

NOTE: The Donovan Forum is a benefit of OLLI at UK membership. The programs are interesting, entertaining and educational. The Forum is a great place to meet other OLLI scholars and make new friends.



ADDITIONAL SPECIAL OLLI EVENTS

Tuesday, September 22nd Fall Potluck Picnic. Watch for your Fall edition of the **OLLI Pillars** newsletter for information. Picnic will be at **Shillito Park** in Lexington.

Saturday, December 5 . OLLI Chorus Fall Performance. **Tates Creek Christian Church Sanctuary**, 3150 **Tates Creek Road**, Lexington. Concert 3:00-4:00 p.m. followed by a reception and refreshments. Free and everyone is welcome.



Join us for Lifelong Learning at UK

OLLI @ UK SELF ENRICHMENT CLASSES

To become a member of the Osher Lifelong Learning Institute (OLLI) at UK and take classes you must be at least 50 or older, provide documentation of birth year, pay \$10.00 per semester membership fee and \$10 per class. Enroll now for over 30 fall classes. For more information, membership application, & registration form please contact us at 257-2656 or DianaL@uky.edu

UK ACADEMIC DONOVAN SCHOLARS

Earn your college degree or audit classes at UK. Students must be age 65+ and tuition and fees are waived. Academic Donovan Scholars are responsible for books, parking, supplies and applicable taxes on tuition payments by UK. For more information on spring classes contact **Laura Lakes** at 257-2657 or LLake2@email.uky.edu.

Web Pages: <http://www.mc.uky.edu/aging/olli.html>

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Osher Lifelong Learning Institute (OLLI) at UK

2009 FALL DONOVAN FORUM SCHEDULE

September 3rd - December 10th

Thursday, September 3. **RECEPTION. Whales and Wildlife in the Sea of Cortez.** Kevin MacNaughton, OLLI Scholar and world traveler, will kick off the 2009 Forum Fall season with slides from his cruise in the Mexican Sea of Cortez. Come enjoy a visual tour of the unique wildlife, islands, and population of this beautiful area of the world.

Tuesday, September 8. **How to Develop a Rain Garden.** Ms. Kara Bengel, coordinator of the Bluegrass Rain Garden Alliance, will share what each of us can do to improve water quality and manage stormwater on personal and community property. She will show us some of the beautiful rain gardens and decorated rain barrels already in use around our community.

Thursday, September 10. **2009-10 Philharmonic Season.** Conductor Scott Terrell will provide a preview of the 2009-2010 Lexington Philharmonic programs and guest musicians. Meet your new Maestro and hear him talk about his vision for the Lexington Philharmonic.

Tuesday, September 15. **A Day in the Life of Shortlegs, an Eastern Long Hunter.** Mr. Ron Coleman of the American Mountain Men Association will showcase the life skills used by frontiersmen in the time of Daniel Boone and Simon Kenton. Long Hunters were men who hunted for camp meat for the surveyors and early explorers of Kentucky. Using authentic items, Mr. Coleman will demonstrate setting up a full one-man camp, starting campfires with flint and steel, tomahawk and knife throwing, camp cooking and a display of period correct "trade goods".

Thursday, September 17. **Fall Gardening.** Mr. Louis Hillenmeyer, host of the Flower Power Hour call-in radio gardening show, will be with us to give free and helpful advice about fall gardening.

Tuesday, September 22. **Medication Compliance.** Mr. Chad Peter, a local pharmacist, will discuss the health issues of greatest concern to seniors today, including how to prevent drug interactions, managing medications effectively, diabetes, blood pressure, and Medicare Part D.

Thursday, September 24. **Limestone Crossing.** Mr. Michael Brinlee, an expert on estate and financial planning focusing on the senior market, will enlighten us about a new community in the Lexington area that completely redefines the idea of active adult retirement community living. Limestone Crossing is a University of Kentucky-affiliated Life Fulfilling Community for adults age 62 and older and is a not-for-profit corporation.

Tuesday, September 29. **UK Healthcare Positioning for Health Reform.** Mark Birdwhistell, Chief External Affairs Officer, UK Healthcare, will discuss how health reform will impact the UK Academic Medical Center and our vision for the future. Mr. Birdwhistell represents UK Healthcare at the local, state and national levels.

Thursday, October 1. **Sacred Musical Performance.** Dr. William Cooper, adjunct professor of the UK School of Music, will be playing a concert version of sacred songs. Mary Neal, a private music instructor, will be vocalizing, performing on the flute and leading the group in a “sing-a-long.”

Tuesday, October 6. **Fayette District Court.** Judge T. Bruce Bell of the Fayette District Court will join us to share his experiences as a Fayette District Court Judge.

Thursday, October 8. **Thoroughbred Racing.** Mr. Tom Walters, author of “Exotic Wagering Formulas” and former Bluegrass Community and Technical College instructor, will discuss thoroughbred racing and offer tips for making the trip to the Keeneland fall meet a winning adventure.

Tuesday, October 13. **KY Adventures.** Mr. Steve Vest is the editor of [KY Living Magazine](#), a general magazine about Kentucky and Kentuckians. He will provide interesting stories and connections that will help you find Kentucky where ever you go.

Thursday, October 15. **Greek Culture/People/History.** Mrs. Kallie Sawaya, a native of Greece, has lived in the USA for 35 years. She will show us slides of Greek Archeological sites, modern Greece, and will discuss the people, culture and customs of Greece.

Tuesday, October 20. **Know Your Donovan Scholars.** Mr. Kevin MacNaughton will facilitate as Mr. Jim Humphries and Ms. Marian Woolfolk share their lives with us. This popular program gives us a chance to learn more about our friends and to share and appreciate how rich our memories and experiences have been through the years.

Thursday, October 22. **Music for the Body, Mind and Spirit.** Mr. Richard Dwyer, a local church organist, will provide the opportunity to listen to and discuss the various types of music that can affect our body, mind and spirit in a positive or negative manner.

Tuesday, October 27. **How to Green Our Home.** Ms. Amelia Brown, Family and Consumer Sciences Agent, from the Fayette County Extension Service, helps consumers better understand what lifestyle changes we can make to sustain our natural resources and nourish the planet.

Thursday, October 29. **Spend Smart and Avoid Scams.** Ms. Heather Clary of the Better Business Bureau will share the role of the BBB in helping consumers. She will warn us of common scams and offer resources to locate reputable, ethical businesses to hire.

Tuesday, November 3. **Cure Children’s Hospital of Mbale, Uganda.** Ms. Maureen Sloan will share her passion for the health care of the children in Uganda. We will visit the area through her travelogues and learn about this hospital which has developed new treatments for neurological birth defects in Uganda.

Thursday, November 5. **Line Dancing Performance.** Ms. Mimi Ilgaz has been teaching line dancing since 2000. She is living proof that line dancing is fun and helps to keep the brain and body healthy. Come enjoy this energetic show and learn a few moves from Mimi and the OLLI Line Dancers.

Tuesday, November 10. **Wills, Durable Power of Attorneys and Living Wills.** Mrs. Robin Cooke, elder law attorney at the Access to Justice Foundation, will be discussing the elements and importance of wills, durable power of attorney, and living wills.

Thursday, November 12. **Camping Across the USA.** Mr. Larry Durr’s brilliant slide show will transport us from Lexington to San Diego and back as he camps in Grand Canyon and Yosemite National Parks, takes in the glitz of Las Vegas and Reno, camps under the San Francisco Bay Bridge, visits California’s wine country and takes in the Morman Temple.

Tuesday, November 17. **Harp Music.** Ms. Jan Hill, volunteer harpist at Central Baptist Hospital, will perform a program of Thanksgiving music, including hymns, scripture and poetry. The beautiful music of this local harpist will delight all.

Thursday, November 19. **Laughter and Creativity—The Brain at Play.** Ms. Susan Bottom, popular OLLI instructor, will explore how laughter improves our memory, our friendships, our health and our enjoyment of life.

Tuesday, November 24. **Historic Preservation.** Mr. Tony Plaisted, Donovan Scholar and preservationist, will discuss the importance of historic preservation in Lexington and the Bluegrass and share his active role in preservation activities.

Thursday, November 26. **HAPPY THANKSGIVING — NO FORUM**

Tuesday, December 1. **Holiday Songs.** Dr. Skip Gray, UK Professor of Music-Tuba and Euphonium, along with his tuba ensemble students, will entertain us with holiday music.

Thursday, December 3. **Pearl Harbor Remembered.** Mr. Bob Orbach, historian and Army veteran, will set the scene and describe the December 7, 1941 attack, the ensuing World War II Conflict, and implications for current and future generations. Come join us in honoring our veterans from all of the armed services.

Tuesday, December 8. **Hawaiian Dance.** Ms. Margie Corby and The Hawaiian Tutus (Hawaiian Grandmothers) will be performing the ancient art of hula dancing. This unique style of Polynesian dance tells stories through hands and movements of the body and is great fun to watch.

Thursday, December 10. **Young at Heart Big Band.** George Ely and his 18-piece jazz orchestra will recreate the swinging sounds of the big band era. This jazz orchestra is made up of a group of seniors who perform 35 to 40 times a year and use contributions to support other musical programs and young musicians in Central Kentucky.

All forums are held from 3:30—4:30 p.m. at the Lexington Senior Citizens Center, on the corner of Nicholasville Road and Alumni Drive. Free parking is available in the lot beside the Center or at the Southside Church of Christ directly across the street. A safety officer will assist our exit. Refreshments will be served at the first forum each semester and at the first Thursday Forums from 3:00-3:30 p.m. prior to the program. Everyone is welcome. The Donovan Forum is cancelled when Lexington-Fayette County Public Schools are closed due to weather.