



Girls In Research Leadership Academy

Congratulations to each of you for being selected to be a part of the Girls in Research Leadership Academy!

When: April 24 – 26, 2008

*Beginning approx 5pm on Friday and ending by 2pm on Sunday

Location: Buckhorn Lake State Resort Park, Buckhorn KY
<http://parks.ky.gov/findparks/resortparks/bk/>

Who is attending: Attached you will find a list of the girls that will be attending. Please send us a response on who you would like to room with for the weekend if you have a preference.

Cost: Your only cost is providing transportation for yourself to and from the park.

What are the goals for the weekend?

1) Developing your leadership skills

Having strong leadership skills will help you to keep your positive momentum going toward your progress through high school, college and in your professional life.

2) Understanding the personality styles

You will develop a better understanding about your personality style and the styles of others. As a result it will help you work better with others and be more successful in your life.

3) Determine your strengths as an individual...

By determining your strengths you will be able to see what type of classes and career areas that you will enjoy the most and in turn be most successful.

4) What your Red Rubber Ball is...

By combining steps 1,2, and 3 you will come home with a box full of ideas of what your Red Rubber Ball In life is!...better known as your passion!

How will we accomplish this? First of all We promise it will be fun! We our true believers that the best way to learn is to be involved and to have fun while learning. So be prepared to talk a lot, laugh a lot, and to do a lot of hands on activities.

Resources: Feel free to check out 4 main resources we will be using:

The 21 Irrefutable Laws of Leadership by John Maxwell

<http://search.barnesandnoble.com/The-21-Irrefutable-Laws-of-Leadership/John-C-Maxwell/e/9780785288374/?itm=8>

What's Your Red Rubber Ball?! By Kevin Carroll

<http://www.rainydaybooks.com/NASApp/store/Product?s=showproduct&isbn=9781933060026>

Follow Your True Colors To The Work You Love...by Carolyn Kalil and Don Lowry

<http://www.truecolorscareer.com/Book.htm>

Strengths Quest...by The Gallup Organization

<http://www.gallup.com/consulting/education/106759/Youth-Development.aspx>

A few things We need from you:

1) **Information sheet:** We would like to learn a little about you! We have attached an information sheet that we would appreciate you emailing or mailing back to us by Feb 1. We have attached the ones we each filled out so you can learn more about us! If you do choose to mail it back in please send it to:

Gary Case

University of Kentucky

643 Maxwelton Court

Lexington, KY 40506-0350

2) **Mementos :** Start saving your favorite magazines as well as pictures, stickers, logos etc that represent who you are and what you hope to accomplish in your life. You will need to bring them with you to help in developing your box of dreams!

3) **Strengths Quest:** In early February we will be sending you a "secret code" from the Strengths Quest program developed by the Gallup organization. It will allow you to take an on line tool to help you determine your strengths. It is a very neat program. We want you to take the tool before you come in April so we can use the information during our time together.

4) **Check out our web site :** <http://www.mc.uky.edu/behavioralscience/research/gir/> We will be adding information to the website in the next few weeks.

That's all for now!

Don't hesitate to call or email us with any questions. Graces' number is 1-859-619-7211 and email is ggorrell@uky.edu. Garys' number is 1-859-257-6561 and email is gcase0@uky.edu.

We look forward in learning with you!

Gary Case and Grace Gorrell