaviors and Heart Disease Outcomes. *Gerontologist*:47:67.

Horne AS, Zanjani F, Oslin D (2007). Suicidal Ideation in Older Veterans: An Examination of Potential Risk Factors. *Gerontologist*:47:185.

Munk SN, Cardi M, Zanjani F, Willis SL, Schaie KW (2007). Smoking Assessment and Heart Disease Outcomes. *Gerontologist*:47:476.

Zanjani F, Schoenberg N, Willis SL, Schaie KW (2007). Presence of Risky Health Behaviors among Adults with Diabetes. *Gerontologist*:47:597-598.

Zanjani F, Willis SL, Schaie KW (2007). Mental Health/Substance Abuse and Cognitive Change relationships with Behavioral and Medical Health. *Gerontologist*:47:594.

Kruger T, Zanjani F, Murray D, Whipple C (2008). Mental Health and Aging in Kentucky: The Effectiveness of a Community-based Educational Intervention. Program No.263-3. 2008 Abstract Viewer. National Harbor, MD: The Gerontological Society of America.

Munk S, Zanjani F (2008). Health Outcomes of Older Adults Receiving Massage in the Past Year. Program No.228-4. 2008 Abstract Viewer. National Harbor, MD: The Gerontological Society of America.

Zanjani F, Kruger T, Willis S, Schaie W (2008). The Relationship Between Health Behaviors, Gender, Mental Health, and Morbidity in Aging Individuals. Program No.263-4. 2008 Abstract Viewer. National Harbor, MD: The Gerontological Society of America.

Zanjani F, Hunt M, Zeiss A (2008). Interdisciplinary Mental Health Care of Older Adults. Program No. 365-1. 2008 Abstract Viewer. National Harbor, MD: The Gerontological Society of America.

Zanjani F, Saczynski J, Schoenberg N, Willis S, Schaie K (2008). The Relationship Between Health Behavior Change and Cognition in Older Diabetics. Program No.391-3. 2008 Abstract Viewer. National Harbor, MD: The Gerontological Society of America.

Kruger T, Zanjani (2009). Creative Social Marketing of Mental Health Messages: Promotion Health Aging through Photo-based Campaigns. *Gerontologist*; 49(S2): 382.

Zanjani F, Willis SL, Schaie KW (2009). Alcohol Consumption and Cognitive Change in Mid to Late Life. *Gerontologist*; 49(S2): 471.

PRESENTATIONS:

Chin M, Sims V, Zanjani FAK (1996). Motherese Use and Perceived Facial Attractiveness. Poster presented at Lehigh Valley Association of Interdisciplinary Colleges: Psychology Conference and EPA- National Eastern Psychology Association.

Brady C, Zanjani F. (1996). The Effect of Real Estate Agent's Bias on Homosexual Couples. Paper presented at University of Scranton- Psychology Conference.

Pantella R, Zanjani F (1997). The Effect of Auditory vs. Visual Stimulus on Learning and Recognition Ability. Poster presented at Lehigh Valley Association of Interdisciplinary Colleges: Psychology Conference.

Zanjani F (1998). Body Image and How it Affects the Perception of Art. Paper presented at Lehigh Valley Association of Interdisciplinary Colleges: Psychology Conference and Cedar Crest College Honor's Presentations.

Zanjani F (1998). Effect of Bias on Homosexual Couples and the Elderly. Poster presented at the Lehigh Valley Association of Interdisciplinary Colleges: Psychology Conference.

Zanjani F, Caskie GIL, Schaie KW, Willis SL (2000). Predicting Health Behavior Using Cognitive and Behavioral Rigidity Measures. Poster presented at the Gerontological Society of America.

Zanjani F, Schaie KW, Willis SL (2004). Do Health Behaviors Affect Cognitive Change Similarly Across Abilities? Poster presented at the 2004 Cognitive Aging Conference.

Zanjani F, Ross JT, Beswick C, Kamath V, Patterson M, Katz IR, Kane V, Oslin DW (2005). Telephone Based Care Management for Alcohol Misuse and Dependence. Poster presented at the Care Coordination and Telehealth Leadership Forum 2005

Zanjani F, Saboe K, Oslin D (2005). Untreated Mental Health in HIV-infected patients. Poster presented at the 2005 Penn Center for AIDS Research its 7th Annual Research Retreat. **Recognized and Awarded in Behavioral/Social division.**

Zanjani F, Katz I, Durai N, Krahn D, Llorente M, Kirchner J, Olsen E, VanStone W, Cooley S, Oslin D (2006). Problematic-Drinking Status effects on Long-term Drinking in Older Adults: PRISM-e. Presented at the American Association of Geriatric Psychiatry Annual Meeting.

Zanjani F, Saboe K, Oslin D (2006). Mental Health Status in HIV(+) adults across the lifespan. Presented at the University of Pennsylvania: Institute on Aging Retreat.

Zanjani F, Saboe K, Oslin D (2006). Mental Health Status and Comorbidity in HIV(+) adults across the lifespan. Presented at the American Association of Geriatric Psychiatry

Mavandadi S, Zanjani F, Ten Have TR, Oslin DW (2007). Psychological Wellbeing among Individuals aging with HIV: The Value of Social Relationships. Presented at the American Association of Geriatric Psychiatry 2007.

Zanjani F, Turiano NA, Aiello M, Ross J, Ingram EP, Sippel LM, Kinoshian B, Oslin DW (2007). Characteristics of Older At-risk Drinkers in a Primary Care-Based Telephone Disease Management Program. Presented at the American Association of Geriatric Psychiatry

Zanjani F, Miller, B, Turiano, N, Ross J, Oslin D (2007). TBR Behavioral Health Attendance Outcomes. Presented at the Health Services Research & Development Service (HSR&D)

Zanjani F, Oslin DW (2007). Age or Duration, what better determines health outcomes and behavior among HIV+ Adults. Presented at the 2007 Annual Meetings of the American Public Health Association.

Zanjani F, Willis SL, Schaie KW (2007). Health Behavior Change and Mortality. Presented at the 2007 Annual Meetings of the American Public Health Association.

Zanjani F, Martin C, Schoenberg N (2009). The feasibility of a mental health treatment engagement intervention program in men and women. Presented at the 2009 NIH Annual Interdisciplinary Women's Health Research Symposium.

INVITED PRESENTATIONS:

“Lifetime Alcohol Drinking Patterns and Beliefs” (October 20, 2006) at Randolph-Macon College; Ashland, VA .

“Health Behaviors: Mental Health Effects across the Lifespan” (April 20, 2007) at Purdue University; West Lafayette, IN.

“Mental Health and Aging” (April 14, 2008) at Kentucky Association of Gerontology, Louisville, KY.

“Depression and Psychiatric and Physical Co-morbidity” (December 9, 2008) at the Kentucky 16th (2008) Annual Skills Training for Preadmission Screening and Resident Review (PASRR)

“MHAI: Results and Outcomes” (April 23, 2009) as a Pre-Session at the Kentucky Women’s Leadership Conference

“Mental Health and Aging: Caregiver Assistance” (October 1, 2009) at Bluegrass Area Agency on Aging, Lexington, KY.

MEDIA COVERAGE:

Mental Health and Aging Initiative; Social Marketing CAMPAIGN (February 3, 2009). WKYT.

http://ww2.wkyt.com/global/video/popup/pop_player.asp?ClipID1=3406612&h1=27NEWSFIRST%20At%2012%3A30%20PM%20February%2003%2C%20%202009&vt1=v&at1=Sales

Pakistanis living in Lexington, KY (April, 2009). Lexington Public Library Channel.

STUDENT COMMITTEES

Doctoral Committees

In progress Alicia Webb, Graduate Center for Gerontology, University of KY, Committee Member
In progress Debra Moser, Graduate Center for Gerontology, University of KY, Committee Member
In progress Rebecca Dekker, College of Nursing, University of KY, Committee Member
In progress Niki Munk, Graduate Center for Gerontology, University of KY, Co-Chair
In progress Tina Kruger, Graduate Center for Gerontology, University of KY, Co-Chair
In progress Diana Mathis, Graduate Center for Gerontology, University of KY, Committee Member

Master’s Committee

In progress Bailey Williams, Family Studies, University of KY, Committee Member

STUDENT MENTORED PRESENTATIONS:

Munk SN, Cardi M, Zanjani F, Willis SL, Schaie KW (2007). Exercise and Physical Disability in Older Adults. Presented at the 2008 Annual Gerontology/Geriatric Student Mentoring Conference.

Cardi M, Munk SN, Zanjani F, Willis SL, Schaie KW (2007). Risky Health Behaviors and Heart Disease Outcomes. Presented at the 2007 Annual Meetings of the Gerontology Society of America.

Horne AS, Zanjani F, Oslin D (2007). Suicidal Ideation in Older Veterans: An Examination of Potential Risk Factors. Presented at the 2007 Annual Meetings of the Gerontology Society of America.

Munk SN, Cardi M, Zanjani F, Willis SL, Schaie KW (2007). Smoking Assessment and Heart Disease Outcomes. Presented at the 2007 Annual Meetings of the Gerontology Society of America.

Kruger T, Zanjani F, Murray D, Whipple C (2008). Mental Health and Aging in Kentucky: A Healthy State of Mind: Phase II. Presented at the 2008 Annual Meetings of the Gerontology Society of America.

Kruger T, Zanjani F, Willis SL, Schaie KW (2008). Mental Health and Gender-based Health Outcomes. Presented at the 2008 Annual Meetings of the Gerontology Society of America.

Kruger T, Zanjani F, Murray D, Whipple C (2008). Mental Health and Aging in Kentucky: A Healthy State of Mind. Presented at the 2008 Annual Gerontology/Geriatric Student Mentoring Conference.

Munk SN, Zanjani F (2008). Effect of Massage on Older Adult Health Outcomes. Presented at the 2008 Annual Meetings of the Gerontology Society of America.

Kruger T, Zanjani (2009). Creative Social Marketing of Mental Health Messages: Promotion Health Aging through Photo-based Campaigns. Presented at the 2009 Annual Meetings of the Gerontological Society of America.

REFERENCES:

- Ira Katz MD PhD, Professor of Psychiatry, University of Pennsylvania, 3535 Market Street, Room 3001, Philadelphia, PA 19104. Veteran Affairs: Deputy Chief Patient Care Services Officer for Mental Health, (202) 273-8434. Ira.Katz2@va.gov
- Catherine A. Martin MD, Professor, Department of Psychiatry, University of Kentucky, College of Medicine 3470 Blazer Parkway Lexington, KY, (859) 257-9341, cmartin@uky.edu
- Diane M. Moyer, Ph.D., Assistant Professor, Department of Psychology, Cedar Crest College, Allentown, PA 18104, (610) 6-4471. dmmoyer@cedarcrest.edu
- David Oslin MD, Associate Professor of Psychiatry, University of Pennsylvania, 3535 Market Street, Philadelphia, PA 19104. Veteran Affairs: Director of the Behavioral Health and Center of Excellence for Substance Abuse Treatment and Evaluation (CESATE). oslin@mail.med.upenn.edu
- Graham Rowles PhD, Professor, Department of Gerontology, University of Kentucky, Lexington, KY 40536, (859) 257-1450 Ext. 80145. growl2@uky.edu
- K. Warner Schaie PhD, EV Pugh Professor of Human Development/Psychology, Pennsylvania State University, University Park, PA 16802, (814) 863-9735. kws@psu.edu
- Nancy Schoenberg PhD, Marion Pearsall Professor of Behavioral Science, University of Kentucky, 125 College of Medicine Office Building, Lexington KY USA 40536-0086, (859) 323-8175, nesch@uky.edu
- Valerie Sims PhD, Assistant Professor, Department of Psychology, University of South Florida, Orlando, FL 32816, (407) 823-0343. vsims@pegasus.cc.ucf.edu
- Pamela Teaster PhD, Professor, Department of Gerontology, University of Kentucky, Lexington, KY 40536, (859) 257-1450 Ext. 80196. pteaster@uky.edu
- Keith E. Whitfield PhD, Professor, Department of Psychology and Neuroscience, Duke University, Durham, NC 27708, (919) 660-5769. kwhit1@duke.edu
- Sherry Willis PhD, Professor of Human Development, Pennsylvania State University, University Park, PA 16802, (814) 863-9735. slw@psu.edu
- Steve Zarit PhD, Professor of Human Development, Pennsylvania State University, University Park, PA 16802, (814) 865-5260. z67@psu.edu