

important information: new B.S.N. and Second Degree students

COLLEGE OF NURSING FALL 2009

****Orientation – MANDATORY **** for students beginning Fall 2009

Tuesday, August 25, 2009. 9:00 a.m.-2:00 p.m.
Registration begins at 8:30 a.m. in 502A and
501C College of Nursing (CON) Bldg. Remainder of
orientation to be held in UK Medical Ctr. MN 263.

- ◆ **New B.S.N. student (traditional, 4-year) documentation checklist (click here)**
- ◆ **New Second Degree student documentation checklist (click here)**
- ◆ **Semester fees and requirements**
- ◆ **People to Know**
- ◆ **Student Information**
- ◆ **SECOND DEGREE STUDENTS ONLY (Click here)**
- ◆ **Characteristics of Successful Nursing Students (click here)**

**** **Mandatory Requirements******
**Prior to Start of Semester (Start early to complete Requirements. This takes awhile!)
Must be completed by 8/8 to be able to register for classes.**

Nurse Aide Training requirement

Before your first clinical course, you must complete a nursing aide training course which includes blood pressure skill training. Out-of-state students who complete nurse aide training in their state must provide proof that the course followed Federal NAT guidelines (75 hours of which 16 are clinical). Provide a photocopy of the certificate, letter, or transcript showing that you have completed this training. Take copy to CON Student Services Office, Room 315. **UK offers this course:**
<http://www.mc.uky.edu/nursing/academic/bsn/cna.htm>

CPR requirement

Students in clinical courses must demonstrate competence in cardiopulmonary resuscitation (CPR). You must provide proof of current certification (renewed each year) from a Basic Cardiac Life Support program (BCLS) that follows the American Heart Association's curriculum. You may take a course from anyone who offers BCLS certification in CPR. The course must include instruction in CPR for adults, infants and children as well as obstructed airway management. **You cannot participate in clinical activities without current CPR certification.** More information:

<http://www.mc.uky.edu/nursing/academic/bsn/cna.htm>

HIPAA training requirement

This is the Health Insurance Portability and Accountability Act. Training must be completed online using Blackboard **by Aug. 8, 2009.** [Instructions here.](#)

Criminal background check

Successful completion of a certified criminal background check (certain convictions may cause you to be denied admission). www.CertifiedBackground.com

Immunization requirements

Please check the list of immunizations you are required to have, as an incoming nursing student at: <http://www.ukhealthcare.uky.edu/uhs/ImmuzReq.htm> Click on "Immunization Requirements with Clinical Responsibilities."



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Returning UK students accepted for Fall 2009 Admission to CON (you are a first semester sophomore and have a UK ID and email account)

1. Enter all immunizations you have by logging onto your confidential and secure electronic health record at the University Health Service (UHS) website:
<http://www.ukhealthcare.uky.edu/uhs/>
2. For immunizations not completed, contact Student Health Services and make an appointment. See more information at:
<http://www.ukhealthcare.uky.edu/uhs/ImmuzReq.htm>
3. Take proof of all immunizations you do have to UHS, 830 South Limestone, located on the third floor in the UHS Nursing Clinic (accessed from the Kentucky Clinic by using the 3rd floor connector between the Kentucky Clinic and the Wethington Building).
4. A UHS staff member will review your proof of immunizations that you bring as well as the immunizations you entered on-line and will help you complete a **Compliance form**.
5. Bring Compliance form from Student Health to the CON Student Services Office (Room 315). **Student Services must receive this form by Aug. 8, 2009.**

Newly Enrolled Students at UK (you were not enrolled Spring 2009)

1. Please check the list of immunizations you are required to have, as an incoming nursing student at:
<http://www.ukhealthcare.uky.edu/uhs/ImmuzReq.htm>
Click on "Immunization Requirements with Clinical Responsibilities."
2. Enter all immunizations you have by logging onto your confidential and secure electronic health record at the University Health Service (UHS) website:
<http://www.ukhealthcare.uky.edu/uhs/>
3. Take proof of all immunizations you do have to UHS, 830 South Limestone, located on the third floor in the UHS Nursing Clinic (accessed from the Kentucky Clinic by using the 3rd floor connector between the Kentucky Clinic and the Wethington Building).
4. A UHS member will review your proof of immunizations that you bring as well as the immunizations you entered on-line and will help you complete a **Compliance form**.
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SEMESTER FEES AND REQUIREMENTS

Semester fees

In addition to tuition, course and clinical fees are bundled into one *SEMESTER FEE*. The semester fee for 2009-2010 is \$460.00 for each semester.

ID badges (UK Chandler Medical Center)

***New Policy Beginning Fall 2009**

All students using Medical Center facilities for any purpose MUST wear a University of Kentucky Medical Center, College of Nursing (CON) identification badge. This will be your required badge to wear at all times at CON and the Medical Center. Your class will go to Security to have ID badges made on Friday, August 27th. *Cost of ID badges is approximately \$12-\$15. Please bring check or cash and your driver's license. Security will not make your badge without payment and driver's license. If you lose your badge you will be required to pay for a replacement badge.

Dress Code—New Regulations beginning Academic year 2009-2010

The College of Nursing has initiated a new clinical dress code in the undergraduate program (Students accepted for Fall 2009 were sent a copy of the full dress code with their acceptance letter). This dress code is to be adhered to any time the student is in a clinical agency. In addition, students are to adhere to individual agency dress code standards.

IMPORTANT NOTE: You will need to purchase all needed items pertaining to the dress code before coming to the first week of class

STUDENT INFORMATION

Textbooks

Textbooks can be purchased at the several locations: UK Bookstore (located inside the Student Center), Kennedy Book Store or Wildcat Textbooks (both located on South Limestone).

Equipment to be purchased for NUR 861 and NUR 869

Below are estimated prices at the Medical Center bookstore. The price list is provided to give a range of costs for each item you will need to purchase. You are free to purchase these items anywhere but you will need one of each item listed below for **NUR 861** and **NUR 869**.

Penlight

- disposable \$3.00
- reusable \$5.50

Blood pressure cuff

- Regular adult B/P cuff & matching bag, \$34.00
- Decorative adult B/P cuff, \$34.00

Stethoscope

- Double-head stethoscope with replacement or interchangeable parts, \$17.50
- "Littmann-like" double-head stethoscope with interchangeable parts (better quality than the one listed above), \$47.00
- Lightweight Littmann double-head, \$53.00
- Littmann Classic II double-head, \$88.00



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PEOPLE TO KNOW

Jane Kirschling, R.N., D.N.S.
Dean and Professor

Patricia Burkhart, R.N., Ph.D.
Associate Dean for Undergraduate Studies and
Associate Professor

Peg Teachey, Assistant to Associate Dean
Patricia V. Burkhart
(859) 323-8071 or pcteach1@uky.edu

Linda White, Student Services
(859) 323-4872 or lfreeman@email.uky.edu

Mary Gregory, Student Services
(859) 323-5108 or megreg3@email.uky.edu

Office of Student Services

Student Services is located in room 315 of the College of Nursing Building. The staff keeps all computer records for addresses, immunizations, academic records, and scholarship information.

Your advisor

Meet with your advisor early and keep in touch at least once each semester. He or she will help you make connections within the College as well as University resources to facilitate your progress through the College. Your advisor will help you explore nursing career opportunities and provide a link to the professional world, advise you on classes, help you register for upcoming semesters, and answer questions regarding drop/add and financial aid. To contact your advisor, call 323-5108.

STUDENT INFORMATION/WEB SITES

Undergraduate student lounge and lockers

The lounge is in room 117. There are some lockers in that area which you may share with another nursing student. Your student ID badge will give you access to the security lock on the lounge door. You will need to use your own lock on your locker and **remove it at end of the academic year.**

Student mailboxes

These are located in room 117 (undergraduate student lounge). You will be assigned a mailbox number. A list of student box numbers is posted in the lounge. **Check your box regularly** for information you will need to keep up-to-date and receive news about College events.

Bulletin boards

Check the bulletin boards in the student lounge and all floors in CON for updates on financial aid, scholarships and student news.

Emails

Check emails weekly! Communication by faculty and staff will come through your UK email address.



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Web sites for students

College of Nursing Student Handbook

www.mc.uky.edu/nursing/StuResources/undergrads/handbook2008-09/08%2009%20Undergraduate%20Handbook.pdf

Note that the above website will change when the new handbook goes on-line.

University Health Services

<http://www.ukhealthcare.uky.edu/uhs/>

Health Services Student Handbook

<http://www.ukhealthcare.uky.edu/uhs/PDF/Handbook%202008.pdf>

Immunization requirements

<http://www.ukhealthcare.uky.edu/uhs/ImmuzReq.htm>

CNA and CPR requirements

www.mc.uky.edu/nursing/academic/bsn/cna.htm

Blood Borne Pathogen Policy

<http://www.ukhealthcare.uky.edu/uhs/BBPStudExposure.htm>

Professional Behavior Codes and Policies

- Student Professional Behavior Code

<http://www.uky.edu/Regs/files/HCCcode.pdf>

- Behavioral Standards in Patient Care

http://www.mc.uky.edu/learningcenter/Manuals/Behavioral-Standards-In-Patient-Care_2.pdf

- Student Rights and Responsibilities

<http://www.uky.edu/StudentAffairs/Code/>

Student Activities

Kentucky Association of Nursing Students, UK

Chapter (KANS) <http://kansnews.wordpress.com/>

College of Nursing Student Activities and Advisory

Council (UNAAC) <http://www.mc.uky.edu/Nursing/intro/committees/unaac.htm>



New B.S.N. student documentation checklist - READ CAREFULLY

Deadline is *Aug. 8, 2009* for Nurse Aide Training, CPR and HIPAA.

- Proof of completion of a certified nursing aide training course (photocopy of certificate, letter, or transcript)
- CPR – Provide a photocopy of both sides of the card.
- Complete HIPAA training (Health Insurance Portability and Accountability Act) – online using Blackboard.

Bring or send these documents by Aug. 8, 2009 to:

Office of Student Services, UK College of Nursing
315 College of Nursing Bldg.
Lexington, KY 40536-0232

Deadline is *Aug. 8, 2009* for immunizations.

- Health immunization records – Immunizations must be completed by Aug. 8, 2009.
 1. Enter your immunizations on line at: <https://uhs.mc.uky.edu>
Take copies of all your immunization records to University Health Service, 830 South Limestone. A University Health Services staff member will review your proof of immunizations that you bring as well as the immunizations you entered on-line and will help you complete a **Compliance form**.
 2. Bring the completed Health Compliance Form to the College of Nursing Student Services Office, room 315, College of Nursing Bldg.
 3. The following immunizations are required:
 - TB skin test
 - MMR (measles, mumps, rubella)
 - Hepatitis B
 - Varicella
 - Tetanus, diphtheria, acellular pertussis

I, _____ have completed all the above requirements and have reviewed the important Web sites for students.

Bring Health Compliance Form by Aug. 8 to:

Office of Student Services, UK College of Nursing
315 College of Nursing Building
Lexington, KY 40536-0232

(Failure to meet deadlines may result in not being able to register for nursing courses and will jeopardize your slot in the spring nursing class.)

New Second Degree student documentation checklist - READ CAREFULLY

Deadline is *Aug. 8, 2009* for nurse aide training course, CPR and HIPAA.

- Proof of completion of a certified nursing aide training course (photocopy of certificate, letter, or transcript)
- CPR – Provide a photocopy of both sides of the card.
- Complete HIPAA training (Health Insurance Portability and Accountability Act) – online using Blackboard.

Bring or send these documents (copies only) by Aug. 8 to:

Office of Student Services, UK College of Nursing
315 College of Nursing Bldg.
Lexington, KY 40536-0232

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315 College of Nursing Building
Lexington, KY 40536-0232

(Failure to meet deadlines may result in not being able to register for nursing courses and will jeopardize your slot in the spring nursing class.)

Additional Information for Second Degree B.S.N. Students

Congratulations and welcome to the UK College of Nursing Second Degree Option. We are pleased to offer you a position in the spring and look forward to working with you toward a successful graduation with a baccalaureate degree in nursing.

On the [main student information page](#), you will find information regarding the nurse aide training requirement (**UK offers this course**) immunizations, uniforms, equipment, etc. You will also receive a course packet in the mail with information that will help prepare you for the exciting learning experience you are about to embark upon.

Second Degree Option faculty will be your advisors throughout the program. Please remain in MN 263 (in the Medical Center) after orientation for a second degree option advising conference with from 2-3 p.m. Feel free to e-mail or call Lee Anne Walmsley with questions.

We are excited about offering this unique pathway to nursing and are pleased that you will be in our eighth Second Degree B.S.N. class. Contact us if you have questions, or if for any reason your plans change, please let us know.

Patricia V. Burkhart, R.N., Ph.D.

Associate Dean for Undergraduate Studies and Associate Professor

UK College of Nursing

pvburk2@email.uky.edu

(859) 323-8071

Lee Anne Walmsley, R.N., M.S.N., Ed.S.

Coordinator – Second Degree B.S.N Option

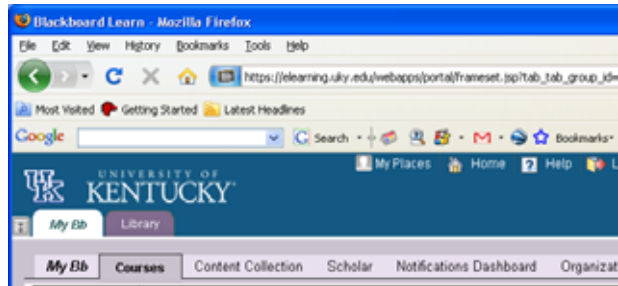
UK College of Nursing

lawalm0@uky.edu

(859) 323-8565

How to self-enroll into a Blackboard course

1. Login to blackboard;
Go to <http://www.uky.edu/>
Click on link blue,
Click on the Blackboard link
Login
2. The *My Bb* window opens;
Click the **Courses** tab towards the top
of the window.



3. Note the **Course Search** box that appears on the side of the window.
In the search box type **NUR001** and click **GO!**.

Courses

Course Search

[Advanced Search](#)

4. The search result should show you NUR001-NC-201010. Click on the down arrow next to the course id NUR001-NC-201010 then click Enroll.
5. The *Self-Enrollment page* appears; complete the process by clicking the **Submit button**.
An Action Successful message will appear. Click the OK button to continue (lower right corner).
6. Welcome to the HIPAA course! Follow the directions on the screen.

Should you have any problems, please contact the Information Technology Customer Service Center, 257-1300, or Brenda Ghaelian, Brenda@uky.edu, 323-2974.

**UNIVERSITY OF KENTUCKY
COLLEGE OF NURSING**

UNDERGRADUATE STUDENT CLINICAL DRESS CODE

The purpose of this undergraduate program-wide dress code is to: (1) Communicate a professional demeanor and competence to patients, the institution and the public, and (2) Maintain a safe, hygienic environment for patients. This dress code is to be adhered to any time the student is in a clinical agency. In addition, students are to adhere to individual agency dress code standards.

Infection Control and Safety: Infection control and client/student safety are of the utmost importance and are reflected throughout this dress code. Specific requirements protect both the client and the student from transmission of bacteria.

Name badge: The official UK Chandler Medical Center ID badge must be worn in clinical settings at all times. This ID badge identifies students as UK College of Nursing students and is to be worn on the front upper torso; it is to be worn only in the student nurse role and not worn outside of college, clinical, or classroom settings. Badges may not be defaced with stickers, tape or pins.

Scrubs: Only royal blue scrub top and pants may be worn; any garment worn under the scrub top should be tucked in to the pants and must be short-sleeved and solid white, gray, black or UK blue in color. Scrubs should fully cover back and abdomen, even with full range of motion. All clothes should be unwrinkled; pants length should stop at top of shoe at instep. Scrubs are not to be worn in any setting other than clinical agencies.

Shoes: Shoes must be clean and made of leather; no canvas shoes or no crocs with holes are permitted. All shoes must have enclosed heels and toes and be solid white, brown or black in color. Only white or skin-colored hosiery or white or black socks are permitted.

Nails: Nails must be clean; nail polish and artificial nails are not permitted. Nails may not be longer than one quarter inch beyond tip of finger.

Hair: Hair must be simply arranged, neat, clean, off the collar, away from the face and well-controlled. Plain barrettes, bobby pins or elastic bands may be used but no hair extensions, hair ornaments, decorative caps or scarves are permitted. Head coverings worn for religious beliefs must allow the student to use a stethoscope and other medical instruments and must not interfere with asepsis, patient exams or therapeutic communication. Any hair color that cannot be grown naturally is not permitted.

Beards/Mustaches: Men must have beard/mustache neat and trimmed to maintain adequate asepsis and professional appearance (no longer than ½" in length).

Tattoos and Piercings: Tattoos and piercings may not be visible.

Jewelry: Jewelry may include one pair of small post pierced earrings worn in lower ear lobes (not pinna), a plain wedding band and wrist watch. No other jewelry is permitted.

Make-up/Perfume: Must not be excessive, should conform to general body tones and avoid extreme colors. No perfume or cologne or smell of smoking is permitted during clinical time.

No gum chewing is permitted.

Cell phones are not permitted in the clinical setting.

Note. Any exceptions to this Undergraduate Student Clinical Dress Code will be on a course by course basis. These exceptions will be noted in the course syllabus after first being approved by the Undergraduate Program Committee (UPC).

KB 4/8/09

Attachment

Imagine sliding into a restaurant booth after a nurse has left the [superbug] germ on the table or seat. You could easily pick it up on your hands and then swallow it with your sandwich.

The following article provides lifesaving information. It appears today in the Wall Street Journal.

Hospital Scrubs Are a Germy, Deadly Mess

Bacteria on doctor uniforms can kill you

By BETSY MCCAUGHEY

You see them everywhere -- nurses, doctors and medical technicians in scrubs or lab coats. They shop in them, take buses and trains in them, go to restaurants in them, and wear them home. What you can't see on these garments are the bacteria that could kill you.

Dirty scrubs spread bacteria to patients in the hospital and allow hospital superbugs to escape into public places such as restaurants. Some hospitals now prohibit wearing scrubs outside the building, partly in response to the rapid increase in an infection called "C. diff." A national hospital survey released last November warns that *Clostridium difficile* (C. diff) infections are sickening nearly half a million people a year in the U.S., more than six times previous estimates.

The problem is that some medical personnel wear the same unlaundered uniforms to work day after day. They start their shift already carrying germs such as C.diff, drug-resistant enterococcus or staphylococcus. Doctors' lab coats are probably the dirtiest. At the University of Maryland, 65% of medical personnel confess they change their lab coat less than once a week, though they know it's contaminated. Fifteen percent admit they change it less than once a month. Superbugs such as staph can live on these polyester coats for up to 56 days.

Do unclean uniforms endanger patients? Absolutely. Health-care workers habitually touch their own uniforms. Studies confirm that the more bacteria found on surfaces touched often by doctors and nurses, the higher the risk that these bacteria will be carried to the patient and cause infection.

Until about 20 years ago, nearly all hospitals laundered scrubs for their staff. A few hospitals are returning to that policy. St. Mary's Health Center in St. Louis, Mo., reduced infections after cesarean births by more than 50% by giving all caregivers hospital-laundered scrubs, as well as requiring them to wear two layers of gloves. Monroe Hospital in Bloomington, Ind., which has a near-zero rate of hospital-acquired infections, provides laundered scrubs for all staff and prohibits them from wearing scrubs outside the building. Stamford Hospital in Connecticut recently banned wearing scrubs outside the hospital.

Across the pond, a British study found that one-third of medical personnel did not launder their uniforms before coming to work. One British surgeon who specializes in hip and knee replacements reduced postoperative infections by two-thirds at her hospital by protecting patients from contaminated uniforms. Before approaching any patient's bed, nurses put on disposable, clear plastic aprons that were pulled off rolls like dry cleaning bags. Each one costs a nickel.

In response to this evidence and public outrage over infections, the cash-strapped British National Health Service is providing nurses with hospital-laundered "smart scrubs." The smart design includes short sleeves, because long sleeves spread germs from patient to patient.

The new British policy will protect patients and prevent superbugs from being carried outside hospitals. In one study, more than 20% of nurses' uniforms had C. diff on them at the end of a shift. The germ can cause extreme diarrhea, dehydration, inflammation of the colon, and even death.

In a hospital, C. diff contaminates virtually every surface. It spreads when traces of an infected person's feces get in another person's mouth. Patients who touch objects in their room and then eat without washing their hands unknowingly swallow the germ. Many otherwise healthy patients who go into the hospital for elective surgery, such as hip replacement, have contracted C. diff and died.

Outside the hospital, C. diff is also difficult to control. It isn't killed by laundry detergents or most cleaners. Researchers at Case Western Reserve and the Cleveland Veterans Administration Medical Center found that even after routine cleaning, 78% of surfaces still had C. diff. Only scrubbing with bleach removed it. That's not the kind of cleaning restaurants are prepared to do after serving hospital workers.

Imagine sliding into a restaurant booth after a nurse has left the germ on the table or seat. You could easily pick it up on your hands and then swallow it with your sandwich. Hospitals should provide workers with clean uniforms and prohibit wearing them in public.

Ms. McCaughey, former lieutenant governor of New York State, is a fellow at the Hudson Institute and chair of the Committee to Reduce Infection Deaths.

**UNIVERSITY OF KENTUCKY
COLLEGE OF NURSING**

Characteristics of Successful Nursing Students— Students Who Answers “YES” to the Following:

1. Works not at all or less than 15 hours per week during the academic year.
2. Actively participates in academic activities (e.g., coming to class and advising sessions prepared with expected documents and with assignments completed).
3. Attends all classes and exam reviews, and sets a daily schedule that includes study time.
4. Finishes homework and assignments before deadlines rather than procrastinates.
5. Takes class notes using Cornell Method (or comparable style) and reviews notes within 24 hours of a class. (Does not rely on PowerPoint slides from class).
6. Participates in study groups or group discussions (e.g., attends First-Aid-Fridays each week).
7. Studies during daylight hours rather than late at night.
8. Prepares in advance to study for all exams, including mid-terms and finals.
9. Makes an appointment early in the semester to meet with course faculty during office hours, as needed, and consistently communicates with faculty throughout the semester when he/she doesn't understand content.
10. Is willing to make mistakes, and learn from those mistakes.
11. Comes to each class with 5 questions having already read the material of the day's subject matter.
12. Asks for assistance from tutors, advisors, and instructors and utilizes UK resources such as *The Study*.
13. Reviews questions in NCLEX practice books on topics from class and reads nursing journals.
14. Consistently does more than is required (e.g., reads the textbook even when tests are based on notes or reads professional nursing journals).
15. Knows her/his dominant learning style and how to creatively engage with a teacher who instructs in a different style.
16. Makes appropriate personal choices (e.g., not using drugs, drinking alcohol underage or on the weekend before an exam).
17. Is self aware of personal issues, prejudices, and biases that interfere with connections with others.
18. Has financially prepared for the costs of an education.
19. Schedules time each day for personal renewal and fulfillment.
20. Practices self care (e.g., on a daily basis: exercises, eats a healthy diet, and sleeps at least 7-8 hours/night).