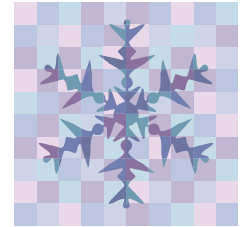




Volume 16/ December 2007

DIVISION OF ATHLETIC TRAINING  
COLLEGE OF HEALTH SCIENCES  
*ALUMNI NEWS*



Greetings! I wish our Athletic training family a Healthy and Happy Holiday. It has been a busy semester. All of the new faculty members have acclimated to UK and each are working to establish independent research agendas and get their laboratory equipment delivered.

We submitted a self-study to the Post-Professional Education Committee on Accreditation of the National Athletic Trainers' Association. A self-study team will visit Lexington in the Spring of 2008.

Several of our students and alumni have been successful in obtaining scholarships, doctoral fellowships, and new positions. The ability of the WildCat family to network is vital to the success of our graduates. We thank you all for keeping us in mind when you have a new and exciting opportunity.



We will soon begin interviews for the class of 2010. Please continue to refer our program to students who you think would benefit from a degree in athletic training. Post-professional education opportunities are limited and we recognize that you- better than anyone understand the importance of pursuing a degree in your profession. Keep referring candidates. CGM

### STAY IN TOUCH!!!

As the number of graduates from the Athletic Training program at UK continues to grow, it is becoming increasingly difficult to keep tabs on our alumni. Please help us to stay in touch!! Please send correspondence to:

Misty Conrad  
Athletic Department  
136 Nutter Football Training Facility  
Lexington, KY 40506  
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Email: Misty.Conrad@uky.edu



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## UK Alumni Party!

will be held at:



The Morgan Street  
Brewery  
721 N 2<sup>nd</sup> St  
St Louis, MO 63102  
Phone: (314) 231-9970

Thursday, June 19 2008  
From 6:30 pm - 8:30 pm



### Wedding Bells and Baby Carriages:

Congratulations to **Dustin Briggs (MS-05)** and his wife; they are expecting their first baby!

**John Kelly (MS-04)** and Andrea Sparks were married earlier this summer; see the photo gallery for pictures of the class of 2004 at the wedding!

**Crystal Lanning (MS-04)** and husband Shane welcomed Addison Lea Lanning to the family on September 11. She weighed in at 6 lbs 12 oz. Congrats again!

**Pat Sawyer (MS-01)** and his wife Dawn welcomed 6 lb 12 oz Connor James Sawyer on May 23rd

**Amanda (Masten) Racanelli (BS-01)** gave birth to 7 lb 8 oz Gabriella Grace Racanelli on March 30.

**Laura Fike (BA-04)** and Glenn Smith were married on October 14th – congratulations!



## **From the Desk of Jim Madaleno, Director of Sports Medicine**

Each and every year our alumni continue to impress me with the professional growth they are making. We have had several of them speaking on the national and district levels. Additionally, several have secured positions in both the clinical and traditional settings. Our record of 100% placement of our graduate assistants continues, which is remarkable to me in today's market. The reputation of our program continues to grow thanks to each of you who continually act as ambassadors. Just for example, representatives of the last two graduating classes are in such positions with: University of Southern California, California-Berkeley, Kentucky State University, University of Kentucky, St. Johns University, University of Colorado, Monmouth University, West Chester University, Holy Cross, Charleston Southern University, the Chicago Bears, and the Kansas City Chiefs. WOW!! These CATS are good!!

Several may have not heard, but former assistant athletic trainer for football in 1997-2000-Jeff Allen-has become the Head Athletic Trainer for FB at the University of Alabama. Also, former basketball assistant athletic trainer David Kindy has decided to pursue private business along with getting more family time. He has been a significant part of our program for the last 9 years and he will be sorely missed. We wish him the best of luck and thank him for all his contributions to our program over that time. University of Colorado assistant athletic trainer for Men's Basketball, Eric Fry, has been hired to replace David. Welcome aboard Eric.

Lastly, we look forward to hearing from all of you either at this year's SEATA Meeting in Nashville or in St. Louis at NATA. Thanks again for all the recruiting each of you do for YOUR program as WE try to make it bigger and better.

## Class of 2007 Updates:

**Nakiesha Brooks** is currently working as an Assistant Athletic Trainer at Kentucky State University.

**Catherine Hill** accepted an Assistant Athletic Training position at the University of Southern California in Los Angeles, CA.

**Paul Graves** is working diligently to complete his degree requirements.

**Matt Lewis** remains in Lexington as the Head Athletic Trainer at Asbury College.

**Amanda Makii** is an Assistant Athletic Trainer for the Professional Physical Therapy and Calhoun High School in Garden City, New York.

**Will Rogers** is currently working in a clinical internship with the Chicago Bears in Chicago Illinois.

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**Keith Webster**, has been named winner of the 2007 Award of Merit from the Southeast Athletic Trainers Association (SEATA).

The Award of Merit is presented to a person who has brought honor and recognition to the SEATA on a national level. Webster received the award because of his leadership activities in the National Athletic Trainers Association (NATA).

Webster served on the NATA National Governmental Affairs Committee for 20 years, including the last nine years as chair. As chair, Webster helped develop strategies for federal legislation and has been instrumental in helping athletic trainers' organizations achieve licensure on the state level in order to regulate the practice of athletic training.

In recognition of his national service, he has received the Most Distinguished Athletic Trainer Award from NATA.

The University of Kentucky family is such a large group that there are always new and exciting occurrences. Please help us congratulate the following individuals for their achievements:

**Tiffany Muir (MS-08)** was awarded the Wright scholarship and recognized at the Hall of Fame and Student Scholarship Dinner this October.

**Gabriel Amponsah (MS-08)** and **Gerry Garcia (MS-08)** were the recipients of the Enhancement Scholarship—congratulations to both of these young men!

**Kim Dolak (MS-08)** received the Osternig Master's Grant for her research with Patel-Iofemoral Pain Patients.

**Tracy Spigelman (doctoral candidate PhD-08)** went to Istanbul, Turkey to present at the Istanbul Conference for Sport Physiotherapy. Some of her pictures can be seen in the photo gallery on page 6 and 7. Congratulations on a great presentation, and representing our program across the globe!

**Maureen Dwyer** and **Tracy Spigelman** successfully completed their oral and written competency examinations. Dwyer is now a Doctoral Candidate in the Rehabilitation Sciences Doctoral Program and Spigelman is a Doctoral Candidate in the Kinesiology and Health Promotions Doctoral Program. Congratulations to both of you!

## BREAKING NEWS:

### *New Jobs and Promotions for our UK Alum!*

**Tyler Schlosser (MS-06)** is the Head Athletic Trainer of Bluffton University.



**Melissa Fazio (MS-06)** is the Assistant Athletic Trainer for the University of Colorado Women's Volleyball and Ski teams.

**David Brajuha (MS-03)** has accepted a position as Assistant Athletic Trainer at Eastern Kentucky University.



**Research Corner:** The Class of 2009 has gotten a start on their research studies. The following are the areas of interest for each member of the class.

**Michael Seals** is working with **Dr. Jennifer McKeon** to examine the effects of physical training on law enforcement officers.

**Corey Wingen** is working with **Dr. Tim Butterfield** to examine the differences in peak hamstring force between track athletes with a history of hamstring injury and track athletes with no history of hamstring injury.

**Jennifer Wallace** is working with **Dr. Tim Butterfield** to examine the effect of speed of stretch on fiber dynamics during eccentric exercise contractions while using rabbit models.

**Christopher Melton** is working with **Tiffany Muir** and **Dr. Tim Uhl** to examine EMG activation patterns in SLAP lesion patients.

**Ashley Reed** is working with **Dr. Jennifer McKeon** to examine the epidemiology of high school injuries in Central Kentucky.

**Katie Naftzinger** is working with **Dr. Carl Mattacola** to examine the correlation between medial tibial stress syndrome and bone mineral density in swimmers during land training.

**Michael Booi** is working with **Dr. Patrick McKeon** to evaluate the effects of lateral ankle ligament anesthesia on postural control.

**Leyna Hebert** is working with **Dr. Patrick McKeon** to examine postural control in chronic ankle instability.

# WHERE ARE THEY NOW?



## An interview with Dr. Dean Smith, MD

In a continued attempt to connect the alumni of the University of Kentucky Athletic Training room, I am pleased to share a recent interview with a former UK Athletic Training Student, Dr. Dean Smith, MD. Dr. Smith took the challenge that I pose at the end of every "Where are they now" interview and contacted me via email several months ago. So thanks, Dr. Smith! I enjoyed getting to know this former Student Athletic Trainer with a very famous name...

Dr. Smith was a student Athletic trainer from 1987 to 1991 (During the transition from Shively to Nutter!) and if you were privileged enough to have worked with him during this time, you have no doubt wondered what he is up to these days. It was great to do an interview with him and find out Where He is Now...

### Where are you living right now and what are you up to these days?

My wife Kristina and I have lived in Houston, Texas since 2001, after completing my fellowship in hand surgery at the University of Florida. I opened up my own practice for hand and upper extremity surgery in 2004. My office is located in the Texas Medical Center where I take care of all kinds of conditions affecting the hand, wrist, elbow, and shoulder for patients of all ages.

Like everyone else, life is very busy. My wife and I are currently in the process of international adoption, where we hope to adopt a baby girl from Taiwan.

**What did you do immediately following your time at UK up until now?** Between my junior and senior year at UK, I was an intern with the Atlanta Falcons, where I worked with NATA President and Hall of Fame Athletic Trainer, Jerry Rhea and Mr. Shively himself. Immediately follow-

ing graduation, I sat for the ATC examination and then started medical school that fall at the University of Missouri-Columbia. I never officially practiced as a certified athletic trainer but I held my credentials for about 6 years.

### Tell me about how your time as a Student Athletic trainer at UK prepared you for your current job?

Spending thousands of hours in the athletic training room and covering numerous practices and events helped prepare me for medical school in so many ways, not to mention time management. As a student athletic trainer, I gained valuable knowledge about common medical conditions and orthopedic injuries, which gave me a "leg up" on my fellow medical school classmates. Lets just say that my experience as a student athletic trainer exposed me to more knee injuries than most orthopedic residents get to see during their entire residency.

The passion I gained in Lexington for sports medicine led me to pursue a career in orthopedics. During my 5 years at the University of New Mexico as an orthopedic surgery resident, I learned and studied all aspects of orthopedics (and met my future wife!). Everyone thought I would go into sports medicine but I really developed an interest for hand and microsurgery. From there, I went to the University of Florida for a hand and upper extremity surgical fellowship, graduating in 2001. I officially started my first job 10 years after graduating from UK!

### What are some Favorite Memories of being a UK Student Athletic Trainer?

- 1) Road trips for away games
- 2) The annual trainer vs manager football game. Do they still have this? The

managers beat us every year.

3) Covering the women's volleyball team during their run for the national title in 1988

### What is your worst memory of being a UK Athletic Trainer?

Worst memory: Being assigned to the men's basketball team during Rick Pitino's first season, only to get caught up in someone else's politics and agenda.

### If you had to do it over again, would you? Absolutely.

**What is the FUNNIEST thing that happened while you were a Student Athletic Trainer?** The funniest thing was when Brian Ball (assistant athletic trainer for the Chicago White Sox's and fellow UK student athletic trainer) burned down our apartment building while cooking breakfast. Don't worry, there were no casualties, just a 3 alarm fire!

**Who were some of the people that you have fond memories of working with?** Al Green, Dr. Ireland, Sue Stanley, JoAnn Hauser, Kevin and Kent Qualls, Kathy Deboer, Brent Davis, Brian Ball, Clark Pearson, Frank Neville, Misty (Driscoll) Conrad.

**What is your family life like now? What hobbies are you involved with these days?** Kristina and I have been married for 7 years and are in the process of adopting a baby girl from Taiwan. When I am not working, I enjoy traveling, scuba diving, playing golf, and collecting wine.

*(Continued on page 5)*

# Photo Gallery



(Continued from page 4)

Dr. Dean Smith is a Board Certified Orthopedic Surgeon, a fellow of the American Academy of Orthopedic Surgeons, and holds his specialty Certification in Hand Surgery. He is also a Clinical Instructor for the Department of Orthopedic Surgery at the University of Texas-Houston and the Chief of Hand Surgery at Park Plaza Hospital in Houston, Texas. All of that, and he manages to have a family life, too! If you would like to contact Dr. Smith, his information is:

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deanwsmith2003@yahoo.com



The Racanelli Family: Michael, Amanda (Masten) and baby Gabriella Grace.



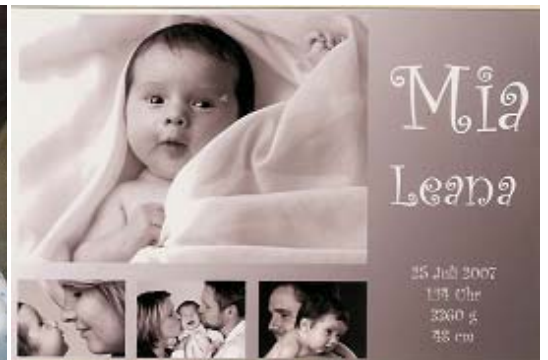
Addison Lea Lanning, daughter of Crystal (Pearson) and Shane Lanning.

Written by Mary Beth Schindler, MA, ATC, CNMT

*"Where are they Now" is an article which runs in each issue of the UK Athletic Training Newsletter. Help us catch up with you!! If you were a student, graduate assistant or staff athletic trainer, please drop Mary Beth a line and let her know what you are doing. We are especially interested in hearing from folks who left Lexington prior to 1992! You can contact Mary Beth Schindler via email at [mb.schindler@insightbb.com](mailto:mb.schindler@insightbb.com).*



Connor James Sawyer, son of Pat and Dawn Sawyer.



Mia Leana Kuschinsky, daughter of Nina and Ben Kuschinsky.



# Photo Gallery



5 generations of UK Graduate Assistants: (from left to right) Eric Yochem, Gabe Amponsah, Maureen Dwyer, Dustin Briggs, Tracy Spigelman, and Becky McClelland



Samantha Boudreau ran her first marathon and finished 2nd place of the women in the Man-O-War Marathon!



Dr's McKeon, Butterfield and Mattacola at the CHS reception to ring in the new school year



Left: Dr. Tim Uhl and Iram Duzgun at the Istanbul Conference of Sport Physiotherapy; Middle: the view from the Palace Asia taken by Tracy Spigelman; Right: Tracy Spigelman presenting her swimming research.



Pictures from John Kelly's Wedding: (from Left to Right)

1. Michelle Boling, John Kelly, Jennifer Tymkew, Stacey Downar
2. Stacey Downar, John Kelly, Michelle Boling, Jennifer Tymkew, Mario DiMattia
3. Stacy Downar, Mario DiMattia, Michelle Boling, Jennifer Tymkew.

