



DIVISION OF ATHLETIC TRAINING COLLEGE OF HEALTH SCIENCES

Alumni News



each year at this time the improvement in the "GET IT Factor". If it was measured on a 10 point scale; most students are in the 4-6 range when they arrive with a few students in the 8 range. At the time of graduation I would have to say almost all students understand the bigger picture of our teachings, the mission at the University of Kentucky, and their own shortcomings as they strive to develop their careers both clinically and academically. Our mission is to provide course work and clinical experiences that are designed to develop skills necessary to conduct research and increase proficiency in sports injury prevention, education, and rehabilitation. It is a goal that graduates become: critical consumers of research and accepted clinical practices, advanced health care providers, and leaders in the clinical, educational, and research endeavors of the profession. I think we do our mission very well and more importantly I think our students represent those values. Again, it is a great time of year; I am witness to a mission becoming a reality.

Carl G. Mattacola, ATC

BREAKING NEWS

Congratulations to **Misty Conrad** and her husband Keith on the birth of their son, Keith F., Jr., this past December 28th. We wish the Conrad family the best of health and happiness!



Newsworthy

Congratulations to **Jennifer Stiller** (Class of 2005) on her acceptance of a doctoral fellowship at Michigan State University. She will begin her studies in Sport Psychology in the Fall of 2005.

Tracy Spigelman (doctoral student) was awarded a \$500 grant from the Kentucky Athletic Trainers Society. Congratulations Tracey!

Congratulations to **Jennifer Sebert** (class of 2006) who was awarded a NATA Graduate Student Scholarship. Congratulations Jennifer!

Congratulations to **Ann Livengood** (doctoral student) who was awarded the \$3500 University of Kentucky College of Education John E. Partington and Gwendolyn G. Partington Scholarship. Congratulations Ann!

Congratulations to **Ross Blackport** on his recent move to a new position with Stryker Endoscopy in Michigan. We will miss Ross a great deal but wish him the best in his new career.

Congratulations to **Pattie McGinn** (doctoral class of 2004) on her recent acceptance of a new position at Nova Southeastern University in Ft. Lauderdale, FL. Pattie is an Assistant Professor of Athletic Training. We wish Pattie the best at her new position.

We would like to welcome former graduate student **Paul Silvestri** (class of 2003) back to UK. Paul is assuming the position of Assistant Athletic Trainer with football/baseball after working two years with the Florida Atlantic University football team. Welcome back Paul!



It is a great time of year (at the time of this writing)! We are days away from graduation and it is always apparent at this time of year how much our students have grown in two years. They are more confident. They are more articulate and hopefully they are much better academicians and clinicians. I think all are the case. The growth process is inspiring. As we get closer to graduation the students who were afraid to speak in class are now taking leadership roles in many aspects of their life and the AT Program. As many of you know, I and all the faculty and staff (I think) feel strongly that it is important to be committed and passionate about something. We always stress that we want folks to develop a commitment to the Program that they will carry for years to come. As the number of doctoral graduates increases this impact will be more immediate as they contribute to the scientific scholarship of our profession. Likewise, our master's students are the next generation of clinicians and academicians; they carry the torch for change. They have been provided a much better experience than I received; I hope this is the case for many years.

Commitment and investment in something you believe in and the ability to leave something better when you leave is always hard to express in typical quantitative assessments. These traits are not easily measured in an exit interview or via standardized testing. However, we strive to emphasize the importance of giving something back. Present in our graduates is the demonstrated ability: to be critical thinkers and to challenge the way we clinically practice and/or teach, to lead and take pride in the work that is delivered from University of Kentucky, to recruit the best people, to be leaders and develop the scholarly and clinical agendas of our profession. Jim Madaleno uses the "GET IT" factor. Someone both comes in and "gets it" or they develop until they "GET IT". I hope as an alumnus you feel that you have "GOT IT". I certainly can see

From the Desk of Jim Madaleno, Director of Sports Medicine

Congratulations to former UK graduate assistant athletic trainer **Jamey Carver** (class of 2001) and his fiancée Brandi who will be getting married on June 11th. We would like to take this opportunity to wish the newlyweds the best of health and happiness.

UK Alumni Party

The official time and place of the annual UK alumni party has been set. We are meeting at **Ike & Jones**. The party will start at **7:30pm on June 13th**. Ike & Jones is located at **17 Jackson Place** and the phone number is **(317) 632-4553**. We hope to see all you former UK graduates there!

STAY IN TOUCH!!!

As the number of graduates from the Athletic Training program at UK continues to grow, it is becoming increasingly difficult to keep tabs on our alumni. Please help us to stay in touch!! If you know of any alumni who have not been receiving the newsletter or whose address or positions have changed, please let us know. We would like to maintain our alumni database to ensure as many alumni as possible are receiving the newsletter. Please send correspondence to:

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Another academic year has come to a close with five more of our graduate assistants entering the working world. It's hard to believe that two years go by so fast. Additionally, five of our undergraduate students will complete the requirements for their degrees this May and will be leaving us. Laura Byrne, Kari Hall, Ben Leffew, Stephanie Metzler, and Tiffany Suddeth have completed four years of great service to the University of Kentucky Athletic Training Program. In today's world of undergraduate curriculum programs, it is very difficult to find athletic training students. We have been VERY lucky at U.K. to recruit 7-10 students each year who major in "health related programs". These five students have made our program better in supporting our graduate assistant and full-time athletic trainer work force.

It is with BOTH excitement and regret that I inform you we have lost assistant athletic trainer Ross Blackport. Megan, are expecting August so they've decided to both sets of grandparents accepted a sales position in Orthopedics in Lansing, Michigan. I wish him and his family well after giving this program great service. Paul Silvestri has accepted the position of assistant athletic trainer at the University of Kentucky for the past year. Lastly, I'd like to mention our area. The Nutter Athletic Room has received a new awning and a "paint job". It really brightens the room. Also, Misty, an alumna, welcomed Keith, Jr. into the world December 28th. Misty returned to work a few weeks ago after maternity leave. Without her, this place is a "mess". We are all glad to have her back.

Hope to see you all in Indianapolis this June.

From the Desk of Keith Webster, Head Athletic Trainer

As it is becoming more and more of a storied annual tradition here at UK, the 2005 Catspy Awards Ceremony gave everyone in attendance a taste of different sports, other elite athletes not in "high-profile sports," and a look at the coaches who put so much effort into what they do. The highlight (just kidding) of this year's awards ceremony had to have been my presentation of the Blue Heart (Comeback) Award. It was my honor to present this award to Danielle Slupski, a women's soccer player who has battled through several major knee surgeries. Dee is a fine example of a student-athlete who, through hard work and dedication, bounced back from difficult circumstances. In addition, Dee made it a point during her acceptance speech to acknowledge the hard work we, the athletic trainers, put in behind the scenes helping our athletes.

Not to be overlooked, several additional awards were given out and deserve some acknowledgement.

Mr. Wildcat- Chuck Hayes (basketball)

Ms. Wildcat- Sara Potts (basketball)

Male Athlete of the Year (tie)- Jesse

& John Holmes (golf)

Female Athlete of the Year- Aibika

(tennis)

Coach of the Year- Bill Keightley

Male Coach of the Year (tie)- Golf &

Basketball

Women's Team of the Year- Tennis

Men's Coach of the Year- Brian Craig (golf)

Women's Coach of the Year- Mark Guilbeau (tennis)

Again, I would like to congratulate all of this year's award winners. For more information, please visit:

www.ukathletics.com. I hope everyone enjoys the summer and makes an appearance in Indianapolis.

UK Class of 2007

We would like to welcome the following Master's candidates to the UK family. These six individuals will make for another great class and will certainly uphold the tradition of excellence which our program is known for. Welcome and good luck!

Nakiesha Brooks- Penn St. Univ.

Paul Graves- Canisius College

Catherine Hill- North Central College of Illinois

Amanda Makii- Ohio State Univ.

William Rogers- Penn St. Univ.

Matthew Lewis- Asbury College

BREAKING NEWS



WHERE ARE THEY NOW?

An Interview with Clark Pearson, ATC

In a continued attempt to connect the alumni of the University of Kentucky Athletic Training room, I am pleased to share a recent interview with a former UK Student Athletic Trainer, Clark Pearson. Now, if you grew up in Kentucky like I did, you probably had an all time favorite Basketball moment. For most of us, that would NOT be the UK/Duke game in 1992. But for me, that was one of those years that you knew every person on the bench (Including the athletic training student). So in my world, Clark Pearson was one of those "Basketball Heroes" just because he was there for the moment when UK finally made it back to the final four the very next year. That meant that when I met Clark in the summer 1994, I truly believed that I already knew him. Clark was an athletic training student at UK from 1990-1995 and during his time in Lexington he worked with Football, Baseball, Men's Basketball, and Gymnastics. Although I tend to keep in touch with him via email on a regular basis, it was nice to do an interview with him and check out Where He is Now...

So, where are you living right now and what are you up to these days?

I am living in Norman, Oklahoma where I work as the Assistant Athletic Trainer for the University of Oklahoma. I cover football, baseball and wrestling.

What did you do immediately following your time at UK up until now?

After I graduated from UK, I went to graduate school at the University of Oklahoma where I served as a Graduate Assistant for Volleyball, Track and Tennis (1st yr.) and then Football and Baseball (2nd yr.). Upon completion of my degree, I was offered a full-time staff position to work baseball and women's soccer. I then was moved back to football in 2000 and wrestling took the place of soccer in 2001. I have worked as the Assistant Athletic Trainer for baseball since fall of 1996.

Tell me about how your time as an athletic training student at UK prepared you for your future working in Division One Collegiate Athletics.

As athletic training students, we were given a huge amount of responsibilities from daily sport coverage and athletic training room maintenance to helping

cover the Bluegrass State Games. At that time, we were pretty much treated as graduate assistants and expected to perform as such. That was a great learning experience for me in terms of time management, evaluation skills, anatomy recognition and rehabilitation. I was very thankful for the exposure I received as a student at UK. It made the transition from being a student to graduate assistant much easier.

As a full-time staff member I often think of things that happened at UK that translate to issues we may now have at OU. We are currently looking at the addition of sports at OU and because of the sports that I have had contact with at UK, it helps me further evaluate our needs and staffing issues at OU. In addition, I pursued my EMT certification while a student at UK. That has been one of my "niches" while working at OU. I relied heavily on my EMT certification and working with Al Green as I wrote our Emergency Action Plans for our facilities at OU. I often relate back to my UK memories and contacts for aid with my responsibilities at OU.

Now some of the fun stuff... What are some Favorite Memories of being a Student Athletic Trainer at UK?

My friends, road trips, working the Final Four as an athletic training student for men's basketball, parties (my roommates and I hosted most of them!), Bluegrass State Games (believe it or not!) and growing up and finding out who I was as a person.

What is your worst memory of being a UK Athletic Trainer?

I would have to say the many hours we spent in a Blue UK Van driving to and from football road trips! Or, the many hours of preparation and work that it took to organize ALL the supplies and equipment for the Bluegrass State Games. However both road trips and BGSU's bring back good memories, not just bad memories! Of course here is not the place for me to reveal all of my stories! I am a gentlemen and professional. Oh, and another rough memory would have to be getting beat by the managers in the Turkey Bowl every year!!



If you had to do it over again, would you?

In a heart beat! Not only for the great friends and memories but my experience at UK got me to where I am today.

What is the FUNNIEST thing that happened while you were a Student Athletic Trainer?

That would have to be the time my roommate (Brian Ball) agreed to cat sit for one of UK's female gymnasts. Not only was the cat psycho, it was in heat! That cat was after everything in our apartment, including our other roommate (Pat Watterson)! This cat had a love/hate relationship with Pat. I can attest; cats do really have 9 lives!

Who were some of the people that you have fond memories of working with?

So many friends I consider family... Brian and Jennifer Ball, Pat Watterson, Charlie Penny, Al Green, Sue Stanley-Green, JoAnn Hauser, Walt McCombs, Misty Conrad, John Morr, Tom Reed, Darren and Stephen Deaton, Mike Strock, Dan Hacker, Frank Neville, Dean Smith, Tom Martin, Carlo Mastrangelo, John and Amie Houston, Jon and Jen Fetter, Steve Wolfe, Mike Reynolds, Ashley Mitros, Bruce Rucker, Mary Beth Lorson, Mike Purcell, Dr. Ireland, Dr. Perrine, Bobby Barton, Bill Keightley, Tim Meyers, Jenny Hanson and the many student-athletes and staff who I worked with daily.

What is your family life like now? What hobbies are you involved with these days?

I am married to the former Nancy Lee Bradley of Franklin, KY. We married this

WHERE ARE THEY NOW?
cont. on page 4

Feature Spotlight

past summer, live in Norman, OK and are expecting our first child (a son we will name Bradley) in early September. It's a very exciting and busy time for the both of us!! As far as hobbies, I enjoy spending time with my wife and returning to KY to see family when we are able. I am also an avid golfer and I am constantly hosting guests here in Oklahoma during football season!

The soon-to-be proud papa, Clark Pearson, continues to serve as the Assistant Athletic Trainer for the University of Oklahoma and is right in the middle of yet another Baseball season! But he would love to be in contact with any of his former Wildcat Athletic Trainers. You can contact Clark via email at cdpearson@ou.edu or give him a call at work at (405) 325-8387.

Written by:

Mary Beth Schindler, MA, ATC, CNMT

"Where are they Now" is an article which runs in each issue of the UK Athletic Training Newsletter. Help us catch up with you!! If you were a student, graduate assistant or staff athletic trainer, please drop Mary Beth a line and let her know what you are doing. You can contact Mary Beth (Lorson) Schindler via email at mblorson@hotmail.com.

For this edition of the newsletter, it was my pleasure to interview 2 UK alums.

Paul Good was a graduate assistant at UK. He worked with football, track, and cross country his first year and with baseball his second year. After graduation, Paul moved to Hendersonville, TN and resides there currently with his wife and two sons.

Paul's path from UK was pretty short. He has been working with the Hendersonville Medical Center providing outreach athletic training services to Hendersonville High School. Paul has held this position for the past 7 years since his graduation from UK.

He enjoys the city of Hendersonville a great deal because of its proximity to Lexington and his wife's family members. When asked about why he enjoys the high school setting so much, Paul merely replied with the sentiment that the interaction with the kids and parents leads to a more down-to-earth, personal appreciation from families at the high school and a greater overall sense of achievement.

While Paul expressed that he does miss the collegiate realm so much, he expressed that he is certain of the fact that he is "out there" the 2003 SEATA High School Athletic Trainer Award Winner and that Paul truly enjoys the best of his situation.

Looking back on his time at UK, Paul shared that he enjoyed most the camaraderie and comic relief that a close knit family of athletic trainers provides. Paul is ultimately grateful to an athletic training student at UK who set-up Paul on a blind date with his current wife. I think that is a pretty fond memory.

In closing, Paul Good was a wonderful gentleman to speak to and I am grateful to have had him share some of his thoughts and memories with me. Thank you Paul and we all wish you the best of health and happiness to you and your family.

Mari Haggerty was a graduate assistant at UK. She worked with women's soccer, men's & women's tennis, and cheerleading during her two years at UK. After graduation, Mari worked at Villanova University with the track and field and women's soccer teams for one year. Mari then moved back to her alma mater, The Pennsylvania State University, where she has been working with track and field for the past two seasons.

Currently, Mari is enjoying the collegiate level in terms of athletic training. However, Mari has her sights set on bigger goals in the future. Mari expressed her desire to move her academic career forward by pursuing a doctorate degree. While Mari expressed her desire to advance her academic career, she would still like to remain clinical with her skills but to increase her involvement with teaching and mentoring students in the classroom.

The bulk of the conversation with Mari was her time at UK and the memories that still make her smile today. Surprisingly, Mari noted she really enjoyed the Thursday evening Sports Medicine In-Services that would every other Thursday at 6:30 in the morning.

Mari simply enjoyed all the physicians and athletic trainers getting together and sharing knowledge and ideas with each other. In addition, Mari enjoyed the group of people that she worked with in Shively that made her time here extremely enjoyable and fun. Away from the athletic training room, Mari enjoyed the races at Keeneland, time spent at her classmates' house on Big Bear, and most importantly, completing her thesis project.

In closing, thank you Mari for sharing some of your experiences, memories, and thoughts with us. We all wish you the best of health, happiness, and success in your future.

A few weeks after the interview with Clark Pearson, he informed us that he has accepted the position of Head Athletic Trainer for the University of Wisconsin football team. We would like to take this opportunity to wish Clark and his family the very best as they head to Madison. Congratulations Clark!!!

John Ostrowski, ATC

John Ostrowski, ATC