

Curriculum Vitae

H. David Vargas, M.D., FACS, FASCRS

Personal Data:

Home Address: 207 Hart Road
Lexington, KY 40502
(859) 296-5696
E-mail: Dv700@aol.com

Date of Birth: June 8, 1962
Birthplace: Hamilton-Ontario, Canada
Citizenship: United States of America
Married: Mercedes Sophia Gabourel Vargas
Children: Gabriella Nicole Vargas
Luke David Vargas
Marco Griffith Vargas

Education:

University of Virginia School of Medicine
Doctor of Medicine
May 22, 1988

University of Virginia
Bachelor of Arts, Religious Studies
May 20, 1984

Post-Graduate Training:

Colon Rectal Surgery Residency (PGY-6)
Ochsner Clinic Foundation
1516 Jefferson Highway
New Orleans, Louisiana 70121
July 1, 1994 – June 30, 1995

Chief Surgical Resident (PGY-5)
Lehigh Valley Hospital
P.O. Box 689
Allentown, Pennsylvania 18105-1556
Program Director: Gary G. Nicholas, M.D.
July 1, 1993 – June 30, 1994

Post-Graduate Training:

General Surgery Residency Program (PGY-1 to 4)
Lehigh Valley Hospital
Allentown, Pennsylvania
July 1, 1989 – June 30, 1993

Family Practice Residency Program (PGY-1)
Shadyside Hospital
Pittsburgh, Pennsylvania
July 1, 1988 – June 30, 1989

Certification:

American Board of Surgery, No. 39937. Initial certification
Recertified 12/7/06, expiration July 1, 2017

American Board of Colon and Rectal Surgery, No. 1378. Initial certification
Recertification No. R - 383, expiration December 31, 2016

Current Academic Appointment:

Associate Professor of Surgery
Head, Section of Colon and Rectal Surgery
University of Kentucky College of Medicine
September 4, 2007 - Present

Previous Academic Appointments:

Assistant Professor of Clinical Surgery
Eastern Virginia Medical School
Norfolk, Virginia
November 1997 to August 1, 2007

Lehigh Valley Hospital
Colon Rectal Surgery Residency Program, Attending Surgeon
General Surgery Residency Program, Attending Surgeon
August 1, 1995 to August 15, 1997

Clinical Assistant Professor of Surgery
The Pennsylvania State University College of Medicine
Hershey, Pennsylvania 17033
November 17, 1995 to August 15, 1997

Practice Experience:

Tidewater Surgical Specialists, LLC
3205 Churchland Blvd
Chesapeake, VA 23321
April 2004 to August 2007

Norfolk Surgical Group, Ltd.
6160 Kempsville Circle, Suite 101B
Norfolk, VA. 23502
October 6, 1997 to April 16, 2004

Colon Rectal Surgery Associates
1230 S. Cedar Crest Boulevard, Suite 303
Allentown, Pennsylvania 18104
August 1, 1995 to August 15, 1997

Staff Appointments:

- UK Chandler Medical Center, Lexington, Kentucky
- UK Good Samaritan Hospital, Lexington, Kentucky
- Veterans Administration Medical Center, Lexington, Kentucky

Professional Organizations:

- American Society of Colon & Rectal Surgeons, Fellow
- American College of Surgeons, (ACS), Fellow
- American Medical Association
- Society of American Gastrointestinal and Endoscopic Surgeons
- Society for Surgery of the Alimentary Tract
- Piedmont Society of Colon and Rectal Surgery
- Fayette County Medical Society
- Kentucky Medical Association

University Service/ Committes:

- UK Markey Cancer Center GI Oncology Tumor Board
- UK Marketing Physicians Advisory Board

University Service/ Committes:

- UK Digestive Health Program Advisory Committee
- UK Surgical Care Improvement Project Team
- UK Chandler Committee for Wound Enterostomal Therapy

Offices & Committees:

- American Society of Colon Rectal Surgeons
 - Self-assessment Committee, Member, 2002- 2008
 - Quality Assessment and Safety Committee, Member, 2004-2010
 - Public Relations Committee Member, 2010-2016
- American College of Surgeons (ACS)
 - Committee on Development, 2002-2008
 - Committee on Fellow Applicants, Region 2, 2004 to 2007
- Kentucky Chapter ACS, Councilor, 2010 to present
- Virginia Chapter ACS, Council Member, 2002 to 2005
- Virginia Chapter ACS, Secretary – Treasurer, 2005 to 2007
- Southeast VA Society of Colon Rectal Surgeons: President, 2001-03

Editorial Review Activity:

- Annals of Surgery, Invited Reviewer, 2011
- Journal of the American College of Surgeons, Invited Reviewer, 2007-present
- Diseases of the Colon and Rectum, Invited Reviewer, 2007

Presentations/Courses:

American Society of Colon Rectal Surgeons Annual Meeting
“Advances in the Management of Diverticulitis”
Symposium Director
Vancouver, Canada
May 17, 2011

American Society of Colon Rectal Surgeons Annual Meeting
Laparoscopic Colectomy Simulation Course, Faculty
Vancouver, Canada
May 16, 2011

American Society of Colon Rectal Surgeons Annual Meeting
Laparoscopic Colectomy Course: Nuts and Bolts
Video – HALS Ileocolic Artery Ligation Technique
Vancouver, Canada
May 15, 2011

“Impact of Obesity on Ulcerative Colitis Phenotype”
Schrinivas B, Arsenescu V, Vargas HD, Beck SJ, Witta J, de Villiers W, Arsensecu R
Digestive Disease Week
Chicago, Illinois
May 10, 2011

Benign Colonic Disease - Didactic Lecture Series
University of Kentucky General Surgery Residency Program
March 28, 2011

Regional Data Collection: The Piedmont Society Project
Piedmont Society Spring Meeting
Charleston, South Carolina
March 26, 2011

“The Evolving Role of HALS-Colectomy”
Department of Surgery Grand Rounds Presentation,
Lehigh Valley Hospital – Allentown, PA
November 2010

“Management of Rectal Cancer – Update of the University of Kentucky Experience”
Kentucky Chapter, American College of Surgeons Meeting
Louisville, KY
September 2010

“Small Intestine and IBD”
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
September 2010

Presentations/Courses:

Laparoscopic Colectomy in the Obese Patient
Piedmont Society Summer Meeting
Jekyll Island, GA
August 2010

Re-Operative Surgery for Enterocutaneous Fistula
Southeastern Surgical Congress
Savannah, GA
February 2010

Re-Operative Surgery for Inflammatory Bowel Disease
Southeastern Surgical Congress
Savannah, GA
February 2010

Recurrent Colorectal Cancer
Southeastern Surgical Congress
Savannah, GA
February 2010

Re-Operative Crohn's Disease
University of Kentucky Department of Surgery Grand Rounds
February 2010

Practical Pearls in Advanced Minimally Invasive Approaches to Left Colectomy and LAR Course
Walnut Creek, CA
November 2009

Obesity and Laparoscopic Colon; Indication or Contra-Indication
American College of Surgeons Clinical Congress
Chicago, IL
October 2009

Benign Colon Disease
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
October 2009

Small Intestine and IBD
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
September 2009

Presentations/Courses:

Laparoscopic Colectomy Simulation Course – Course Leader
American Society of Colon & Rectal Surgeons Annual Meeting
Hollywood, FL
May 2009

Fistulas, Abscesses, and Inflammatory Conditions
American Society of Colon & Rectal Surgeons Annual Meeting
Hollywood, FL
May 2009

Rectal Cancer
University of Kentucky Radiation Medicine Resident Lecture
April, 2009

Common Anorectal Problems
University of Kentucky Internal Medicine Resident Lecture
April, 2009

Colon Rectal Cancer Screening Strategies and Advances in Surgical Treatment for
Colorectal Cancer
Huntington Internal Medicine Group, Huntington, WV
April, 2009

Minimally Invasive Colectomy Workshop – Instructor
University of Kentucky
April 2009

Benign Anorectal Disease
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
January, 2009

Small Intestine
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
October, 2008

Introduction to Laparoscopic Colectomy: Principles and Instrumentation
Association of Program Directors of Colon Rectal Surgery
Laparoscopic Colectomy Course
Faculty Instructor, Animal and Cadaver Laboratory
Cincinnati, Ohio
September, 2008

Presentations/Courses:

Faculty Instructor, Animal and Cadaver Laboratory
Association of Program Directors of Colon Rectal Surgery
Laparoscopic Colectomy Course
Cincinnati, Ohio
August, 2008

Management of Rectal Cancer
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
May 2008

Update on Colon Rectal Cancer – Prevention and Management
University of Kentucky Family Medicine Review
Lexington, Kentucky
April 2008

Office Management of Common Anorectal Problems
University of Kentucky Family Medicine Review
Lexington, Kentucky
April 2008

Laparoscopic Colectomy for Diverticulitis
Southern Surgeons Club Annual Meeting
Lexington, Kentucky
April 2008

Laparoscopic Colectomy Course Ethicon Endosurgery
Patient Selection
Dallas, Texas
March 2008

Laparoscopic Colectomy Course Ethicon Endosurgery
Medial to Lateral Approach to Left Colectomy
Dallas, Texas
March 2008

Lower Gastrointestinal Hemorrhage
University of Kentucky General Surgery Residency Program
Didactic Lecture Series
February 2008

Laparoscopic Colectomy – Evolution and Rationale for Hand-Assist Technique
University of Kentucky Surgical Grand Rounds
December 2007

Presentations/Courses:

Outpatient Evaluation of the Patient with Anorectal Disease
University of Kentucky Family Practice Grand Rounds
November 2007

Update on Colon Rectal Cancer – Prevention and Management
University of Kentucky Family Medicine Review Course
Lexington, Kentucky
November 2007

Office Management of Common Anorectal Problems
University of Kentucky Family Medicine Review Course
Lexington, Kentucky
November 2007

Hand Assisted Right Colectomy
American College of Surgeons
Post Graduate Course: Laparoscopic Colectomy
New Orleans, Louisiana
October 2007

American College of Surgeons
Post-Graduate Course: Laparoscopic Colectomy
Faculty Instructor Cadaver Lab
New Orleans, Louisiana
October 2007

Efficacy of Hand-Assisted Laparoscopic Colectomy
1st International Congress of Laparoscopic Colon and Rectal Surgery
Cleveland, Ohio
October 2004

Evolution of Hand-Assisted Laparoscopic Colectomy
Northeastern Society of Colon and Rectal Surgeons
Palm Beach, Florida
November, 2003

The Surgical Treatment of Chronic Ulcerative Colitis
Department of Surgery Grand Rounds
Eastern Virginia Medical School
Norfolk, Virginia
June, 1999

Hand-Assisted Versus Conventional Laparoscopic Sigmoid Colectomy for Diverticulitis
Virginia Surgical Society
Arlington, Virginia
May 2001

Presentations/Courses:

Laparoscopic Sigmoid Colectomy for Diverticulitis
Virginia Surgical Society
Williamsburg, Virginia
May, 1999

Defining the Role of Laparoscopic Sigmoid Colectomy For Diverticulitis
American Society of Colon Rectal Surgeons – 100th Anniversary and Tripartite Meeting
Washington, D.C.,
May, 1999

Recurrence of Rectal Villous Adenoma
American Society of Colon and Rectal Surgeons Scientific Meeting
Montreal, Canada
May, 1995

Rectal Villous Adenoma
Louisiana Chapter of the American College of Surgeons
New Orleans, Louisiana
January, 1995

Poster Presentations:

Outcomes of Hand-Assisted Laparoscopic Colectomy in Obese vs. Non-
Obese Patients
Mustain WC, Davenport DL, Lackey JH, Hourigan JS, Vargas HD
American College of Surgeons Clinical Congress
Washington, D.C.
October 2010

Short-Term Outcomes of Rectal Prolapse Repairs by Perineal vs. Abdominal Approach:
Report Using the ACS NSQIP Dataset
Parcells J, Davenport D, Vargas H, Hourigan J
American Society of Colon and Rectal Surgeons Annual Meeting
Minneapolis, MN
May 2010

Obesity and Laparoscopic Colectomy: Postoperative Outcomes Using the ACS-NSQIP
Dataset
Mustain C, Davenport D, Hourigan J, Vargas D
American Society of Colon and Rectal Surgeons Annual Meeting
Minneapolis, MN
May 2010

Poster Presentations:

Localization of Colonic Neoplasms Prior to Laparoscopic Colectomy:
 Clarifying the Operative Plan by Endoscopic Clip Placement
 Perry JE, Hourigan JS, Vargas HD
 American College of Surgeons Clinical Congress
 Chicago, IL
 October 2009

Hand-assisted Laparoscopic Colectomy
 American College of Surgeons, Clinical Congress
 Chicago, Illinois
 October 2003

Hand-Assisted Versus Conventional Laparoscopic Sigmoid
 Colectomy for Diverticulitis
 American Society of Colon & Rectal Surgeons Scientific Meeting
 May 2002

Publications:

1. Davenport DL, Kasten MW, Vargas HD, Endean ED, Xenos ES, "Timing and risk factors for in-hospital and post-discharge venous thromboembolism after colorectal cancer resection, Clinical and Applied Thrombosis/ Hemostasis Accepted for publication October 24, 2011
2. Bishu, S, Arsenescu V, Lee EY, Vargas HD, de Villiers W JS, Arsenescu R, "Autoimmune enteropathy with a CD8+ CD7- T-cell small bowel intraepithelial lymphocytosis: case report and literature review." BMC Gastroenterology. Accepted for publication October 24, 2011
3. Mustain WC, Davenport DL, Hourigan JS, Vargas, HD. "Obesity and Laparoscopic Colectomy: Postoperative Outcomes Using the ACS-NSQIP Dataset." Accepted for publication, Diseases of the Colon and Rectum, October 10, 2011
4. Xenos ES, Vargas HD and Davenport DL, "Association of Blood Transfusion and Venous Thromboembolism after Colorectal Cancer Resection" Thrombosis Research Accepted for publication, August 2011
5. Stults DM, Killen MV, Williams EP, Hourigan JS, Vargas HD, Arnold SM, Moscow JA, Pierce AJ. Human rRNA Gene Clusters are Recombinational Hotspots in Cancer. Cancer Res 2009; 69 (23)
6. Vargas, HD, "Private Practice as a Career Option for the Colon and Rectal Trained Surgeon," Clinics in Colon and Rectal Surgery 2006;19(3):

Publications:

7. Vargas HD. "Hand-assisted Laparoscopic Colectomy: Rational Evolution for Diverticulitis. Clinics in Colon and Rectal Surgery 2006;19:19-25
8. Maloney N, Vargas HD, "Acute Intestinal Pseudo-obstruction (Ogilvie's Syndrome)", Clinics in Colon and Rectal Surgery. 2005;18: 96-101.
9. Vargas HD., Beck DE., Opelka FG., Hicks TC., Timmcke AE., Gathright JB., "Recurrence of Rectal Villous Adenoma Following Transanal Excision". Clinics in Colon and Rectal Surgery. 2001;13:(2)7-15.
10. Vargas HD., Ramirez RT., Hoffman GC., Hubbard GW., Gould RG., Wohlgemuth SD., Ruffin WK., Hatter JE. "Defining the Role of Laparoscopic Sigmoid Colectomy for Diverticulitis." Dis. Colon Rectum 2000;43:1726-1731
11. Frick EJ., Lapos LL., Vargas HD. "Solitary Neurofibroma of the Anal Canal – Report of Two Cases". Dis Colon Rectum. 2000; 43:109-112.

Guest Editor:

1. Guest Editor, Clinics in Colon and Rectal Surgery, Colon Rectal Surgery and the Obese Patient, Volume 24(4). In press.
2. Guest Editor, (Coeditors: H Papaconstantinou and HD Vargas) Clinics in Colon and Rectal Surgery, Career Development for the Colon Rectal Surgeon, 19(3) 2006

Book Chapters:

1. HALS – Right Hemicolectomy. Ludwig K and Vargas HD. Operative Surgery of the Colon, Rectum and Anus, Sixth Edition. Hodder Arnold Publishing. Editors Ronan O'Connell, Robert Madoff, and Michael Solomon. In press. Publication date April 2012

Published Abstracts:

1. Vargas HD, Obias VJ. Laparoscopic Colectomy for Diverticulitis: Can a hand-assisted technique reduce conversion without increasing morbidity? Dis Colon Rectum 2002;45:A57(Abstract)
2. Obias VJ, Vargas HD. "Efficacy of Hand-assisted Laparoscopic Colectomy for Inflammatory Disease." Dis Colon Rectum 2004;47:625

Honors:

- Ward O. Griffen MD Surgery Teaching Award 2010. Excellence in medical student education. Department of Surgery, University of Kentucky.
- Chief Resident's Award 2007-2008,: In recognition of the surgeon who best imparts operative skills and surgical judgment to the residents. Department of Surgery, University of Kentucky
- Excellence in Teaching General Surgery Residents 2007-2008, Department of Surgery, University of Kentucky.
- Voted "Top Doctor" in Colon Rectal Surgery (Hampton Roads region, Virginia) (Survey of area physicians – "Who would you send a loved one or family member to with problem related to this specialty?")
Hampton Roads Magazine
June 2003
- Jack McElwain Award – Best paper presented, Northeastern Society of Colon and Rectal Surgeons, November 12, 2003
- Hume-Mueller Award – Best paper presented at Virginia Surgical Society Scientific Meeting, May 2001

Hobbies and Interests:

- Boating, fishing, kayaking, snorkeling/ scuba, hiking, coaching youth soccer, biking, sports fan