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## DIVISION OF ATHLETIC TRAINING COLLEGE OF ALLIED HEALTH PROFESSIONS *Alumni News*

**W**elcome to the first annual UK Graduate Athletic Training Alumni newsletter. I would like to introduce myself and our new program. I am new to the Commonwealth of Kentucky. I completed my graduate education at the University of Virginia and most recently left Temple University where I was the Graduate Athletic Training / Sports Medicine Program Director.

Dr. Tim Uhl a UK Physical Therapy Alumnus and a UK athletic trainer has come home to Kentucky and joined our Division. Please see Dr. Uhl's comments below.

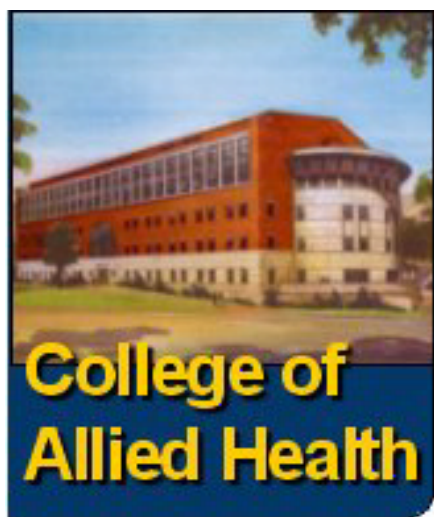
Starting in the Fall of 1999 the Division of Athletic Training joined the College of Allied Health Professions. The master's degree program in Athletic Training (AT) is designed to accommodate both NATA certified athletic trainers and NATA "certification eligible" athletic trainers. The AT Program represents the cooperative actions of the (1) UK College of Allied Health Professions (2) the Department of Kinesiology and Health Promotion in the College of Education (3) UK Department of Athletics, and (4) the UK Sports Medicine Center located in the UK Chandler Medical Center. Course work and clinical experiences are designed to develop skills necessary to conduct research and increase proficiency in sports injury prevention, treatment, and rehabilitation. It is a goal that graduates become: critical consumers of research and accepted clinical practices, advanced health care providers, and leaders in the clinical, educational, and research endeavors of the profession.

Now a realization, the Graduate AT Program Emphasis would not have been possible without the steadfast work of Jim Madaleno and Keith Webster as well as the support of Athletic Director CM Newton. I would like to thank them publicly for their hard work.

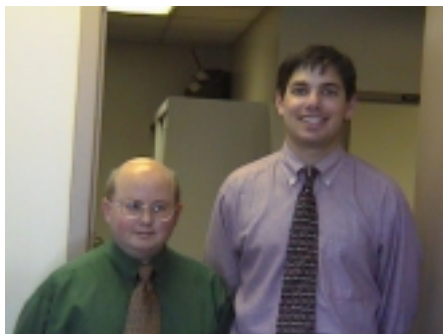
As you mentor student athletic trainers please advise them to consider the University of Kentucky for their graduate education.

Below:

- The Division of Athletic Training will be moving into the new CAHP building in 2001.
- The Class of 2001
- Dr.'s Tim Uhl and Carl G. Mattacola



*Pictured from left to right: Jamey Carver, Pat Sawyer, Amy Miller, Kelly Ramsdell, Mark Rund, and Brian Wise*



Our six new graduate students have come from throughout the United States. They include Jamie Carver (NW State University), Amy Miller (University of Charleston), Kelly Ramsdell (University of Florida), Mark Rund (Purdue University), Pat Sawyer (Auburn University), and Brian Wise (University of Louisville). Please introduce yourself and welcome these students to the UK family.

I would like to thank all of the UK AT alumni that have introduced themselves and warmly welcomed myself and our staff to UK. It has been an exciting time as we develop a new program emphasis and create new friendships. This alumni newsletter can only succeed with support from you the alumni. Please introduce yourself if we have not met, or call on me at any time. I look forward to working with you, the UK family for years to come. In the future, please look to our website ([www.mc.uky.edu/athletic\\_training](http://www.mc.uky.edu/athletic_training)) for continued links to our program and alumni

*Carl Mattacola*

### COMING HOME

I am excited to be back home in Kentucky. The people just can't be beat. We are working non-stop to get the program up and running. It is our goal to make it one that all alumni can be proud to be associated with the University of Kentucky. I have been focusing my efforts on teaching a rehabilitation class and a research design class to our graduate students. We have six really good thesis projects going on with this, our first class of students. We hope that you will be able to view the results of this labor at next years NATA convention.

It is my sincere hope that our alumni will be proud of this program. We are planning to send out an alumni newsletter at least once possibly twice a year to keep the alumni informed of our progress. We encourage you to contact us with potential students and job opportunities for our graduates.

*Tim Uhl*



**Please support the following UK presentors at the Free Communications and General Education Sessions at the SEATA & NATA Annual Meeting and Symposium.**

**Free Communications Research Presentations:**

**Retrospective Analysis of Time to Return to Activity for Distal Tibiofibular Syndesmotic Ankle Sprain in Division I Football Players**

Uhl TL, Madaleno JA, Sawyer P, Allen JR. (SEATA & NATA)

**An Accelerated Rehabilitation of a Hand Injury in a Collegiate Volleyball Player**

James CB, Mattacola CG, Uhl TL, Lawton JN. (SEATA & NATA)

**Anterior Thigh Pain in a Division I Football Player**

Madaleno JA, Mattacola CG, Johnson DJ, James CB. (SEATA & NATA)

**Methodological Considerations when Assessing Lower Extremity Function with a Single-Leg Hop for Distance Test**

Mattacola CG, Perrin DH, Gansneder BM. (SEATA & NATA)

**Effect of Head Position and Football Equipment on Cervical Spinal Cord Space**

Tierney RT, Mattacola CG, Sitler MR, Maldjian C. (SEATA & NATA)

**Posterior Ankle Pain in a High School Football Player**

Alcorn S, Caborn D. (SEATA & NATA)

**Knee Pain in a High School Football Player**

Beck J, Caborn D. (SEATA & NATA)

**Knee Dislocation in a High School Baseball Player**

McNew S, Mair S, Mcgahan T, Adkins S.

**Acute Pain and Numbness in Lower Leg following Injury in a High School Football Player**

Welsh WE, Ullary RR, Selby JS. (SEATA & NATA)

**Acute Hip Pain in a High School Baseball Player**

Ullery R.

**Dorsal Foot Pain in a Collegiate Football Player**

Fletcher R. (SEATA & NATA)

**Treadmill injury: a Case Study**

Jacobs D, Goryzca S, Thompson B. (SEATA & NATA)

**Educational Presentations:**

**The Athletes Shoulder & Mobilization Techniques**

Tim Uhl. (NATA)

**Don Fauls Shoulder Stretch**

Jim Madaleno (NATA)

**NATA Model Legislation & The Effective Use of Data to Achieve Reimbursement**

Keith Webster (NATA)


**Knee Ligament Reconstruction Approaches for the New Millenium**

Darren Johnson (NATA)

**ALUMNI PARTY**

We invite you and your significant other to join us for an Athletic Training UK Alumni party in Nashville Tenn. during the NATA Annual Meeting & Symposium. The Alumni Party will be held on Thursday June 29th from 6:00 - 8:00 pm. **If you will attend, please RSVP to Misty Driscoll @ 606-257-6521 or**

**mgdris00@pop.uky.edu** We will meet in the **Johnson Room in the Opryland Hotel.**

dj Orthopedics and Branscum Construction Company have agreed to sponsor our gathering. Please support our sponsors when possible. We would like to Thank Tom Nance and Pam Whitehead at dj Orthopedics and Coach CM Newton & Steve Branscum for their continued support of UK.

**Congratulations:**

Anita Bowman an athletic training doctoral student in KHP has been awarded a SEATA Graduate Student Scholarship. Tim Brindle a doctoral student in KHP & Carl Mattacola were recipients of a SEATA Research Grant.

**ADDRESS UPDATE:**

We would like to update our Alumni database. Please send any address or job update to the following address:

**Division of Athletic Training  
Room 205 CAHP Building  
121 Washington Ave.  
University of Kentucky  
Lexington, KY 40536-0003**

**Class of 2002**

The following students have accepted Athletic Training Graduate Assistantships to attend UK in the fall of 2000. Welcome class of 2002!

**Name:**                      **Undergraduate Institution**

Maureen Dwyer	Duquesne U
Eric Gahan	Canisius College
Jaelyn Kalor	Georgia South. U
Mari Haggerty	Penn. State U
Chad Rankin	U of Pittsburgh
Aaron Sciascia	U of Delaware

# Student News

New Outreach Program  
by Jessica Hamilton

In August 1999, a new program for Graduate Assistantships in Athletic Training began. Now in August 2000 this program is welcoming its first addition! This addition is the Externally Funded Graduate Assistantships in Athletic Training. Dr's Carl Mattacola and Tim Uhl have headed the team of faculty and clinical staffing selecting the athletic training program. Four of the six will be working off-campus for their clinical experience. The other two will be welcomed into the established on-campus athletic training staff. The four off-campus positions will be funded by the external site, but these students will still be a part of the UK Athletic Training Family. They will primarily be on-campus to attend classes and our Thursday morning in-services.

When talking with Dr. Mattacola about the qualities necessary to take on this challenging role as a graduate assistant athletic trainer, he said there were five major areas of interest focused on during the interview process. They are: (1) Academics/intellectual ability, (2) Clinical acumen, (3) Personality, motivation/persistence, (4) References (5) Personal Interview.

Placement of these students is very important because of the amount of time they will be spending at their location. So, the question arises: How are the students placed? During the interview process, the candidates were asked what their interests were. This information aided in their placement. The other part of the final location assignment was whether their experience complemented their ability to succeed and learn at their particular site.

I, along with all the other athletic trainers, am eager to meet the new graduate assistants and am happy to see the graduate program growing.

## Freshman Student Athletic Trainers 2000

Heather Amberger,  
Batesville, IN

Lisa Boomer, Brookeville,  
TN

Joshua Gilliam, Danville,  
KY

Matthew Hoard, Louisville,  
KY

Michelle Jackson, Lexington,  
KY

Kyle Johnston,  
Elizabethton, KY

Darrin Lancaster, Mayslick,  
KY

Brandon Meier, Louisville,  
KY

Stephanie Metzger, Louisville,  
KY

James Miller, Bardstown,  
KY

Chad Thomas, Louisville,  
KY

David Trimble Van Lear,  
KY

Prescovia White, Louisville,  
KY

Senior Student Athletic Trainer Plans  
by Natalie Brown and  
Candi Lee

## **Michelle Hutti:**

Michelle has worked as a student athletic trainer for UK for four years. She is currently working with the Cheerleading squad. She will graduate in December with a degree in Dietetics. Michelle plans to start a new job working as an Anesthesiologist Technician in the UK's operating room. Michelle also plans to become a Registered Dietician and work in Lexington. Michelle may also attend graduate school in the future. Michelle has enjoyed her time working as an athletic trainer at UK.

## **Michelle Shepard:**

Michelle is currently completing her degree in Kinesiology/Exercise Science with a minor in business. She will graduate this August. Michelle has spent the last two years working with the Varsity Pom Squad. This summer Michelle will be taking to classes and completing her internship. After graduation, Michelle hopes to move back to Louisville and find a job.

## **Seth Russler:**

This is Seth's third and final year as a Student Athletic Trainer. He is majoring in Finance Marketing and plans to graduate this December. After graduation, Seth plans to move out west and get a job as a Financial Consultant. This summer, Seth is going to stay in Lexington and hopes to travel with his family. Seth says he has really enjoyed his time as an Athletic Trainer. He feels he has grown as a person and "appreciates all the help and guidance everyone has given me".

## **Ben Thomasson:**

Ben has been an athletic trainer at UK for four years. This year Ben worked with the Men's Soccer team helping them stay healthy in order to make their first appearance in the NCAA tournament. Ben has decided to stay at UK next year to complete his undergraduate degree in history.

## **Wendy Wheeler:**

Wendy also has been an athletic trainer at UK for four years. Wendy worked with the Women's Soccer team, helping them make it to the second round of the NCAA tournament. Wendy will graduate in August with a degree in Kinesiology/Exercise Science. Wendy plans to attend graduate school to obtain a master's degree in Biomechanics.