



DIVISION OF ATHLETIC TRAINING

COLLEGE OF HEALTH SCIENCES

Alumni News



It is a pleasure to share with you changes in the Division of Athletic Training at the University of Kentucky during the past year.

The 2004 graduates have set high standards for future classes. Please welcome them and look for them in the future to be leaders in the profession of athletic training. You the alumni, and recent graduates, are our vision. Vision is grounded in values and beliefs. We believe there is something special at our institution and we know that the family values of our program produce individuals that are competent, confident, and well rounded professionals. It is the most fundamental and intrinsically fulfilling part of our job to mentor and give our efforts to the student. While intrinsic gratification is highly important, improvement and growth cannot be accomplished without extrinsic support. The College of Health Sciences, in collaboration with the Alumni Advisory Committee, is developing Case Statements. Case Statements are brief descriptions of the values, goals, and mission of academic programs to "make the case" to donors and alumni regarding the importance of giving. The member of the Alumni Advisory committee representing the Division of Athletic Training is Brian Wise. Brian has been working hard on developing the Case Statement for the Division of Athletic Training. The reason I bring this to your attention is that you will receive a Case Statement to challenge you to support our program.

Our goal is to obtain a 90% contribution rate from our alumni. We would like to go to higher administration and reiterate that our alumni believe and support the values of our program and appreciate the educational importance of what the Program means to them. This is a lofty goal and a change in habits. Last year we had ONE alumnus contribute to the UK Division of Athletic Training Alumni Fund. I believe this goal is attainable! It is obtainable if you give something. We ask you all to contribute something. I ask all of you receiving a Case Statement to contribute something even if it is \$ 5.00 or more. This

will send a strong message when we ask for additional funding that our alumni contribute comprehensively. In order to make this process easier, we have created a link on the web site (http://www.mc.uky.edu/athletic_training/UKATAnnualGiving.htm) detailing how you can contribute. Any contribution is appreciated; help us demonstrate the commitment of our alumni to support the institution that provided to you advanced educational and professional opportunities.

Please cont. with "Mattacola" on page 3

BREAKING NEWS

Congratulations to **Michelle Boling** (class of 2004) on her recent acceptance to the Univ. of North Carolina. Good luck to Michelle on her pursuit of a Doctorate degree in Human Movement Science.

We would like to congratulate **Ben Gecewich** (class of 2003) on his recent acceptance of a new position as an Athletic Trainer at the Steadman Hawkins Clinic of the Carolinas. Ben is leaving his current position as an Athletic Training Fellow at the Steadman Hawkins clinic in Colorado.

We would like to welcome **Tracy Spiegelman** to UK. She is a new doctoral student who received her undergraduate degree from the Univ. of Vermont & her Master's degree from Temple Univ. Good luck and welcome to the family Tracy!

Patricia McGinn (doctoral class of 2004) successfully completed her doctoral studies at UK, making Patti the first doctoral student graduated by the faculty in Athletic Training! Patti has accepted a position at the Univ. of South Carolina as an assistant Athletic Trainer. Congratulations and good luck Patti!!!

Newsworthy

There are several marriages in the near future amongst our alumni. **Crystal Pearson** (class of 2004) will be getting married on July 10, 2004, **Courtney Mulvihill** (class of 2003) and **Kelly Ramsdell** (class of 2001) will each be getting married on May 29, 2004, **Chad Rankin** (class of 2002) will be getting married on July 9, 2004, and **Patrick Sawyer** (class of 2001) will be getting married on July 17, 2004. We would like to take this opportunity to wish all of the newlyweds the best of luck and many years of happiness.

We would like to extend our thanks and congratulations to our senior student Athletic Trainers. Seniors **David Trimble, Stephanie Metzler, Kyle Johnston, Chad Thomas, Brandon Meier, James Miller, and Jessica Kibbe** have provided us with four years of dedication, loyalty, and hard work. Thank you Seniors and congratulations on your graduation!!

We would like to extend our congratulations to **Cale Jacobs** (doctoral class of 2005) on winning a SEATA research scholarship in March of 2004. Along with co-investigators **Drs. Tim Uhl & Carl Mattacola**, Cale received the scholarship for his work investigating the relationship of hip abductor strength and endurance to functional performance.

Congratulations to **Cale Jacobs** (doctoral class of 2005) and his wife Amy on the expectancy of their first child this November. We wish Cale and Amy the best of health and happiness!

Congratulations to former UK Graduate Assistant and Staff Athletic Trainer **John Morr** and his wife Dr. Maggie Morr on the birth of a new son, Will, earlier this month. We wish the Morr family the best of health and happiness!

Congratulations to **Doug Boersma** (class of 1999) on recently accepting a position as Head Athletic Trainer at Bowling Green State University.



Hall of Fame

Congratulations to **Al Green** and **Sue Stanley-Green** on their induction into the National Athletic Trainers' Association Hall of Fame. Along with six other distinguished inductees, these two individuals have been recognized for their display of dedication, loyalty, and leadership to this generation as well as future generations of certified Athletic Trainers. Thank you Al and Sue for your time spent at UK and for your many contributions to the profession. The UK family is very proud!!

Congratulations to our very own **Keith Webster** on the honor of being awarded the **Most Distinguished Athletic Trainer Award**. Keith will be awarded this honor at the Awards Luncheon at this June's NATA convention in Baltimore. Congratulations Keith!!

UK Alumni Party

The official time and place of the annual UK alumni party has been set. We will be meeting at **Max's at Camden Yards** in the downstairs area. The party will start at **7:30pm on June 16th**. Max's is located at **300 W. Pratt St.** and the phone number is **410-234-8100**.

We hope to see all you former UK grads there!



The UK Class of 2006

We would like to welcome the following Master's candidates to the UK family. These nine individuals will make for a great class and will certainly continue the tradition of excellence which our program is becoming known for. Welcome and good luck!!

- Melisa Fazio**- Michigan St. Univ.
- Amelia Sesma**- Penn St. Univ.
- Amanda Bausman**- Cal. St. Univ., Fresno
- Eric Yochem**- Univ. of Georgia
- Tony Hill**- Cal. St. Univ., Fresno
- Tyler Schlosser**- Univ. of Toledo
- Jennifer Sebert**- High Point Univ.
- Rebecca McClelland**- Messiah College
- Tadd Turnquist**- Univ. of Wisc.- Eau Claire

From the Desk of Jim Madaleno, Head Athletic Trainer Football

Having just completed the interview process of our future graduate assistants, I can honestly say that I am excited with our future. Over 90 applications were received by Dr. Mattacola's office and 22 students were interviewed during the months of February and early March. After talking as a staff, we are thrilled about the nine we have agreed upon for the available spots (five with UK Athletics and four at off-campus outreach sites). This group, I am sure, will carry on the tradition.

During the late summer, we were informed that one of our former graduate students (Doug Boersma, Class of '99) was named Head Athletic Trainer at Bowling Green State University. Our congratulations go out to him for this "quick rise to the top." He is indeed a class act. The best of luck to Doug.

The program continued with its "100%" placement record of graduate assistants with last year's graduating five. What a great group of students who are now professionals.

This year's graduating nine are working on their Curriculum Vitae's and networking trying to set up their future. We will continue to help with their placement.

I would like to thank Mary Beth (Lorson) Schindler (undergraduate class of '99) for helping us keep up with the accomplishments of our earlier graduates. She, too, is a class act and stands for what this program strives to represent. Please contact her should you have an exciting change in positions to include in the "Where Are They Now?" section.

Lastly, congratulations to Al Green and Sue Stanley-Green for their recent induction into this year's class of NATA Hall of Fame members. This is a recognition we all strive for but very few of us achieve. They are most deserved and we are all proud of what they did for the NATA and the University of Kentucky.

From the Desk of Keith Webster, Head Athletic Trainer Administration

As we wind down the spring semester it is hard to imagine that another class of seniors and graduate students are leaving us already. I have been extremely impressed with the quality of our students and this year is no different. We face the challenge to recruit undergrad students who understand and have the focus to continue their pursuit of athletic training on the graduate level to fulfill the BOC requirements. Many are coming in to gain experience in order to better decide what health care field they may want to follow later on. I want to thank and congratulate the seniors and wish them well in their careers. I want to congratulate Kyle Johnston for winning the Lin and Betty McClelland and Dr. Mary Lloyd Ireland Scholarship Awards this year.

I am sure that you will help me welcome the 2004 class of graduate assistants into the Alumni family. They are truly first class students who will represent UK athletic training in the most professional manner well into the future.

One of the enjoyable events that takes place during the spring semester is the CATSPY Awards that Mitch Barnhart started last year to recognize the outstanding accomplishments of our athletes and coaches. This year's edition was bigger and better than the inaugural event. The ceremony was moved to Rupp Arena to accommodate the crowd. I would encourage all of you to attend this event if at all possible. The award winners include:

Mr. Wildcat: Derek Abney, Football
Miss Wildcat: Elizabeth Ramsey, Soccer
Male Athlete of the Year: Thomas Morgan, Cross Country

Female Athlete of the Year: Sara Potts, Basketball

Lifetime Achievement: Dennis Emery, Men's Tennis (Dennis passed the 400 win milestone this season!)

Men's Team of the Year: Soccer

Women's Team of the Year: Tennis

Men's Team Coach of the Year: Ian Collins Soccer

Please cont. with "Webster" on page 3

"Webster" from page 2
Women's Team Coach of the Year: Mark
Guilbeau, Tennis

Go to www.ukathletics.com for more
awards and photos from this wonderful
evening.

Please stay in touch. It's always a thrill to
have you call or stop by anytime through-
out the year. Hope to see many of you in
Baltimore.

"Mattacola" from page 1

Advances in the current year are extraordi-
nary. The College of Health Sciences has a
multidisciplinary doctoral program in
Rehabilitation Sciences. The faculty in the
Rehabilitation Sciences Doctoral Program
voted to include athletic training as a
discipline joining the following existing
disciplines; Communication Disorders,
Occupational Therapy and Physical
Therapy. Therefore, faculty in athletic
training have full faculty rights and can
mentor athletic training students wishing
to pursue a PhD in Rehabilitation Sciences.
An external review team jointly supported
by the College of Education and College of
Health Sciences visited campus this
spring. The charge of the consultants was
to collect information about the structure
and resources of the University of
Kentucky that can contribute to insuring
that Athletic Training education at UK is
located in the best place and position to
contribute to the University's mission,
goals, and vision to be a top twenty
university by 2020. As you know the
masters of science degree is in Kinesiolo-
gy and Health Promotion. The recom-
mendations of the external consultants are
consistent with those of the NATA and
include: pursuing implementation of a
master's degree in athletic training.
Therefore, students graduating from UK
would receive a diploma with the degree
distinction of masters of sciences in
athletic training. Secondly, they recom-
mended that the academic program be
housed in the College of Health Sciences;
this is consistent with the faculty appoint-
ments. It was agreed between both
colleges that we would move forward with
the recommendations. Their recommenda-
tions will result in change; change that will
make your degree more consistent with our
professional standards.

Carl G. Mattacola, ATC

Feature Spotlight



This edition's feature spotlight focuses on
the Mountain West Conference's Assis-
tant Commissioner of Championships, Ms.
Carrie (Pope) Wolf. Ms. Wolf received her
Master's degree from UK in 1998 while
working as a Graduate Assistant Athletic
Trainer.

After graduation from UK, Ms. Wolf
worked as an intern at a sports marketing
firm in Washington, DC. It was after this
internship that she became involved with
the United States Figure Skating Associa-
tion. She arrived at her current position in
September of 2002 and oversees the 16
Mountain West Conference champion-
ships held each year. In addition, Ms.
Wolf serves as the conference's represen-
tative to the NCAA Championships/
Competition Cabinet as well as serving on
the NCAA Division I Women's Soccer
Committee.

I had the pleasure of recently interviewing
Ms. Wolf. Ms. Wolf was a GA at UK
during a time of great transition. Her first
year was Al Green's last year while her last
year was Jim Madaleno's first year. During
this time of transition, she expressed that
the close bonds between herself and her
fellow GA's was the most important thing
that helped her through this time in her life.
The time spent together, the closeness of
the group, and the pranks played upon
one another is what made her time at UK
memorable.

In her current position, one might think
Ms. Wolf might not have the opportunity

to use many of the skills she acquired as
an Athletic Trainer. However, Ms Wolf
finds that her athletic training background
plays an important role in her current
position. She expressed that by develop-
ing relationships and working with
coaches and student-athletes it improved
her ability to work with various sports
organizations. Her communication and
management skills were equally developed
from her experience working at UK as an
Athletic Trainer and specifically encour-
tered in UK events with risk management.

In addition to the risk management, event
preparation, and communication skills
developed at UK, Ms. Wolf also found
that she had an easy transition into the
world of administration and legislation in
her current position. She finds this world
more a part of her everyday life than what
she was exposed to in graduate school.

As for her future, Ms Wolf indicated that
she really enjoys her current position. She
indicated that she found her internship
more enjoyable than expected and that the
corporate side of things is quite appealing.
However, she would like to stay in college
athletics and if the right position opened
up in an athletic department, she might
consider moving onward.

Thank you Ms. Wolf for representing UK
in a field unfamiliar to the athletic training
profession. Good luck in the future and
with all of your endeavors.

John Ostrowski, ATC

STAY IN TOUCH!!!

As the number of graduates from the
Athletic Training program at UK continues
to grow, it is becoming increasingly
difficult to keep tabs on our alumni. Please
help us to stay in touch!! Please send
correspondence to:

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Room 206

College of Health Sciences Building
900 S. Limestone Ave.

Lexington, KY 40536-0200

Office: (859)323-1100 x80497

Fax: (859)323-6005

Email: Nancy.Kelley@uky.edu

WHERE ARE THEY NOW?

An Interview with Brian Ball, ATC/L, EMT



In a continued attempt to connect the alumni of the University of Kentucky Athletic Training room, I am pleased to share a recent interview with a former UK Student Athletic Trainer. After our inaugural run of the “Where are they Now” interview, I was ecstatic to receive an email from Brian Ball, the assistant athletic trainer for the Chicago White Sox. Brian was a student at UK from 1990-1995 and during his time in Lexington he worked with Football, Cheerleading, Gymnastics, Baseball and Men’s Soccer. It was great to catch up with him and find out Where is he Now...

So, where are you living right now and what are you up to these days?

I am currently living in Lockport, IL (a suburb of Chicago). I am working with the Chicago White Sox and I am the Assistant Athletic Trainer, I have been with Chicago for the last 4 years and am enjoying everyday of it. Prior to coming to the Sox organization I spent 5 seasons in the Minor Leagues with the Texas Rangers.

What did you do immediately following your time at UK up until now?

After UK, I went to graduate school at the University of Memphis. I spent a year and a half living in Memphis before leaving to take a job with the Texas Rangers. I lived in Florida working in different minor league towns. I moved to Chicago to take my current position as the Assistant Athletic Trainer with the Chicago White Sox. Currently, the season is in full swing.

Tell me about how your time as a Student Athletic Trainer at UK prepared you for your future working with Major League Baseball.

At UK, we learned the truth about the workload of an Athletic Trainer. We spent many long hours in the training room, before and after class, and we were ready to take on the long hours we would face in the “real” world of Athletic Training. I think that other than how to be an Athletic Trainer, we learned how to organize and administrate. I feel that the administrative and organizational skills that I learned at UK has been the most important to help me in my career.

What are some Favorite Memories of Being a UK Student Athletic Trainer?

One of my fondest memories was being a part of the group who started the UK Student Athletic Trainer Camp. We started it from the ground floor and we even made some money on the first camp. Another great memory was hanging with Mike Strock and figuring out he could not drive. He took us down a one way street the wrong way and then yelled at the driver of the other car for not knowing how to drive.

We had a lot of fun at UK, from the Bluegrass State Games and Summer Camps... to seeing Al’s face when his ex-wife was in the training room the day his flowers got delivered to Sue. All the way up to the day Al and Sue got married, UK holds a lot of memories for me.

What is your Worst Memory of Being a UK Athletic Trainer?

INDOOR TENNIS TOURNEY IN LOUISVILLE, KY!!

If you had to do it over again, would you? IN A HEARTBEAT

Funniest thing that happened while you were a Student Athletic Trainer?

So much happened while I was there, (that happens when you are on the five year plan) it’s hard to tell the best story because they were always at the expense of someone else...

- I remember making up Rogaine flyers with John Morr’s picture on it.
- I remember sending Lucrecia to look for cans of steam and checkered paint.
- I remember when Leanne Stockton was running across the field during a muddy football practice and got bit by her B&G water cooler and she went sliding across the field.
- I remember getting Darrin Deaton drunk one night and he got in trouble with Momma Deaton when he got home because he was trying to brush his teeth instead of going to bed. (He wasn’t allowed to play with me anymore after that)

Blast from the Past: Who were some of the people that you have fond memories of working with?

Well the staff was: Al, Sue, Walt, JoAnn, Misty and Christine. I enjoyed them all we had a lot of fun but Sue was definitely the toughest lady I had ever met.

When I was at UK there were so many people, we started as freshman with 16 student trainers in our class and we graduated with 3. My fondest memories are the times I spent with Clark Pearson, Dean Smith, Charlie Penny, the Deaton Boys, Ashley Mitros, Mike Strock, John Morr, John Houston, Kim Bartley, Frank Neville, Tom Martin, Carlo Mastrangelo, Jon Fetter, Jen Healy, Andrew Cline, Mary Beth Lorson, Stephanie Logsdon and TONS of other that I have left off that I really had a lot of fun with.

What is your family life like now?

I am married to Jennifer, formerly Jennifer VanOuter. We have one daughter, so far, and she is 3 years old. We have 2 dogs and they think they are humans so I have to mention them, Tazee and Jessie.

Brian is currently in the thick of the Major League Baseball season, but would love to be in contact with his former classmates. If you went to school with Brian, drop him a line and stay in touch! Brian’s contact information is: bball@chisox.com or give him a call at (815) 588-1516.

Mary Beth (Lorson) Schindler, ATC

“Where are they Now” is an article which runs in each issue of the UK Athletic Training Alumni Newsletter. Help us catch up with you!! If you were a student, graduate assistant or staff athletic trainer, please drop Mary Beth a line and let her know what you are doing. You can contact Mary Beth (Lorson) Schindler at mblorson@hotmail.com.