



DIVISION OF ATHLETIC TRAINING
COLLEGE OF HEALTH SCIENCES
Alumni News

Class of 2006

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Happy Holidays!

We are presently interviewing faculty additional candidates and hope that we will secure someone in the near future. We have a strong list of candidates and hope that we will be able to wrap this up in early spring.

It is the time of year to extend thanks and be grateful for what we have. I am grateful that I have the opportunity to work with such great folks. Our Administration has been very supportive of our athletic training program. Our faculty and staff are second to none. In fact, we are the envy of many colleagues at other institutions, because we have such a strong working relationship between our staff and faculty. In many institutions, there is a divide between staff and faculty. The bottom line is that they haven't figured out that clinical education and academic preparation must exist symbiotically. I am thankful that our staff and faculty take such a strong interest in the betterment of our academic program and the product that we produce. There are not many institutions in the country where staff members would comment on the effectiveness of our students at off-campus sites. Nor many programs where they would confront the student(s) to let them know that their action where not up to our standards. As many of you know I used to work at a boarding school. One key element that was readily apparent in the boarding school environment is that you are never free from potential parenting, nor should you be. Our faculty and staff "parent"! In other realms, it is called sustained teaching. To some, it might be preaching. Nonetheless, we care enough about each of you to impress our opinions, expectations, and aspirations for you. Many of our students obtain more than we could ever hope for. Many sneak-by doing less than their best.



Most important to me is that we keep our expectations high and never forget to let students know what we expect. Nor, tire of impressing upon them that we are watching and that we recognize and praise individuals that are passionate and hard working. We want Life Long Learners.

I have in several issues told you that we were working for a sustained and organized fund raising effort. Now is the time. You will find attached a letter that asks for your support. I am grateful to Chris Patrick, Al Green, Jim Madaleno and Tim Uhl for co-signing their support of this effort. In the near future you will be receiving a post-card from the college asking for your support. Please complete and contribute something to the Division of AT.

The Master of Science degree proposal has been approved by the Faculty Senate and has now been forwarded to the UK Board of Trustees and then on to the Kentucky Council of Post-secondary Education for official approval. When this is accomplished we can start offering a Master of Science degree in athletic training.

Have a blessed Holiday Season!
 CM

STAY IN TOUCH!!!

As the number of graduates from the Athletic Training program at UK continues to grow, it is becoming increasingly difficult to keep tabs on our alumni. Please help us to stay in touch!! Please send correspondence to:

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Melisa Fazio is now working with Howard Head Sports Medicine and the United States Ski team in Vail, Colorado.

Mandy (Bausman) Hill is working as an Assistant Athletic Trainer for the Track & Field team at the University of Texas at Austin.

Tony Hill is now working as an Assistant Athletic Trainer, at the University of Texas at Austin, providing coverage for the football team.

Jennifer (Sebert) Howard has accepted a position as an Assistant Athletic Trainer at Elon University working with the Women's Basketball team.

Becky McClelland accepted a position at Monmouth University as an Assistant Athletic Trainer responsible for Women's Basketball and Women's Lacrosse.

Tyler Schlosser is currently the Assistant Athletic Trainer at Bluffton University, where he is responsible for Men's and Women's Soccer team in the fall, Men's Basketball and Softball in the spring.

Amelia Sesma is working as an Assistant Athletic Trainer at St. John's University in charge of Women's Soccer and Men's Lacrosse.

Tadd Turnquist is now working at Charleston Southern University as an Assistant Athletic Trainer for Volleyball and Softball. He is also an Instructor of Kinesiology.

Eric Yochem accepted a newly created position at the University of Kentucky following graduation and is now the Assistant Athletic Trainer responsible for the Baseball team.

Congratulations to the Class of 2006! We wish them the best of luck as they continue to represent the UK Athletic Training Program in their new careers!!





From the Desk of Jim Madaleno, Director of Sports Medicine

The 2007 NATA Annual Meeting will be taking place in Anaheim, CA this year. Presentations begin on June 26th and will wrap up on the 30th. Please check the spring edition of this newsletter for more information

Wedding Bells & Baby Carriages

Jennifer Stiller (05) and **John Ostrowski (05)** have recently become engaged and are planning a wedding for December 2007.

Pam Waller and husband Scott Murray were married on November 18th of this year.

Jennifer Sebert (06) and husband Alex Howard were married in June of 2006.

Mandy Bausman and **Tony Hill**, both class of 06, were married in June of 2006.

Eugene "Chico" Dupas (04) and Renita Clark were wed on September 2, 2006.

Jessica Hamilton (03) and Chad Hall were wed on October 7, 2006.

Bryan Combs and Tonya Jones were wed on May 5, 2006.

Mary Beth Schindler, formerly Lorson, and husband welcomed a son to the family this summer.

Al Green and wife **Sue Stanley-Green** welcomed their first grandson, Bradlee Dalton Green, to their family on June 29, 2006.

Tom Martin (92) and his wife Alison welcomed their third child, Alec Holden Martin, to the family on July 27, 2006.

Pat Sawyer (01) and wife Dawn are expecting a child in middle July of 2007.

As we move forward in time, several new things are "happenin'" within the University of Kentucky Athletic Training Program.

We have entered into a "trial" clinical site agreement with the undergraduate athletic training education program at Eastern Kentucky University. They are currently sending us 3 students who are working with our Olympic Sports of Track and Field, Swimming and Diving, along with Women's Softball. This is a move we have been trying to make for several years. We are glad that it has come to fruition.

Our graduate program has reached OFFICIAL academic approval to move the degree program to the College of Health Sciences under the Medical Center umbrella. This is a huge step for both our profession AND our program to be right next to the already respected programs of Physician Assistant, Physical Therapy, and Clinical Nutrition. Kudos to our graduate faculty of Drs. Mattacola and Uhl for their diligent work.

Additionally, I am pleased to announce that ALL of our graduate assistants from LAST YEAR'S class have become "gainfully employed". Specific locations are listed in this newsletter. Congratulations to each of them for two years of dedicated service to the University of Kentucky Athletic Training Program.

Also, several of our fall sport programs also had a great year: Football will be appearing in their first post-season bowl game in 7 years; Women's soccer won the SEC Championship, Men's soccer were runners-up in Conference USA along with being ranked 13th in the nation, and Women's Volleyball repeated on last year's SEC Tournament appearance along with an NCAA Tourney invitation.

Lastly, the recruitment has begun for NEXT year's class of graduate assistants. If you would like to recommend a hard-working, intelligent, young professional to our program we'd welcome it. Please feel free to email either myself or Dr. Carl Mattacola.

Thanks for all you do to make YOUR program one of the top programs in the country. GO CATS!!!



The class of 2008 has gotten an early start on beginning work on their research studies. The following are the areas of interest for each member of the class.

Gabriel Amponsah and **Jennifer Brisson** are working with doctoral student **Maureen Dwyer (08)** to compare uniplanar and multiplanar hip strengthening exercises.

Samantha Boudreau is working with doctoral student **Maureen Dwyer (08)** to evaluate gender differences between activation and duration of EMG signals from the gluteus medius muscle during lunge and single leg squat exercises.

Andrew Carlson will be evaluating the nerve conduction velocity of the medial plantar and posterior tibial nerves following ice immersion.

Kimberly Dolak is comparing the use of hip versus quadriceps strengthening exercises in decreasing patellofemoral pain.

Gerry Garcia will be working with Dr. Tim Uhl to evaluate grip strength while using gloves constructed with different materials.

Tiffany Muir will be using the Upper Extremity (UE) Ranger and EMG findings to evaluate its use with shoulder rehabilitation exercises.

Abigail Wonnell will be working with doctoral student **Tracy Spigelman (07)** on the evaluation of dryland swimming apparatuses. She will be comparing kinematic data between two rotational swim benches.

Stay up to date on these research studies as well as others in progress at the University of Kentucky, by visiting the Athletic Training Education Program's website.

WHERE ARE THEY NOW?

An Interview with John Morr, MS, ATC

In a continued attempt to connect the alumni of the University of Kentucky Athletic Training room, I am pleased to share a recent interview with a former UK Graduate Assistant and Staff Athletic Trainer, John Morr. John is the epitome of an athletic trainer... one who works well under pressure, always seems to be in a good mood (even when he is really not), and as sarcastic as anyone on the planet. Tons of students have looked up to and learned from John's vast knowledge over the years and, if you were one of those individuals lucky enough to work with him during his tenure at UK (he was a GA from 1992-94, an Intern in 1995 with Football and on Staff with Women's Basketball in 1996), you have no doubt wondered what he is up to these days. It was great to do an interview with him and find out Where He is Now...

Where are you living right now and what are you up to these days? I am the Head Athletic Trainer for The University of Alabama Men's Basketball team in Tuscaloosa, Alabama. These days, my life revolves around Practice, Practice and some more Practice (all within the rules, of course).

What did you do immediately following your time at UK up until now? I left Lexington in Oct. 1996 and have been at The University of Alabama ever since.

Tell me about how your time as a GA/Staff Athletic trainer at UK prepared you for your current job? My time at Kentucky taught me the importance of people again. We cared so much for the athletes on a personal level that sometimes it caused us some emotional pain. I have told this story before, but when Al and Sue were inducted into the NATA Hall of Fame, along with my current administrator, Bill McDonald, the first thing they focused on during their speech was how much a family environment meant to them in their jobs. I try to exemplify that every day at The University of Alabama.

What are some Favorite Memories of being a UK GA/Staff Athletic Trainer?

Are you serious? There are too many items to discuss. In a nutshell, my favorite memories revolve around the people I met either daily or occasionally.

What is your worst memory of being a UK Athletic Trainer?

Probably being snowed in at Nutter Training Facility. Second distinct memory: having the QB coach, who shall remain nameless, "assist" me in ridding the live squirrel from Al's office. Here is the quote, "let's get him out of the office." That implies a team effort, right? Wrong. QB coach continues, "John, just climb on the table, pin him against the window and grab him. Then take him outside." I have always wanted to know where the "let's", contraction for "let us", became ME.

If you had to do it over again, would you?

Absolutely, Yes. The people I have met and friends that I have made along the way are just a few of the best things about being at UK.

Fetter, Jen Healy-Fetter, Carlos Mastrangelo, Steve Wolf, Tom Reed, Brian Ball, Clark Pearson, just to name a few. So many folks have impacted my personal and professional life while at UK. I apologize for not naming more but they all have become a part of who I am currently. I want to thank each of you for helping me be better!

What is the FUNNIEST thing that happened while you were a GA/Staff Athletic Trainer?

Sending Erich Castillo out to the "helicopter landing site", with all of the appropriate sound effects. Truly, one of the world's most elaborate practical jokes.

Who were some of the people that you have fond memories of working with?

Al Green, Sue Green, Joann Hauser, Walt McCombs, Dr. Mary Lloyd Ireland, Jim Rinaldi, John Houston, Mike Strock, Jon

What is your family life like now?

What hobbies are you involved with these days? I am married to the beautiful Maggie Morr whom I met here in Tuscaloosa. We have one son, Will Morr. We plan on having at least one more child. (For now, practice, practice, practice...) My hobbies include reading, fishing, golfing and yard work. But not in that particular order. I am also actively involved with our church missionaries and church related activities.

John Morr is an associate athletic trainer with The University of Alabama. He oversees the Men's Basketball team and supervises the GA's with Softball and Men's/Women's Tennis. He also continues to be an active member of the National Athletic Trainers Association, the Southeastern Athletic Trainers Association and the Alabama Athletic Trainers Association. In addition, John is actively involved in the Athletic Training Education Program at the University where he works as a Clinical Advisor and adjunct faculty member. This winter, you will find him at the end of the bench of the 6th Ranked Men's Basketball team working as usual.

Written by Mary Beth Schindler, MA, ATC, CNMT

"Where are they Now" is an article which runs in each issue of the UK Athletic Training Newsletter. Help us catch up with you!! If you were a student, graduate assistant or staff athletic trainer, please drop Mary Beth a line and let her know what you are doing. We are especially interested in hearing from folks who left Lexington prior to 1992! You can contact Mary Beth (Lorson) Schindler via email at mb.schindler@insightbb.com.

The University of Kentucky family is such a large group that there are always new and exciting occurrences. Please help us congratulate the following individuals for their achievements.

Samantha Boudreau(08) and **Kimberly Dolak(08)** were both recipients of NATA Research Foundation Scholarships for 2006 and 2005, respectively.

Dr. Tim Uhl was a co-editor of a Special Issue of *Athletic Therapy Today* on the shoulder. Multiple alumni contributed to this issue.

Congratulations to The Chair of Orthopedics, Surgeon **Darren Johnson** on his receipt of the "Sports Person of the Year" Award from the Kentucky Athletic Trainers' Society last January at the annual KATS meeting. My apologies for the delay in recognition of this award.

Brianna Abbott (98) is now the School Counselor at Worthington Kilbourne High School in Ohio.

Pat Sawyer (01) has accepted a position at the University of Alabama-Birmingham as the Assistant Athletic Trainer with football.

Jennifer Tymkew (04) recently accepted new job responsibilities at Eastern Illinois University. She is now the Assistant Athletic Trainer for football.

Former student **Jennifer Kibbe (04)** has accepted a position at Stanford University as the Assistant Manager of the Arrillaga Center for Sports & Recreation.

Bryan Combs (02) is now the Head Athletic Trainer at Birmingham Southern College.

There has been an addition to the great list of physicians that we work with here at the University of Kentucky. **Dr. Christian Lattermann** was added to the staff this fall. He comes to us after completion of a fellowship at the University of Pittsburgh.

Robbie Jackson (03) accepted a position as the Assistant Athletic Trainer for football and Sports Medicine Coordinator for the Recreation and Wellness Center at the University of Central Florida.

Al Green (Head ATC 80-97) is now the General Manager for the Lakeland Thunderbolts Arena Football Team in Lakeland, FL.

John Kelly (03) is currently working as the Associate Sales and Service Representative for R&B Medican, Inc. in the Huntington area.

Pam Waller has taken a new position working in Nashville, TN.

Congratulations to everyone on the new jobs and achievements!!